# So you're thinking about volunteering with Girl Guides...



## What's in it for you?

Volunteering with Girl Guides means you choose to have fun, explore, laugh, create, connect, mentor and inspire girls to become the best they can be.

As a volunteer, you'll be their cheerleader and mentor as you help your girls develop skills and confidence that will last a lifetime. Imagine the fun, the smiles and giggles, and all the confidence-building moments for the girls – and for yourself.





Scholarships, international travel, leadership experience, friendship, training, special events, the chance to make a difference!







From self-empowerment to team-building,

skill-building to international travel



and community projects to STEM and the outdoors

Guiding can be Anything girls want!





#### Making treats for an animal shelter

#### Learning self-defense

### Challenging each other to stand up against bullying

Putting on a puppet show for younger girls

Canoeing on a lake

**Building a robot** 

Visiting a fire station

Planting trees

Learning first aid skills

Setting up a tent

Making a stop-action animation video

Learning to knit

Making superhero capes

Making craft kits for a children's hospital

Doing a science experiment

Going to see a play

Making a budget

Going for a walk in the community

Planning a Halloween party

Cooking a healthy meal

Writing a letter to a pen pal in Peru

Show-and-tell

Walking in a parade

Team-building games

Role-playing healthy relationships

Learning about Guiding in another country

**Rock Climbing** 

Sewing sock puppets

















#### **Vision** A better world, by girls

#### Mission

To be a catalyst for girls empowering girls.

#### **Promise**

I Promise to do my best,

To be true to myself, my beliefs and Canada

I will take action for a better world

And respect the Guiding Law

#### Law

The Guiding Law challenges me to:
 be honest and trustworthy,
 use my resources wisely,
 respect myself and others,
recognize and use my talents and abilities,
 protect our common environment,
 live with courage and strength,
 share in the sisterhood of Guiding.

#### Girl Guides of Canada - Guides du Canada, Québec Council

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