



Venture to the Andes and the Amazon

Ecuador

SAVE THE DATE!

July 9 – 22, 2019

Please note: these dates are subject to change.

WHO CAN GO?

**14 girls, 16-18 years old on the first day
of the trip + 2 Guiders**

You must meet the Eligibility Requirements as listed
on the [Eligibility tab of the NST webpage](#).

WHAT YOU'LL EXPERIENCE

- DAY 1:** Au revoir to your hometown! Catch a ride to your local airport and fly to Toronto where you'll meet your fellow trip participants in person. Have a fun evening preparing and bonding over what an amazing experience you're about to embark on.
- DAY 2:** It's time for take-off! Meet your ME to WE representative at the airport, climb aboard your international flight, and soar above the clouds to Quito, Ecuador.
- DAY 3:** Explore Quito's historic centre, a UNESCO World Heritage Site, on a guided walking tour, learning about Ecuador's colonial past and contemporary struggles. A short visit to the equator and some experiments with gravity will complete your day.
- DAY 4:** Travel high up into the Andes mountains and get settled in your new accommodations where you'll stay for the next part of your trip.
- DAYS 5-8:** Your days are made up of a combination of volunteering, unique cultural experiences, and leadership skill building. Your volunteer experience could range from building, to tree planting, to restoration – all projects that will help remove the barriers.
- DAY 9:** Head to the rainforest and ME to WE's beautiful Minga Lodge (where you'll meet Yolanda, the parrot)!
- DAYS 10-11:** Discover the Amazon, one of the world's most bio-diverse regions. You can hike in primary and secondary rainforests with a naturalist guide, experience Amazonian culture firsthand as you visit a local girls group, and so much more.
- DAY 12:** Say goodbye to Minga and return to Quito for a final celebration dinner.





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DAY 13: Pack-up and board your flight back to Toronto. Spend the evening reminiscing and reflecting about what you learned and experienced on your trip.

DAY 14: Your adventure is coming to an end and it's time to head home. Your family and fellow Girl Guides will be so happy to hear all about your journey!

Please note: this itinerary is subject to change.

ACTIVITY LEVEL

Active

For more information on activity levels, visit the [FAQ tab on the NST web page](#).

COSTS

The total value of this program is approximately \$5,690 per person.

Girls, great news – GGC National office covers 50% of the total cost of the trip!

Guiders, your trip is fully funded through the Jean Youngson Memorial Bequest to the Canadian World Friendship Fund. Visit the [Costs & Fundraising tab on the NST webpage](#) for more information about what's included, fundraising, and other potential funding.

READY, SET, APPLY!

Before beginning your application, please review the [Application Instructions](#) and check out the [Top Tips](#) for support. These two documents will help better prepare you to fill out your application.

Once you're ready, visit the Nationally Sponsored Trips webpage to apply!

Applications (including your letter of recommendation) must be completed and submitted online by

5:00pm ET on Wednesday, September 12, 2018.

QUESTIONS?

Email us: nationaltravel@girlguides.ca

