

INTRODUCTION TO RESIDENTIAL CAMPING





Camp Planning Timeline

Planning a camp takes time. Start your planning in your initial Unit meetings as part of your long- range plan for the year.

4-9 months prior to camp

- Decision to camp – based upon interest from both girls and leaders
- Establish your core team of adult supervisors (camp staff)
- Review Safe Guide to see what qualifications are required. Note first aider requirements
- Review Safe Guide - Outdoor Activity Guides (Camping - Residential or Camping – Tenting in an Established Campsite)
- Have a Unit camp planning session with the team including girls and camp staff
- Reserve a campsite

12-16 weeks prior to camp

- Parent helpers staying overnight need to get police records check and complete the Non-Member Volunteer form
- Hold camp planning session with girls and camp staff; work with girls to create expectations for behaviour at camp
- Determine residential program and activities; assign responsibilities for detailed planning
- Prepare a budget
- Find a source of and book any equipment
- Start work on emergency response plan
- Determine transportation
- Plan a theme

4-12 weeks prior to camp

- Visit campsite for orientation (if possible)
- Create a detailed daily itinerary
- Start to develop chore charts
- Design program activities and games and determine supplies needed
- Start purchasing program supplies
- Hold a parent information meeting
- Distribute a personal gear list and include and any specific information related to the site. (e.g. map with directions, arrival time, bedding needs for campsite, and/or program supplies for their patrol, etc.)
- Distribute Safe Guide forms to parents/guardians and develop an emergency contact list

2-4 weeks prior to camp

- Collect Safe Guide parent/guardian permission forms and camp fees from participants
- Submit appropriate Safe Guide forms
- Organize someone to be the home contact person
- Finalize program plan and itinerary based on numbers attending
- Create a menu and a shopping list based on numbers attending
- Send all Health forms to first aider and note any food concerns to camp cook
- Purchase and assemble supplies for activities
- Create patrols (if appropriate)

1-week prior to camp

- Forward emergency contact list to home contact person
- Assemble camping equipment
- Shop for groceries
- Check for any fire bans in area
- Check weather forecast for campsite area
- Check to see that site water is potable and tested

Go Camping!

- Have fun!!

End of camp

- Camp evaluation with participants (through discussion or evaluation forms)
- Do a complete equipment check and final check of campsite
- Thanks to camp staff, girls, and parents

Post camp

- Review evaluations to assist in planning your next camp
- Submit any incident reports
- Make sure all expenses are paid out and complete actual expense record
- Archive forms as outlined in Safe Guide



Residential Camp Planning Checklist

- Girls want to go camping!
- Location identified
- Date and time booked with facility (if necessary)
- As per GGC Notification and Authorization
- Submit appropriate forms to Assessor
- Send home and obtain Parent/Guardian Permission forms
- Determine who is coming
- Complete an ERP for the location and review with supervisors
- Obtain PRCs for non-member supervisors and volunteers
- Receive completed permission forms and if required signed waivers from all participants
- Provide girls with a kit list that includes appropriate bedding, clothing appropriate to the season and activities, and toiletries
- Arrangements made to get girls to location or to meet at location
- Food planning and purchasing arranged
- Daily schedule is established
- Program plans are developed and Activity Facilitators are engaged (if necessary)
- Location is familiar to at least one supervisor, or Responsible Guider plans time to become familiar upon arrival
- A first aid kit is readily available
- Map to location and contact information

On arrival...

- Facility is scanned for hazards by Responsible Guider and other supervisors
- Do an attendance check and implement the buddy system
- Review boundaries
- 'Walk through' facility to familiarize girls
- Girls and supervisors have been briefed on location guidelines and basic use of equipment
- Review emergency response procedures for lost participants, fire, intruder and first aid
- Keep track of 'who goes where'
- Have fun!



Sample Camp Budget Template

Camp Date:		
Camp Location:		
Number of girls		
Number of camp staff		
Total number of participants:		
	Budget	Actual
Expenses:		
Facility rental	\$	\$
Equipment rental	\$	\$
Food costs (\$10-15/day/person)	\$	\$
Program supplies	\$	\$
Crests and badges	\$	\$
Craft supplies	\$	\$
Stove/fuel	\$	\$
Transportation	\$	\$
First aid supplies	\$	\$
Miscellaneous*	\$	\$
	\$	\$
Total Expenses:	\$	\$
Income:		
Camp fee	\$	\$
Unit subsidy	\$	\$
Other*	\$	\$
Total Income:	\$	\$
Total Income vs. Expenses:		
Net profit (loss)	\$	\$

*List any miscellaneous expenses and sources of income so you will have them to refer to in the future.

Safe Guide Forms

At the beginning of each Guiding year download forms to ensure you have the latest version.

ID	Description
A.5	Initial Girl Registration Form see Application, Registration and Record
H.1	Personal Health Form see Health Management Forms
H.2	Personal Health Form For Adults see Health Management Forms
INS.01	Incident Report Form see Insurance
IR.1	Image Release see Application, Registration and Record

Activity Forms

ID	Description
SG.1	Activity Plan
SG.2	Parent/Guardian Permission for Non-Regular Unit Activities
SG.3	Activity Notification or Authorization
SG.4	Emergency Response Plan
SG.5	Release of Liability, Waiver of Claims, Assumption of Risk and Indemnity Agreement
SG.6	Adventure Activity Trip Plan
SG.7	TPSP Interview Checklist
SG.8	Travel Preauthorization

Health Management Forms

ID	Description
H.1	Personal Health Form and Permission To Pick Up Girl Members
H.2	Personal Health Form for Adults
H.3	Medication Plan and Administration Record
H.4	First Aid Treatment Record
H.5	Wellness Statement
H.6	First Aid Examination Checklist for Wilderness Out-trips
H.7	Medications Consent form

International Travel Forms (English)

ID	Description
IT.1	International Group Trip Planning Timeline
IT.3	International Group Trip Authorization Form
IT.4	International Group Trip - Guider Application
IT.5	Parent/Guardian Permission for International Travel
IT.6	Release, Waiver and Assumption of Risk for International Group Travel
IT.7	Guarantee of Financial Responsibility for International Group Trips
IT.9	Proposed List of Participants
IT.10	Final Participant Information

Water Activities

ID	Description
WA.1	Water Activity Plan
WA.2	Swim and Boating Test Verification for Individuals
WA.3	Swim and Boating Test Verification for Groups

Campsites

Start to think about camp(s) early in the Guiding year. Sites are sometimes booked well in advance so it is never too early to book. Your first step is to determine what facility or campsite will work best for the camp that the girls have in mind. Check with your district or area camping adviser or commissioner for a list of nearby sites. Some provinces list campsites on their provincial websites, as well.

Minimal impact camping is GGC's underlying approach to camping. This approach encourages each person to leave no trace of her outdoor or camping experience. This covers everything from the planning stages to the outdoor experience itself. The concept of minimal impact applies to any outdoor activity or camping environment.

Residential Camping is a camping experience in which campers stay in a lodge or dormitory-style building at an established site. The girls and their Guiders plan activities, taking advantage of the resources available at the campsite.

Campsite Selection and Amenities

Deciding whether to go to a residential camping facility or a tenting campsite will depend on the experience, interest and ages of the girls. For example, first time campers may be more comfortable with a residential setting, saving the tent experience for when they have more experience. Sometimes your site or facility will be selected specifically based on your activities, the time of year or the resources you require or that the site provides. In any case, ensure the site has the amenities you need.

The following is a brief list of things to ask out about when you are booking a site:

- Washroom facilities and supplies provided for them
- Location of telephones or designated means of communication provided by the site and the possibility for cell phone coverage
- Availability of emergency medical services (EMS)
- Access to drinking water
- Kitchen and cooking facilities and cooking equipment
- Refrigeration and food storage
- Garbage and recycling requirements
- Options for open fires
- Locations of fire extinguishers
- General equipment available for running programs
- Check in and out procedures
- Layout of the facility
- Directions on how to get to the facility
- Information on the surrounding area.

Many GGC camps provide camping equipment and sometimes kitchen and tenting equipment as well. Determine what equipment is available and what may need to be borrowed or purchased for use. Check with your local camping adviser or District Commissioner for information about your local Guiding campsites.

Sample Residential Camping - Personal Gear List

This list is intended for a two-night camp. Add items or quantities for longer camps.

Clothing

- Camp shirt
- Shorts
- T-shirts
- Pants/sweat pants
- 3 to 4 pairs of socks
- 3 pairs of underwear
- Pajamas (2)
- Hooded sweater
- Shoes or hiking boots
- Warm sweater
- Jacket
- Raincoat
- Rubber boots
- Swim suit and cap
- Sun hat with brim
- Plastic bag labeled "wet or dirty laundry"

For cold weather add:

- Snowsuit
- Scarf
- Warm hat that covers ears
- Mitts or gloves - 2 pairs
- Warm boots

Toiletries

- Towel
- Face cloth
- Biodegradable soap
- Toothbrush
- Toothpaste
- Deodorant
- Brush/comb
- Hair ties

Other

- Flashlight
- Water bottle
- Camp dishes in a mesh bag (plate, bowl, cup, knife, fork, spoon)
- Notebook and pencil
- Sit-upon
- Sunscreen
- Insect repellent
- Camp blanket
- Book
- Sun glasses

Equipment

- Warm sleeping bag in a waterproof bag (a labeled nylon sack, duffle bag or even a tote)
- Pillow
- Fitted sheet (depending on facility)
- Ground sheet (depending on facility)

Sample Residential Camp Itinerary

Day	Time	Activity
Friday	6:00 pm	Arrive and set up camp (put gear in sleeping area)
	6:30	Bag lunch dinner or eat before you arrive
	7:00	Camp opening, rules, chore charts, fire safety
	7:30	Games
	8:00	Campfire
	8:30	Snack and get ready for bed
	9:00	Lights out
Saturday	7:00 am	Rise and shine!
	7:15	Prepare and eat breakfast
	8:00	Clean up, chores and tidy sleeping area
	8:45	Raise flags
	8:55	Learn about how to use a compass and play compass
	9:30	Go outside and learn how to tell directions without a
	10:30	Snack time
	10:45	Learn about birds for Bird Watcher badge
	12:00 pm	Prepare and eat lunch
	1:00	Clean up and quiet time
	1:30	Go on walk to identify birds
	2:45	Snack
	3:30	Make bird feeders
	4:30	Start work on camp memory book
	5:00	Prepare for dinners, cook and eat
	6:00	Clean up and chores
	6:30	Free time to explore site, add to camp memory books,
7:00	Review trail signs – follow to the campfire pit	
7:30	Campfire	
8:00	Hot drinks, roast marshmallows over the fire at the lake	
8:45	Prepare for bed	
9:15	Lights out	
Sunday	7:30 am	Rise and shine!
	7:40	Pack up personal gear
	8:00	Prepare and eat hot breakfast
	9:15	Clean up and chores
	9:45	Add to camp memory book
	10:00	Activity (finish badge work)
	11:30	Prepare and eat lunch
	12:15	Final clean up
	12:45	Closing, lower flags, hand out crests, thanks
1:00	Depart camp	

Involving the Girls

Take the time to do a thorough outdoor/camping idea sharing session with the girls. Find out what they would like their camping/outdoor experience to look like. Participation in the development of their camping experience will have a positive and long-lasting impact beyond the camp. Camp gives girls a place to make meaningful decisions and they will transfer these skills to other parts of their lives outside of the experience.

Engaging girls in the process of planning and leading a camp gives them ownership and accomplishment. It also helps them choose to participate when other activities come into conflict with a camp event (e.g. whether to do the soccer tournament or go to camp). Girls are involved in the planning and the decision-making in:

- the type and theme of the camp
- itinerary and chore responsibilities
- program, special events and free time activities
- menu planning

The level of participation, planning and decision-making will depend on the age of the girl and their previous camp experience. For example: Sparks may help choose between a few menu or theme options. Brownies may have more input and add a few ideas of their own. Guides with mentoring and previous camping experience are able to set more direction to the overall camp program and activities. Older girls can usually make most of the plans and often develop small committees for various stages of planning, shopping and the event itself.

The five W's planning process is an example that you may use depending on the age of your girls. The five W's are what, when, where, who and why. They can help to generate or focus your planning session. Start with open-ended questions, such as:

- **What** would you like to do? – go camping
- **When** would you like to go? – the weekend after Thanksgiving
- **Where** would you like to go? – to a Girl Guide camp
- **Who** could help with that? – Guiders and parents
- **Why** do you want to do it? – to go camping, to be outside, to develop and enhance friendships, and to work on camping badges and interest badges/challenges

Write down all ideas. Use a flip chart or white board if available – this will help the girls know they've been heard and help them visualize and create more ideas. All ideas are possibilities; all are to be considered. Once the idea sharing is complete identify some limitations and then help the girls recognize which ideas may not be possible. In most cases the girls will understand which activities are possible and what they are able to accomplish.



Program Planning/Themes

The program should be carefully planned, but also full of fun, adventure, surprise and challenge.

The program depends on:

- Age of girls
- Experience
- Type of camp
- Length of camp
- Time of year
- Interests of girls
- Events or attractions in the area
- Badges or program items
- Activities available at the camp (for example, orienteering course, archery range)
- Cost and available funds

Choosing and Developing a Camp Theme

Start with a brainstorming session with girls for ideas. Once you have found a theme that is interesting to everyone, here are some ways you can develop your theme into your camp program:

- Give special names to patrols or groups and leaders.
- Challenge patrols to create a special song or cheer.
- Design colourful chore charts that include drawings or pictures relating to theme; change the names of chores to relate to theme.
- Create theme-based challenges.
- Select crafts, dances, games that support the theme.
- Program activities related to the theme. Use the theme in the design of a program chart that you post at the camp.
- Design a theme-based menu. For example, change ordinary foods to fun names.
- Decorate walls with posters, pictures, maps or for a tent camp create banners or flags for each tent.
- Include the theme in the camp opening to set the atmosphere and to wrap up the camp.
- Hold a final party and campfire where everyone comes dressed up, tables are set with decorations, and have an awards presentation.
- Design a camp crest or camp hat or shirt.
- Write a camp newspaper.

Theme Ideas

- International, World Centres
- Native Lore
- Nature/Environment
- Festivals/Holidays
- Seasons
- Pioneer/Heritage
- Sports/Olympics
- Zoo/Jungle/Circus/Animal
- Medieval/Pirate/Western
- Professions
- Time Period
- Newspaper/Magazine
- Future/ Space
- Survivor/Amazing Race/Fear Factor
- Magic/Fantasy/Fairy tale
- Hawaii/Under the Sea
- CSI/Spy
- I Can Camp!
- Movies/Television shows
- Superstar/Hollywood
- Rock Band/Music
- Books/Comics

Sample Residential Camping - Patrol Chore List

Chore/Task	Actions	Patrol
Flag raising	Get flag Coordinate ceremony to raise or plan flag	Bluebirds
Breakfast	Review menu Prepare food	Forget-me-nots
Breakfast clean up	Wipe tables Wash pots and dishes Sweep floor	Roses
Lunch	Review menu Prepare food	Daisies
Supper	Review menu Prepare food	Robins
Supper clean up	Wipe tables Clean cooking dishes	Forget-me-nots
Washrooms	Wash and disinfect toilets Clean sinks Sweep and mop floor Add supplies as needed	Daisies
Garbage/recycling	Collect all garbage and recyclables for proper disposal	Bluebirds
Lowering of flag	Coordinate ceremony for lowering flag Put flag away	Bluebirds
Campfire	Gather wood Prepare water Plan campfire Extinguish fire	Roses



Program Ideas – Bring the Outdoors Inside!

For those times when getting outside is not possible, these activities can help you bring the outdoors inside.

Make a nature treasure box

Girls can make nature boxes to display the treasures they find in the outdoors. Here's how:

- Cut large windows in each side of a milk carton.
- Leave them open or cover them with clear plastic.
- Have the girls suggest themes.
- Create a different theme for each month: leaves, stones, feathers, dried ferns, seeds, etc.

Plant some seeds

It's fun to see how different seeds grow. Try citrus fruit seeds, beans, flower or grass seeds in an eggshell, carrot tops and sweet potatoes are easy to grow, too. Have the girls tend to their plant and report on how it's growing.

Nature charade

Give each pair of girls a slip of paper with the name of something from nature on it. (Depending on the age group you could also include a picture). Nature items could include a mosquito, crow, robin, skunk, cricket, snail, raccoon, maple tree, lobster or moose. In turn, the girls mime their item for the others to guess.

What can you do with a leaf?

Use leaves to make:

- crayon rubbings
- splatter-paint prints
- ink prints
- mobiles of leaves pressed with a warm iron between waxed paper
- plaster of Paris leaf casts
- tiles made from leaves imprinted into a square slab of salt dough, which is then baked, painted and varnished
- bookmarks or place mats, made by gluing leaves onto cardboard and covering with self-adhesive laminate

Nature art

Go on a short walk and collect seeds, dry plant material and whatever else the girls think might make an interesting collage when glued on construction paper. Have the girls create a collage with their findings.

Environmental awareness

Teach the girls when it is acceptable and not acceptable to pick a wildflower and how to collect leaves and twigs or small branches without damaging the environment. Explain that it is acceptable to pick a plant that is not endangered and that is growing abundantly, provided there is a reason for doing so. If there are very few plants of a certain type, leave them growing, so they can reproduce and be enjoyed by others.

Program Ideas – It’s Wet Out There!

Rainy day fun and time fillers

Rainy days can get anyone down at times, especially campers. But, there are many ways to bring a little “sunshine” into a damp situation. Likewise, quiet times at camp can cause boredom in some girls; there are ways to help them entertain themselves, without disturbing those who prefer to rest.

Rainy day fun

For days when you really need to be inside, here are some indoor ideas:

- Have a rainy day box to be used at no other time. Include: costumes, craft materials, puzzles, table games, etc.
- Have a rainy day feast with something unusual: “popcorn hailstones,” “thunder cookies” (they crack when broken), pizza, ice cream sundaes with each girl creating her own from whatever possible toppings there are, and naming her creation.
- Make murals or collages.
- Have an indoor track meet, with medals and ribbons for events, such as throwing the caber (a straw) and figure skating (making up your own dance to music).
- Create a camp newspaper. Mail it to your Commissioner or Camp Adviser.
- Furnish a miniature doll’s house with furniture from nature.
- Make paper bag puppets and have a show.
- Learn new songs. Try some old ones, such as “School Days,” and put some actions to them.

Time fillers

We all know that some girls love a little free time and can amuse themselves well. Others are looking for some sort of activity. Try some of the following when there are a few girls who have “nothing to do.” These games can be played in a competitive way, eliminating players until you have a winner; but it is often more fun to let the girls help each other, and keep everyone playing. They are great for quiet time at camp or rest time during an excursion.

Agile, bold, cuddly cat

Each player repeats the sentence “I have an agile, bold, cuddly cat” and adds a new adjective in alphabetical order to describe this cat. If you have a bilingual or multilingual group, let the girls use adjectives in other languages.



Parent/Guardian Information Meeting

As part of your camp planning complete the forms required by Safe Guide giving parents/guardians details of the activities at camp. Before an overnight camp, have a parent/guardian information meeting. This can be done in the last 15 minutes of a Unit meeting. This meeting gives you the opportunity to explain some of the details about your camp, your activities, required clothing and equipment, how to pack and prepare the girls, end of camp assistance, and to collect forms and fees. It also provides parents/guardians the chance to ask questions and clarify details. To engage older girls in the camp preparation, have girls present the agenda, activities, etc. to their parents/guardians.

Behaviour

GGC has a Code of Conduct that is based on the Promise and Law. (The Code of Conduct is in an appendix of Safe Guide). Review with everyone the Code of Conduct as the basis for behaviour expectations. Ensure that any non-Member volunteers attending the camp know their responsibility in following the Code of Conduct. The girls could create and present their own set of camp behaviour expectations to the parents.

Itinerary Overview

Review the itinerary and activities and describe the sleeping arrangements. Explain that girls will be given responsibility for chores at the camp and give examples of the chores.

Personal Gear and Equipment Lists

Distribute the gear lists and review them. Use this opportunity to ensure that parents/guardians understand the importance of appropriate clothing and bedding.

Arrival/pick-up times/carpooling

Be clear about expected arrival and pick-up times and discuss with the parent(s)/guardian(s) alternate plans in case they cannot pick up their daughter. Parents should be provided with maps and directions to the camp. Have them coordinate carpooling. Mark the gate to the location with signs or balloons.

End of Camp Assistance

Prepare for the end of camp by including in this meeting a discussion of the clean-up requirements and ask for volunteers to assist. For Spark and Brownie camps parents may be asked to come in early to help with camp end chores.

For tent camps, gear such as tents, tarps, and cooking equipment may need to be taken home by the girls to be cleaned and dried. You will need to review equipment care and packing.

Residential Camping -Food and Nutrition

Developing a Menu Plan

Plan the menu in advance with the girls. Sparks and Brownies can choose food that will be prepared by the camp staff (with the assistance of the girls), whereas Guide age girls and older can choose the food they are able to prepare and cook under supervision. Review the Health forms before planning, as it is essential to consider any allergies or dietary restrictions. Take into consideration campers' likes and dislikes, religious dietary restrictions and the cultural makeup of the group. (See the Special Dietary section below for additional information on allergies).

- When menu planning, follow Canada's Food Guide, which can be found on the Government of Canada's web site. A good rule of thumb is a snack should have two food groups and a meal should have all four.
- Experienced Pathfinders can plan and shop for and cook their own food.
- Remember to consider the weather; for example, the need for hot foods, hot drinks and higher caloric intake in cold weather and lighter meals and extra fluids in hot weather.
- Try to plan meals that are not complicated and do not require a lot of prep time as cooking at camp should be fun and easy.
- Plan for flexibility in menus so that you can take into account the unexpected such as program taking longer than expected or weather changes.
- Plan for flexibility in cooking methods; for example, foil dinner on the campfire may have been planned, but due to a rainstorm, the meal can be cooked in a skillet on a camp stove.
- At camp, post the menu with the chore chart so that the girls know what meals they are responsible for and can plan accordingly.

Hydration

Food and water are important in providing the energy for an active life in the outdoors.

Ensure water is available at all meals and breaks. Encourage girls to carry a water bottle if they are going to be outside and active. If it is hot, water is better for quenching thirst than juice. In cold weather, taking in fluids is still important.



Sample Camp Menu Planning Template

Below is an example that can be used as a guide to help plan meals. Pathfinders and Rangers who are able to do their own meal planning may also want to use it. Some groups have brunch on Sunday instead of breakfast and lunch.

<i>Meal</i>	<i>Menu Items</i>	<i>Equipment</i>	<i>Lead Person/ Cook or Patrol</i>
Friday dinner			
Friday mug-up			
Saturday breakfast			
Saturday am snack			
Saturday lunch			
Saturday pm snack			
Saturday dinner			
Saturday mug-up			
Sunday breakfast			
Sunday lunch			

Food Quantities and Cooking Tools

Use your menu as the basis for your grocery and equipment list. In addition to groceries, think of the tools that you will need to cook or serve that meal. For example if you are having fried eggs, you will need a frying pan, an egg flipper, perhaps oil or butter, spices or ketchup.

Be sure to include additional supplies such as tin foil, spare containers, dish cloths and towels, scrub pads, dish soap, bleach, hand sanitizer, matches, napkins, paper towel, etc.

Plan your quantities carefully to ensure adequate nutrition with few leftovers. Food contributions from parents can help ease the budget. Some groups ask for muffins, cookies, casseroles, etc. from parents. Be sure to discuss allergies and dietary issues with parents in advance if food is being contributed from home.

Make sure you have the condiments you need for each meal. For example, include ketchup, mustard and relish if you are having hamburgers as well as salt and pepper for general flavouring. It is wise to plan meals so that you use the same condiments for more than one meal. This helps keep costs down. For example, the ketchup for hot dogs can also be served with macaroni and cheese.

When you develop your grocery list you will need to compile and total items that carry over from meal to meal.

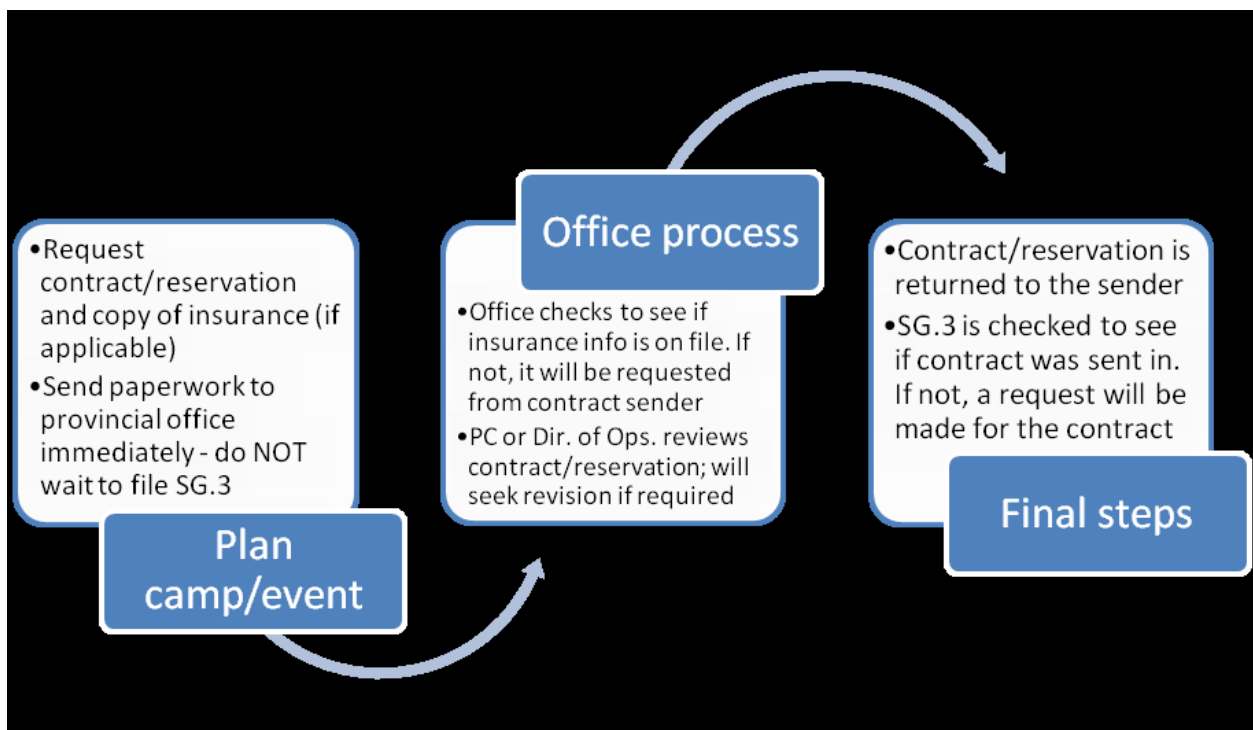
Here are some examples:

- Milk will be needed for breakfast cereal, for drinking with lunch one day and to make macaroni and cheese. You would need to calculate total quantities:
 - 150 ml (1/2 of a cup) per person for breakfast cereal x 15 people = 2.25 liters
 - 250 ml (one cup) per person for lunch x 15 = 3.75 liters
 - 125 ml for macaroni and cheese = 125 ml (per box)
 - For your grocery list you will put the total amount of 6.125 liters.
- For sandwiches for lunch and French toast for breakfast, you will need to calculate the number of slices of bread for sandwiches (15 people x 2 slices = 30) and for French toast (15 people x 1.5 slices = 22.5 slices, assuming not everyone has two pieces). You will need 53 slices of bread. Check how many slices are in a loaf to determine how many loaves you will need.

Important Information for Contracts, Agreements, Reservations and Insurance

As a reminder, all contracts (for meeting space, sleepover locations, camp locations, etc.) **must** be signed by the PC or her designate (Director of Operations) - no exceptions. The agreement should include a summary of terms and conditions. Send them as early as possible to programsupport@guidesquebec.ca.

GGC also requires **proof of liability insurance** in order to sign contracts. For facilities or service providers not regularly used by GGC, please request a copy of their general liability insurance (certificate or summary of policy) at the time the contract or rental agreement is negotiated. (The provincial office will then keep a copy for future reference.)



Details below may have changed since this document was created

SLEEPOVERS

Place	Address	Phone #	Email/website	Contact	Price pp	Additional Info
Eco-Museum "La Nuit Magique"	21 125 ch. Ste-Marie, Ste-Anne-de-Bellevue, H9X 3Y7	514-457-9449	info@ecomuseum.ca	anyone	\$40.00 (1 free adult for every 10 girls)	7pm-9am next day. Evening snack & continental breakfast provided. 20 girl minimum.
Notre-Dame-de-Fatima	2464 boul. Perrot, Notre-Dame-de-l'île-Perrot, J7V 8P4	514-453-7600 x221	info@centrendfatima.com www.centrendfatima.com	Steven Grenier	\$38.00/night tax incl.	3 meals/ 24hr period included. 24 beds in auberge. Cabins available.
Biodôme de Montreal	4777 ave. Pierre-de-Coubertin, Mtl, H1V 1B3	514-868-3000	http://www.biodome.qc.ca reservationspacevie@ville.montreal.qc.ca	anyone	\$37.00 (day tour extra)	7pm-9am next day. Breakfast included. 15 girl minimum- 60 max.

GUESTS

Name	Address	Phone #	Email/website	Contact	Price	Additional Info
Trefoil Guild: Beryl Ball	n/a	514-630-1535	berylruess@yahoo.ca	n/a	free	Guiding history, camp blanket info, International travelling
Chief Top Leaf (Mohawk)	9367 rue Centrale, LaSalle, H8R 2K4	514-366-2199		Albert McArdle (Chief Top Leaf)	50\$/ 1 hour session	#1: Learning about Natives over the past 500 years. #2: Animals preparing for winter. *Book early!
Diane Phillips	n/a	best by email	dphillips@lbpearson.qc.ca	n/a	various.	Zero gravity & space expert
Cathy Bouskela	n/a	best by email	bouskelac@videotron.ca	n/a	\$30/ 1 hour session (neg)	Yoga instructor

OUTINGS

Place	Address	Phone #	Email/website	Contact	Price pp	Additional Info
Montreal Science Centre- Imax Theatre	333 de la Commune Street West, Mtl, H2Y 2E2	514-496-2281	www.centredessciences demontreal.com	anyone	depending on package	
Centaur Theatre	453 St. François-Xavier, Mtl, H2Y 2T1	Box office: 514-288-3161 Admin: 514-288-1229	ticketinfo@centaurtheatre.com	anyone	depending on package	
Breakfast with the otters- Eco Museum	21 125 ch. Ste-Marie, Ste-Anne-de-Bellevue, H9X 3Y7	514-457-9449	info@ecomuseum.ca	anyone	\$18pp	20 person minimum. 8am. Continental breakfast included.
Arbraska Zip lining	85 ch. Bourget, Rigaud, J0P 1P0	450-451-5527	www.arbraska.com	anyone	\$22.61/child \$27.38/adult	30 person minimum, Ziplining, night treks,
Light a Dream	475 ave. Dumont, Dorval, H9S 5W2	514-636-9966	www.lightadream.com or lightadream@bellnet.ca	anyone	10\$/girl	Candle store that gives special needs students vocational training. Candle workshops for girls
10 000 villages	290 bord-du-lac, suite 108, Pointe-Claire village	514-428-0450	www.tenthousandvillages.ca	anyone	free	Workshop for fair trade information
John Abbott Pool	Casgrain entrance, Maple St., Ste. Anne de Bellevue	514-457-6610	piscine@johnabbott.qc.ca	Simon	\$76.55 + tax for a one hour rental	2 lifeguards on duty. Or Tues. nights 6-7 free swim: \$2.50/child, \$3.50/adult

CAMPS

Place	Address	Phone #	Email/website	Contact	Price pp	Additional Info
Wa-Thik-Ane (GGC Quebec Council)	240 Lac Bouchette Rd, Morin Heights, J0R 1H0	514-933-5839	info@guidesquebec.ca http://bit.ly/1D2d6Rb	Quebec Council office	Various. See camp fees	all different sites available. May-October
Centre de Plein Air du Cap St. Jacques	205 ch. du Cap-St-Jacques, Pierrefonds, H9K 1C7	514-280-6778	pleinair@ville.montreal.qc.ca	Kimberly	\$18pp/night	Min. 25 per night/ max 36. Includes 3hrs of animation Sat. 9-3 or Sun. 9-noon
Base de plein air Saint-Lazare	1677 ch. St-Dominique, Les Cèdres, J7T 1K8	450- 424-8000 x217	http://bpa.ville.saint-lazare.qc.ca/en	Sabrina Addison-Thibault	\$25pp= 1 night \$42.50= 2nights	\$50/night kitchen fee. Sunday out before noon or extra fee. Winter equip. rentals on site. 54 beds
Bois de L'île Bizard Nature Park	2115 ch. du Bord du Lac	514-280-8517	pleinair@ville.montreal.qc.ca		\$13/day	Ski and snowshoe rental available \$10. Walk under the stars7-9 \$6pp.
G.U.E.P.E.- Maison du Ruisseau	9432 boul. Gouin O., Pierrefonds, H8Y 1T4	514-280-6829	www.guepe.qc.ca	Sandra	\$896- max 28 personnes	cuisine, feu ext. Animation: 4h30min 5-10\$
Base de Plein Air Jean Jeune	150 rue Grant, Longueuil J4H 3H6 40 minutes from W.I.	450-679-5017	www.jean-jeune.qc.ca		Contact for details	55 or 40 beds (different style)
Parc du Domaine Vert	10423 Montée Ste-Marianne, Mirabel, J7J 2B1	450-435-6510 x221	info@domainevert.com www.domainevert.com	Isabelle Sigouin	1 night 309\$ 2 nights 598\$	animation: \$16.50 par participant pour 4hrs. Chalet Relais w/ 24 beds.
Camp les Débrouillards (Arundel Science Camp)	Arundel (Ste. Agathe des Monts) approx. 1h45min from WI	T: 819-423-5151 F: 819-423-1519	info@campdesdebrouillards.com www.campdesdebrouillards.com	Annie Diamond- directrice	1*: 1 night- \$63-\$79pp 2*: 2 nights- \$106-\$139 3*: 3 nights-\$159-\$179	
Camp Boute en Train (same set up as Fatima)	Chertsey, Lanaudière (80km from Montreal)	450-882-2368	http://www.boutentrain.com/	campboutentrain@bellnet.ca	Weekend \$80-\$88	chaloupe, pedalot, hibertisme, tir a l'arc: free escalade, canoe pour frais
Camp Pioneer	Ste. Justine de Newton- 45 mins. From Fairview	1-450-764-3560	ssolyom@csur.ca	Sharon & Steven Solian	\$41pp 2 nights & 5 meals.	Opened from May-October \$1.50 for bread baking
Tamaracouta Scout Camp	499 Tamaracouta, Mille Iles, Qc, J0R 1A0	450-438-4096/ 1-866-438-4096	info@tamaracouta.com	anyone		

