



# TG News

A Newsletter for Trefoil Guild Members

WINTER 2018

## Message from the National Trefoil Guild Liaison



The end of 2018 is drawing to a close – it is hard to believe! I wish your guilds a fabulous holiday season, and to those getting together, fun year end celebrations.

What a terrific addition to our Adult Casual Wear at the Guide [Store!](#) Check out the new Trefoil Guild shirt. It is a beautiful shade of purple, 100% cotton and washes beautifully. The Trefoil crest is on the front and Girl Guides of Canada is on the left sleeve. Order some for your guild and save on shipping costs. At the 2016 National Trefoil Gathering, I asked if we could have a fun shirt. I was blown away to

see the shirt offered in our store this year.

I have received some feedback that communication can be challenging for guilds. Please ensure that all adult members are always included in communications sent out through your provincial newsletters or emails, and that you receive newsletters directly. Here are some suggestions that you can implement:

- Browse through all emails to see if anything is of interest or importance to you and other Trefoil Guild members
- Assign someone to take care of your rosters and ensure they are correct
- Check PRC deadlines for each



member and assist those who find renewing online difficult

- Ensure your “young” ladies who are 75+ are receiving their free membership
- Assign someone to be your communications representative who reads all emails and reports back to the guild on important issues or local happenings within their Communities, Districts, Areas or Province
- Communicate with your Area/ Provincial Trefoil Liaison or Commissioner or ACL to request better communication with units and the new Link groups. A lot of these ladies are listed on your provincial websites.

In just a few short months we will meet in Sudbury for the 2019 National Gathering. Information regarding sessions and out-trips will be out soon.

We are currently accepting names for our wait-list. Please forward your request to be added to the Registrars at: [2019nationaltrefoilgathering@gmail.com](mailto:2019nationaltrefoilgathering@gmail.com)

Judy Pavlis,  
National Trefoil Guild Liaison

# Alberta Trefoil Guilds

By Sue Schroder



Trefoil Guilds within Alberta Council (aka ANY) have been busy over the summer and early fall. We have two new guilds - All Heart with members north of Edmonton and Heartland with members in central Alberta. You can certainly tell that our guilds put their whole heart into their service projects and activities! Our updated Trefoil Guild brochure is now available by email or hard copy.

Our annual Roundup for ANY Trefoil Guilds was held on June 2 in Red Deer with a potluck luncheon and sharing of Guiding information,

activity reports and general fun. Our placemat was designed around the First President theme. We have been attending Roundup since 1981! Donations are always collected for CWFF at this event. One guild had a book exchange to further their contribution.

Service projects included organizing an ice cream social for a seniors' lodge by our newest guild, making tray favours for care centres and birthday bags for the food bank. We also knitted and crocheted baby items for the Calgary children's hospital (1700 items to date!), quilts for the Edmonton children's hospital and fidget quilts for patients with dementia. We even sewed and collected underwear packages for [Days for Girls](#).

One guild renewed their first aid as a group – fun first aid! With wonderful weather there were many day trips in and around guild locations, including trips to the mountains, investigating small towns, the Calgary Zoo to see

pandas, Calgary Heritage Park and solstice celebrations at the lake. Organizing or helping at Guiding events is always appreciated; some examples are ongoing cleaning and maintenance at our



camp, participating in Calgary Area Trefoil Tea and assisting with Calgary's memorial grove celebration. This year, we also cooked breakfast and lunch for 250 Sparks and 95 Guiders at Sparkfest. Additionally, we all enjoyed celebrating the 30th anniversary of Chinook Area's camp.

We are now well underway into fall and winter activities. As I write this, it has snowed all day in most of our ANY locations. It looks as if it will stay this time.



# BC Trefoil Guilds

by Seanna Fekete

Here is a snap shot of what BC Trefoil Guilds have been up to!

**Rendezvous 2018 Prince George** The Purple Harts Trefoil Guild were hosting the event and did a wonderful job! We had some special outings around Prince George and lots of time with friends. Members came from all over BC.



**Nukko Lake campsite** Members enjoy roasting hotdogs, singing songs, and making new Guiding friends and memories, northwest of Prince George on Nukko Lake.



**Huble Homestead** A living historic site, located 40 kms north of Prince George, it offers replicas of an original general store, trapper's

cabin, blacksmith shop, First Nation's fish camp, and much more.



**Grapes in Prince George?** No, but that doesn't stop us from making awesome wine! A peek into one of Northern BC's newest secrets - Northern Lights Estate Winery.



**Fun & Friendship Crafting!** This was a great opportunity to visit with our old friends, while getting to know our new friends. We created some lovely cupcakes.



**Service Project** We volunteered with The Prince George & District Elizabeth Fry Society Amber House, a transition house for women and children. They provide services for those who experience violence or who are leaving an abusive relationship. We also spent time at the Prince George Hospice House, which provides compassionate end of life care in a warm home-like atmosphere.



**Belly Dancing** Some of us explored the cultural art of belly dance, learning basic movements and playing with fun costume pieces and putting it all together in a short choreography.



# Manitoba Trefoil Guilds

by Sharon Romanow

Most of our guilds enjoy quiet summers and resume activities in the fall, but there are a few die-hard members that are active all year round!

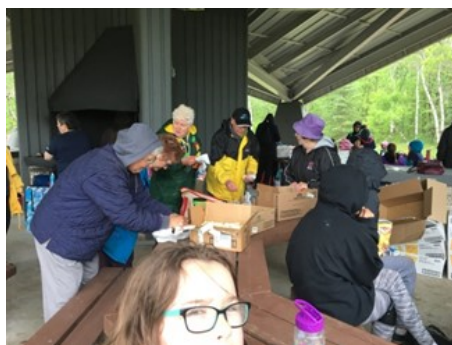
The Winnipeg Guild marked the launch of another Girl Guide cookie season with a special lunch. They were very eager to start selling the iconic treat. It also happened to be a farewell for a member, Virginia Parker, who is moving to Stratford, Ontario and hopes to join the Trefoil Guild there. Several of our members supported our area carnival and volunteered on the day.



When the Pembina Trail Trefoil members get together, we learn from each other, share laughter and remember our time in Girl Guides. In June, we gathered on a windy day that threatened rain that never developed. We met at a lovely cottage in St. Malo for an afternoon to enjoy the outdoors

and welcome the summertime. We were treated to a tour of the gardens which had variety in flowers and a nice veggie patch. The birds were busy building their nests and didn't seem to mind us getting close to their new homes. We shared an early pot luck supper before we headed back to the city.

In June, the Crocus Guild was called upon to help provide a hotdog lunch to the participants of our Area's 30<sup>th</sup> Anniversary event. When the organizing committee first asked, they had estimated around 300 people. By the time of the event, it had grown to 600! We rallied and met the challenge!



Also, in June, we held our annual wiener roast at St. Vital Park. Every year we try to have a summer outing and this year it was a trolley ride from the Forks through areas of Winnipeg. (We were tourists in our own city.) Even those of us who have lived in Winnipeg our entire lives were surprised with some of the tidbits we learned. We ended the ride

with lunch at the Old Spaghetti Factory.



In July we learned that 34 girls from Shamattawa reserve would be attending Caddy Lake Girl Guide Camp. We were asked to collect items for their trip back home after the camp ended. We got all of the items together and spent a couple of hours packing the bags. Every girl got a bag that contained items such as a colouring book and crayons, a skipping rope, books, hair ties, a bracelet and snacks. This was an ambitious project for the middle of summer, but we did it! We were happy to meet their bus when it arrived back in Winnipeg and give the bags to the RCMP to give to the girls on their plane ride home.

In September we got together to catch up and to plan part of our year. We enjoyed coffee, tea and goodies.

In October, we enjoyed a presentation by one of our members who travelled to Israel. She showed us a travelogue of her journey.

# New Brunswick & PEI Trefoil Guilds

by Lorna Bulpitt



Recently, we held our Provincial Gathering, Trefoil Rocks. On Saturday, September 8, 2018, 45 Guiders from 12 Trefoil Guilds across New Brunswick and Prince Edward Island met in Riverview, New Brunswick. It was a day to reconnect with Guiders we haven't seen since the last Trefoil gathering. Some Guiders also joined us for the first time to experience what a Trefoil gathering is all about. Registration was the first stop before sitting down with muffins, fruit, a hot drink and the inevitable chit chat that we are noted for.

There were numerous activities planned throughout the day. Chair yoga relieved the stiffness and tiredness from our bodies. Our guest speaker, Ellen Gelinas, a well-known humorist, talked about the benefits

of humour in our daily lives. She made us laugh so much we had tears streaming down our faces. Ellen's mantra is *Find Joy... Bring Joy.*

Crafters at the gathering were invited to make an Inuksuk, and paint rocks – many beautiful designs were created. It was a beautiful day and many of our Guiders walked/drove down to the waterfront for a

leisurely stroll or a fast walk. Singing is a mainstay among Guiders. Marilyn Brewer led us in some of our favourite songs. Lorna Bulpitt, Provincial Trefoil Liaison, held a business meeting where she gave updates on the National Gathering. At this meeting, it was also confirmed which areas are hosting the Provincial Gathering in the coming 5 years.

The service project for YMCA Reconnect was a huge success – we collected boxes full of hygiene items and other canned items for donation. Guiders went home with a homemade gift and pins from the three cities represented in the Tidewater area (Moncton, Riverview and Sackville). We closed our gathering with Taps and wished everyone safe travels.

Most of our guilds meet over a potluck at a member's home, or at a local restaurant as we all love to eat.

Our guilds all do a variety of things: some make dresses for Haiti, aprons for the culinary class at their local high school or cardiac bags for the cardiac center in Saint John. Others help maintain our provincial camps, organize the uniform loan bank for their District, or decorate Big Brothers Big Sisters' Christmas tree. And we sometimes go on outings or to a show as a group. We all make ourselves available to help with workshops, training, unit closings etc. in our Areas. Merry Christmas from all the Trefoils in New Brunswick and Prince Edward Island and may your holiday season be merry and bright.

# Newfoundland & Labrador Trefoil Guilds

by Gloria Learning

We held our Provincial Trefoil Guild Gathering in May at Max Simms Campsite. The theme for the



weekend was based on centennial celebrations. We normally have one Trefoil Guild organize the event. However, this year each Trefoil Guild attending planned fun activities including crafts, skits, get acquainted activities, opening and closing ceremonies, card games, bingo, and campfire.

In October some of our Trefoil Guild members traveled across our province to attend the Provincial Centennial Celebrations – Guider/Commissioner and Trefoil Guild conference. There, we participated in many activities from easy exercises to energize our mind, body and spirit, to social media activities. The joint sessions with Guiders on Advocacy and Girl Engagement and Diversity and Inclusivity were especially interesting. We not only had the opportunity to mingle with other Trefoil Guild members, but also meet and talk to current Guiders and discuss some of the challenges they were having. A fun highlight of the

banquet was the fashion show where we dressed up, representing some of our communities such as King's Point, Hearts Content, Bishop's Falls and Too Good Arm.

Listed below are some of the activities of our Trefoil Guilds.:

- Northern Lights Trefoil Guild in Labrador West held their annual Tea Party, attended District Girl and Parent Banquet and visited the local food bank with Pathfinders and Rangers to help sort food for distribution.
- Heritage Trefoil Guild held an Adventure Day in July, where they had a mock campfire due to the fire ban, visited two communities close by and a craft shop. They decided to do a challenge for the 100<sup>th</sup> celebrations: collect 100 Guiding memories from past Guiders.
- Golden Gems Trefoil Guild welcomed back a former member and continues to support [the Safe Harbour Outreach](#), as well as recycling and food bank programs.
- Marconi Connections Trefoil

Guild, in addition to planning events for the upcoming year, held a milestone night where they welcomed back a close friend who has been fighting the battle against cancer. She reminded them of the little things they had done for her and that they don't always have to see each other to know that Trefoil friends are there for each other.

- Sou'wester Guild looked after the food for the district camp of about 70 girls and Guiders. They are working on supply bags for the hospital, and in September, some participated in the launch of the [Girls' First program](#).



- Golden Girls Trefoil Guild completed a quilt and presented it to the Lion Max Simms Camp. They also participated in a craft sale, several outreach service projects and supported the local Girl Guide groups.
- Fireside Friends Trefoil Guild held a travelling scavenger hunt, attended a paint night, a farm walk. They slept in tents and explored trails during August Camping Adventure at Brother Brennan Centre. The group even tried fishing for trout but hooked nothing except submerged rocks!

# Nova Scotia Trefoil Guilds

by Darlene Duggan

We are almost finished registration and I am pleased to report that, as small as we are, we have 110 members! I was fortunate to be able to present service pins to six of these members who are our Amicae Trefoil Guild. Amicae means “sister friends” so...a very appropriate title. It is amazing to note that the combined service for these six ladies is 232 years!

Our Camp Burning Spirit was another success, although my campers behaved like Sparks when it was time to do a simple craft. They did not have their listening ears on! We still had fun though. It's all about fun and friends (and food, of course). Each year we save our campfire ashes to combine with those of next year, in memory of our sisters who no longer physically camp with us. We know they share our fun and I am pretty sure there is an amazing campfire going on somewhere out there. Our camp is already booked for next year, so if you are in Nova Scotia on the weekend of September 6 – 8, 2019, we welcome you to come to camp.

We held our semi-annual meeting on October 13, in our beautiful Annapolis Valley. It is harvest time, and many of those who attended took advantage of the bounty offered at farmers markets. The six members of the Trailblazers Trefoil Guild organized such a lovely day and proved that you do not have to be many to host a fun filled, successful day. And that thing about *be prepared?* The guest speakers they invited had to cancel at the last minute so...they were prepared...we played games and had

a great time (everyone likes to win a prize).

I am excited that our [Move More](#) challenge has been completed by members of two Ontario Trefoil Guilds! I will be doing a challenge report in the near future, and you will be surprised

by some of the activities done to complete the challenge. Our members are very imaginative, competent, determined, and fearless. The challenge is on our Girl Guides Nova Scotia website, if you are interested.

Nine of us will attend the 2019 gathering in Sudbury and are looking forward to meeting up with old friends and, of course, making new ones. Some of us will be driving and are planning a side trip so you might hear us singing as we draw near for registration.

We continue to help others in our communities, as well as contribute to girl travel and the scholarship fund, and we, of course, buy cookies! When invited we help in units and, this year, we have been invited to bridge with our



Link members. We share good times at meetings with activities such as: games nights, paint nights, and sharing nights. Outings cover anything from movies, live theatre, road trips, hiking to beach meetings, campfires, and anything else that strikes our fancy.



Too many of our members have “gone home” but we cherish our good memories and know they are with us as we continue to **Keep the Spirit Alive.**

# Ontario Trefoil Guilds

by Christine Stevenson

Ontario held our 2018 Provincial Gathering on June 15 – 17. The venue for The Passion of Purple was Mohawk College in Hamilton. There was a lot of walking from the residence to sessions and meals, so everyone managed to get their steps in.

The Sisterhood of the Travelling Trefoil Guild organized and hosted the provincewide event with great success. They reached their maximum number of attendees - 150 Trefoil members! Everyone enjoyed out trips that included a harbor cruise, a cemetery walk, the butterfly conservatory and waterfalls.

After the banquet on Saturday evening an outdoor campfire had everyone seated and singing old favourites.

We are eagerly awaiting the roll out of the Trefoil Challenge designed by the 2<sup>nd</sup> Moira Trefoil Guild. Once the crest is produced it should be released for Guilds to participate.

Communication is the challenge we are trying to streamline at present. Guilds and Communities need to be in touch.





# Quebec Trefoil Guilds

by Ellen Gauthier

Trefoil Guilds are starting up and getting ready for another year of fun and friendship in Quebec. In past years guilds have been involved in many activities in their communities such as: making bookmarks, tray favors for senior homes and hospitals, blankets, mitts, hats and toiletry bags for women's shelters and the like. Guild members also help units in their area. Guilds also enjoy luncheons and suppers at local restaurants and each other's homes. The Humming Bird Guild are having fun with the Trefoil Guild 75th Birthday Challenge 2018 from England.



# Saskatchewan Trefoil Guilds

by Lorraine Thibeault

Greetings from Saskatchewan Trefoil Guild! I am new to the position of Provincial Liaison and am being helped along by our past Liaison, Judi Kehler. Thank you for the warm welcome given to me from the Provincial Liaisons and Internet Trefoil Guild!

We have 15 Trefoil Guilds in the province of Saskatchewan with our newest, Meadow Lake Trefoil Guild, being formed early this fall. Meadow Lake Trefoil Guild is my home guild.

I hear regularly from the Trefoil Adventure Guild (TAG) in Regina who often participate in activities with the R & R Trefoil Guild. I have included a photo and description of their latest activity:

TAG members having afternoon tea at the Regina Floral Conservatory in October.

Annual Meeting and awards presentation ceremony. Historically, we have held



Saskatchewan Trefoil Guild holds its annual meeting in May of each year in conjunction with the Provincial

Gatherings every so often. The one scheduled for 2017 did not

take place due to lack of interest. We have difficulty at times finding a group willing to organize the gathering and a location suitable for our ladies. We discussed future options for a gathering at our Annual General Meeting in May 2018. Everyone present liked the idea of a gathering in some form. Some of the comments were:

- It's important to keep the cost down by offering different types of accommodation such as billeting, including meals
- Make sure there is no repetition of programs
- Have the gathering in a central location
- Share the load by having more than one guild make the

arrangements and do the planning

- Have a shorter gathering (only one night) in conjunction with the Provincial Annual Meeting, which is held in May and rotates between Saskatoon and Regina.

I would be interested in hearing from other provinces concerning their Provincial Trefoil Guild Gatherings.



## Internet Trefoil Guild

by Lynn Rogalski and Miss Truffles

“Well, Miss Truffles”, I say to the purple bear sitting beside my computer, “what do I tell them about our Internet Trefoil Guild?”

She points out that she is our mascot and it is time that I talk about her and her adventures... so here goes!

Miss Truffles is one of the threads that binds the Internet Trefoil members who live across the country and overseas. She often travels by post with our Internet Trefoil Banner to members who demand a visit from this very popular bear! She also travels in suitcases, big pockets, backpacks and arms to explore this wide world and Canada!

One of her recent adventures, was to attend the Ontario Trefoil Gathering in Hamilton in the spring. There she chatted with our members, met other Trefoil members and posed in numerous photos. She bade good-bye to one member and came home to Cobourg with me. She has traveled to four of the World Centres, attended most Provincial and National Trefoil Gatherings, spent a long time traveling around England and popped over to France. She has attended Trefoil Guild meetings across Canada. We all know this because she has a diary that outlines her adventures and many photos are posted on our website.

She informs me that she has lots of crests, including the Internet Trefoil Guild Challenge crest, and the Internet Trefoil Guild crest.

We had our 15 year celebration at our June meeting – sang songs, made a card, received a lovely crest rocker to go below our guild crest, and played a trivia game. Miss T is thrilled that 12 of our original members are still members. She is looking forward to our next online party! She is proud of our service projects and our outreach to WAGGGS countries that need help paying their dues to be a full member of WAGGGS.

Louise Chase, Janet Jenkins, and Jane Samarelli received their Team Award, and Louise also received a Gold Thanks Award.

Miss Truffles says to join us, email us at [1citg@e-guiding.com](mailto:1citg@e-guiding.com). We always have room for more Truffles.

Finally, she asks that if any of you see her at a meeting, gathering or event that you come over and say hello or give her the Guiding handshake. Her charge for a photo with her is a smile.



## TG News

A Newsletter for Trefoil  
Guild Members

TG News is published twice a  
year and distributed to all  
Trefoil Guild members

Contact us at:  
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National Trefoil Guild Liaison  
Judy Pavlis

### Supporting Scholarships



Each year, Girl Guides of Canada-Guides du Canada awards scholarships to outstanding members who are pursuing a post-secondary education.

The Humber Glen Trefoil Guild in Ontario has been supporting scholarships for more than 15 years. Here is what Carole and Pauline from the Humber Glen Trefoil Guild said about supporting the scholarship program:

*Humber Glen Trefoil Guild members and a handful of our regular supporters have enjoyed providing a GGC National Scholarship for 15 years. Each year, our Guild hosts a bridge luncheon with silent auction, bake table and book sale as our scholarship fundraiser. This has been a wonderful experience for our ladies. It brings us together to work, to have fun and to connect with our community of supporters for a worthwhile cause.*

If you or your Trefoil Guild would like to make a donation to the GGC National Scholarship Fund, we would be grateful to accept contributions. For more information, please email us at: [scholarship@GirlGuides.ca](mailto:scholarship@GirlGuides.ca).