

The Piccolo

September 2014 septembre 2014

Québec Council Conseil du Québec



Growing Guiding in communities around Québec!

Pointe-Claire District hosted a booth at the Pointe-Claire Family Fun and Safety Day on September 6. They put together some camping and campfire safety questions, had demonstrations of knots and trail signs, and even had cookies to sample.

Lennoxville District held an open house and invited guests to try some favourite Guiding activities. They displayed photos of recent camps and outings, and had posters up for girls and parents to write on and answer the question - "What do you want to get out of Guiding this year?" This was rounded out with refreshments and songs—all in all a great night!

Laval District kicked off the new Guiding year with a Guiding Carnival, offering plenty of activities for girl members, their families, friends, and leaders of course!

Units in **Saint-Bruno** held a registration event with some tasty treats and lots of goodies!





Pointe-Claire Family Fun and Safety Day, September 6, 2014 (photo credit: Diane Oki)



(left and right) Saint-Bruno Girl Guides put on a special event to welcome potential new members

Photo credit: Valerie Zaloum

www.guidesquebec.ca guidesquebec.wordpress.com

facebook.com/Guidesquebec



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Highlights:

- Cookie All Star winners
- Order tickets for Montreal Impact Soccer Day
- Wa-Thik-Ane Clean-Up Day: October 5
- <u>New Surf Smart badge from</u> WAGGGS

Inside this issue:

Fall Day Camp	2
Girl Recognition Event	3
Impact Soccer Day	3
Camping	4
Property Committee	4
Cookies	5
<u>Link</u>	6
<u>Trefoil News</u>	6
<u>Program</u>	7
Training	8
International News	8
Safe Guide News	9
Membership Growth & PR	10
GGC QC Online	11
<u>Treasurers' Trove</u>	12
First Aid Training	12
News from the Office	13
Important Dates	13



Fall Day Camp



2014 Québec Provincial Fall Day Camp

Saturday, October 4



WHAT: Camp fun at our provincial camp in Morin-Heights, camp skills, games, outdoor cooking

The goal of this event is to encourage new and experienced campers and Guiders to visit the camp and try camping without the concern of the overnight or required planning, and to give those who love camping already another chance to enjoy it before the winter!

WHEN: Saturday, October 4, 2014, 9:30 a.m.—7:30 p.m.*

*TRANSPORTATION:

- Departure approx. 8 a.m., return approx. 9 p.m., from and to locations indicated on the registration form
- One Guider per full patrol (based on branch-specific ratio) travels free

WHO: Guiders of all branches and their girls

EACH Guider may bring 2-5 Sparks/Brownies or 2-7 Guides/Pathfinders/Rangers

- · Mixed groups must meet youngest girl ratios
- A PRC-checked adult female may accompany girls in place of a Guider, but will be expected to participate as a facilitator of the day's program

Guiders without girls are welcome as helpers

Guiders participating independently from a patrol must register with info@guidesquebec.ca

COST: \$45 per person (girls and adults)

- Includes 3 snacks, 2 meals, a crest, and activities
- Includes transportation
- See discount for Guiders above

TO REGISTER: Complete the patrol registration form and email it to camping@guidesquebec.ca

or fax it to the provincial office at 514-933-7591.

Strict deadline for registration: 9 a.m. on Monday, September 29, 2014

Don't delay! First come first served—we have a 400 person cap.

Click **HERE** to view the eblast that was sent to all Guiders on August 29.

Safe Guide forms are available in English and French:

SG.1 Activity Plan (for parents to keep) - EN | FR

SG.2 Parent/Guardian Permission Form - EN | FR



The planning team is still looking for volunteers to help during the day! Even if you cannot come for the whole day, help is needed with food and clean-up around 4pm. Interested in taking part? Please contact Angie Kruller, Provincial Camping Adviser, at camping@guidesquebec.ca as soon as possible.



Girl Recognition Event

Sunday, November 23, 2014







To all Unit Guiders and District Commissioners:

Riverview District is happy to announce that they will be hosting this year's Girl Recognition Event!

The 2014 Girl Recognition Event will be held on

Sunday, November 23, 2014 from 1:00 p.m. to 3:30 p.m.

at Complexe Romeo V. Patenaude (135 ch. Haendel, Candiac)

In order to celebrate the accomplishments of girls who have completed their Lady Baden Powell, Canada Cord or Chief Commissioner's Awards this past Guiding year, **please submit the girls' names** to the provincial office **no later than Friday, October 17**, via email to: imis@guidesquebec.ca

More details will be forthcoming shortly this fall. Watch *The Piccolo* for more information.

If you have any questions, please do not hesitate to communicate with me.

Sarah DiMilo Riverview District sarah.dimilo@mail.mcgill.ca

Montreal Impact Soccer Day

Saturday, October 25, 2014

All Guiding members and their families are welcome!



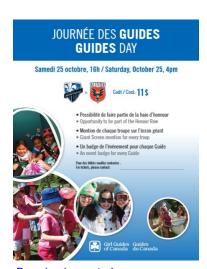
Once again this year we invite all Guiding members and their families to a special day at Saputo Stadium.

We are offering **discounted tickets** to the last home game of the season against D.C. United on **Saturday, October 25 at 4pm.**

Girls will have the opportunity to appear on the field and be part of the Honour Row!

Download: <u>Unit Ticket Order Form</u> | <u>District Ticket Order Form</u>

<u>Deadline for ticket orders:</u> October 7 (Full payment must be received by the office by October 17)



Download a poster!



Camping News

Snow Trails 2015

Believe it or not, we have started to think about Snow Trails already... It takes a while to plan!

At the moment we are looking for Pathfinder and Ranger Guiders, or other Guiders with a love for the outdoors who would be

willing to join the planning team for this always popular winter camp for Pathfinders and Rangers.

We are looking at a "two camp" formula this time around—one for winter activities and one that features quinzhee building and an outdoor sleepover.

Would you like to help make Snow Trails happen in 2015?

Contact camping@guidesquebec.ca as soon as you can.





Read more about this national camp!

Thinking of taking a patrol to attend Guiding Mosaic in Alberta in July 2016? Put the evening of October 23, 2014 on your calendar. There will be a general information session open to all Guiders. Details to come. Questions? Contact: GM2016@guidesquebec.ca

The Guiding Mosaic 2016 team is looking to fill two volunteer **Team Lead positions: Logistics** and **Special Programming.** Click **HERE** to read more.

Deadline for applications: September 29*

*They will consider applications received after until the positions are filled.

Property Committee News

Wa-Thik-Ane Annual Clean-up Day: Sunday, October 5, 9am-4pm

Once again the Wa-Thik-Ane camping season is coming to an end and it is time to put the camp to bed for the winter. This year's closing day is scheduled for **Sunday, October 5.**

As usual there will be plenty of tasks for all of our eager volunteers and needless to say, more participants make the job smaller! We must take down tents (weather permitting), close up sites, move equipment into winter storage and clean and animal proof the buildings.

Limited indoor accommodations at Stavert Lodge (18 spots) are available for **adult Guiders who wish to stay over following the Provincial Day Camp** on October 4. The Property Committee will provide breakfast for those who stay over and lunch for everyone

who participates in the clean-up on Sunday. Please send us an email at lacbouchette@guidesquebec.ca to let us know your plans and to reserve a spot at Stavert.

Not available that weekend?

If you are unable to come on October 5 – do not despair! There is a need for small teams of adults to take down the canvas tents during the weeks preceding camp closure, and again for a small team to complete the winterization of the buildings between October 6 and 13.

If you are interested in visiting mid-week, please contact lacbouchette@guidesquebec.ca.







CONGRATULATIONS

to Québec's 2013-2014 All Star Cookie Sellers!

How do our Cookie All Stars do it?

We asked our fabulous **Cookie All Star Sellers** to tell us how they sold so many cases of cookies last year. We wanted to fuel our Guiders with some ideas to share with their units, the girls, and parents, while preparing them to get out there and sell lots of cookies!

Their responses can be summarized as follows:

- Door-to-door, with siblings, family, other girls in Guiding (with hot chocolate in bad weather)
- Mom & Dad take them to work
- · Goes to Mom's work on a pedagogical day
- · Facebook "Cookies for sale, taking orders"
- Contact previous buyers
- At the school gate they make a great after school snack!
- Hockey games (their own, sibling's or parent's)
- · Garage sales those shoppers need energy!
- · Local gas station steady flow of clients
- Bowling Alley on a league night or weekend
- At church ask if you can speak about GGC
- · Between activities, while waiting for siblings

We received very positive comments about what a great learning experience cookie selling is for the girls. Please be sure to encourage a positive message about cookie selling. The girls learn from the "no, thank you" and benefit so much from the sales.

Read their detailed selling tips **HERE**.

Just awesome!

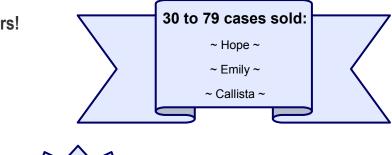
The 2014-2015 Cookie All Stars Program is pretty great!

Check it out and talk it up with your girls...

- Great opportunities to raise some money to offset costs of Guiding Mosaic in 2016.
- * Group selling rewards

Learn more about the Cookie All Stars program...





80 cases sold: Amanda from Greenfield Park

Amazing job, Amanda!

16 to 29 cases sold:

- * Keira * Victoria * Emily *
 - * Anais * Cassandra *
 - * Catherine *

10 to 15 cases sold:

Claudia, Makayla, Leah, Savannah, Capucine, Elizabeth, Natascha, Ella, Inis, Sydney, Samara, Rosalie, Shannon, Kayleigh, Audrey-Maude, Hailie, Samantha, Melissa, Brenna, Vanessa, Emma, Madison, Angel-Lee, Pamela, Lilymay, Samantha, Madeleine, Sarah, Mariana

7 to 9 cases sold:

Lindsay, Marnie, Leah, Alessandra, Katherine, Annika, Megan, Kate, Emma, Sienna, Maya, Aurora, Alina, Kayla, Anika, Ariana, Clara, Amber, Ava, Ella, Elise, Viveka, Ravyn, Mikaela, Adriana, Abigail, Nicole, Faith, Laura, Vanessa, Mia, Ariana, Brianna, Angela, Abigail, Roxanne, Audrey, Maya, Catherine, Emma, Sarah, Keara, Brianna, Maya, Vanessa, Tiffany, Bianca, Natalia, Sarah, Marley, Jasmine, Alexandra, Neve, Berlynne, Hannah, Abby, Alicia, Emma, Kaitlyn, Emily, Zo, Bianca, Emma Catherine, Katie, Emma, Sifirah, Melanie, Maya, Madison, Elizabeth, Crystal, Olivia, Kassandra, Rebecca



Link News



Links: Welcome back to a new Guiding year!

A new Guiding year is upon us and with that comes fresh ideas, adventures and faces. Taking over Link this year to replace Jenn Bouchard, we welcome Sarah and Nikki Di Milo, sisters from Riverview District on the South Shore with over 35 years combined Girl Guide experience! They

both are so excited to take on these new roles and look forward to meeting many new members!

Next event:



Apple picking—Sunday, September 21, 2 p.m. *RSVP by September 18!*

Vergers & Cidrerie Denis Charbonneau, 575 rang de la Montagne, Mont-St-Grégoire, QC J0J 1K0

What would <u>you</u> like to do? Are you 18-35 and a current Guiding member? Link needs your input so we can organize activities that appeal to you. If you have a suggestion or are interested in organizing an activity, please let us know.

Many Link activities are also open to potential Guiding members. If you have a friend, co-worker or family member who is thinking about joining Guiding, why not bring them along? Please make sure to RSVP, as certain activities have limited space. <u>What is Link?</u>

For more information or to sign up for an activity, please contact:

Sarah Di Milo sarah.dimilo@mail.mcgill.ca 514-915-2596 Nikki Di Milo nikkidimilo@hotmail.com 514-608-4167

Potential upcoming outings:

- Old Port
- Hiking
- Bowling
- · Movie Night
- Potluck supper
- Trips/Camps

Trefoil News



- Quebec presently has four active Trefoil Guilds, and at times they are joined by four Trefoil Guiders from eastern Ontario for our gatherings and sometimes lunches.
- · We are thirty Trefoil Guiders in Québec.
- Our activities including the girls at a district level are:
 - Thinking Day services
 - Advancement celebrations
- Other activities:
 - Manning booth at Guider Symposium to make Guiders aware of the Trefoil Guild; the Camp Wa-Thik-Ane booth was also manned by Trefoil Guiders.
 - The West Island Trefoil Guild recently made over 200 bracelets in different colours for the different levels of Guiding; these were sold at the provincial camp with proceeds donated for its upkeep.
 - The Cartier Trefoil Guild attended tea with the Brownies and donated money to support a multilevel group for camp.
 - The Hummingbird Trefoil Guild helped organize the 17th Annual Breast Cancer Awareness Walk for the second year, helped
 prepare favours for Meals on Wheels, and one of the members knits finger puppets that are given to children after blood tests at
 the Montreal Children's Haematology Clinic. They have also collected toiletry items for a women's shelter and collected hats,
 scarves and socks for youth on the street.
 - All units had end of the year lunches or potluck suppers.

Trefoil Guilds are for Guiders, either active or retired, who are at minimum 30 years old and wish to maintain contact and association with Girl Guides of Canada.

They are full members of GGC. Questions? Contact Hannelore Rene de Cotret, Provincial Trefoil Guild Specialist | hannelore.renedecotret@sympatico.ca



Program News

Trying to plan your year?

Wondering what kind of resources are coming out?

Search no further...

There will be **pre-planned activities** available from the national GGC office for each of these occasions:

- International Day of the Girl: October 11
- 16 Days Against Gender Violence: November 26—December 10
- Launch of this year's National Service Project (Literacy): January 27
- Girls Count pilot project (Year 2): November and March *Apply now!
- Global Youth Service Day: April 17-19



And more...

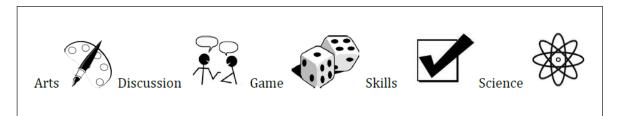


Want to bring some more Canadian culture into your meetings? <u>Historica Canada</u> is a charitable organization dedicated to Canadian history, identity and citizenship. Through them, you can invite veterans and currently serving members of the military to come speak to your unit, take a mock citizenship test and read and view aboriginal stories and art.

Check them out at <u>historicacanada.ca</u>

Meetings-in-a-Box

Do you have a really cool meeting you want to share? Are you in need of last-minute ideas? We are currently working on getting meetings-in-a-box up on the website and would love to hear your ideas! You can share what you have done by answering the questions HERE or emailing your awesome meeting plan to programme@quidesquebec.ca. You can also check out the two instant meetings we have on the website so far. They are both space themed and one is aimed at Sparks/Brownies, while the other is aimed at Guides/Pathfinders.



Operation Happy Sock

Are you looking for a new **service project** to complete with your unit? Do your girls love animals? Why not make catnip toys for homeless cats. Not only are they entertaining, they can also be very therapeutic for stressed-out kitties.

Email happysock@verizon.com or check out their website (http://ohappysock.blogspot.ca/) for more information!

- Charyl Hyndman, Provincial Program Adviser & Lizzie Knowles, Deputy Provincial Program Adviser | programme@guidesquebec.ca



Training News

Training Weeks:

Stay tuned for some exciting news about these **interactive**, **branch-specific** trainings that will be travelling to your meeting location. **You choose the topic**, the train-

ers deliver practical tips and ideas for program delivery at your meetings.

Watch the October Piccolo for details on the first of our 'Training Weeks' this November.



Safe Guide Training:

This training must be done within 6 months of membership. Safe Guide training can be done online however we strongly recommend that whenever possible you participate in a face to face training where we can answer questions and share the benefits of experience.

District Commissioners, if you would like to hold a Safe Guide training for your Guiders, please contact Joanne at: training.formation@guidesquebec.ca, with two possible dates and a location.

All Safe Guide training will be advertised in *The Piccolo* and on the <u>Safe Guide Training page</u> of our QC website and are open to all Guiders regardless of location.

Safe Guide allows us to run fun, exciting, SAFE programs for our girls!

- Joanne Millette, Provincial Training Adviser | training.formation@guidesquebec.ca



A new program from WAGGGS!



SURF SMART, a non-formal educational curriculum about staying safe online, helps inform young people about the importance of staying safe online and how they can protect themselves.

The activities encourage users to identify issues and find solutions most relevant to their own context, and expose common issues girls and young women face with respect to internet safety.

Resources are available in **English** and **French!**

Learn more about the **Surf Smart Badge** on the WAGGGS website.

Interesting facts (from http://www.wagggs.org/en/surfsmartbadge)

- It took radio broadcasters 38 years to reach an audience of 50 million, television 13 years, and the Internet just four
- 48 hours of video are uploaded to YouTube every minute, that's nearly eight years' worth of content uploaded every day, and over three billion videos are watch daily
- More than 250 million photos are uploaded to Facebook every day.
- In 1990, only 20 nations were connected to the internet. Today, every country is online, although
 access varies a great deal

Stay tuned for information about sponsored domestic and national trips that will be offered in the coming year!





Safe Guide: our risk management program! Safety is the responsibility of all!

The **2014** version of <u>Safe Guide</u> is now available on the national <u>Safe Guide web page</u> along with an <u>explanation of changes</u> (5 pages). **All Guiders** should read this document carefully. It will give you the highlights of the different changes with detailed explanations.

General Planning for Activities—Explanation of Changes*

(Key Terms) Equipment: Specialized Equipment

Page 11: Snow tubing at a facility that provides tubes has been added to the list of specialized equipment.

Health care professional

Page 11: Added 'physician assistant' to this definition. Also clarified that the GGC insurance policy will respond to "incidental malpractice" where the individual is acting a volunteer and the care is not be pre-arranged.

Pre-planning and Activity Levels

Page 14: A weekend trip into the city to do sightseeing has been removed as an example of when the Travel Preauthorization (SG.8) is required.

Activity Planning Chart

Page 16: To facilitate family picnics or community BBQs, this chart has been revised so an activity only becomes Yellow level if *girls* are cooking on a camp stove, campfire or BBQ. The chart has been revised to reflect the addition of the new activity Guide for International Travel under 72 hours.

Parent/Guardian Notification and Permission

Page 18: The individuals who have permission to pick up girls should be in addition to the custodial parent/guardian or emergency contacts list on page 1 of the Personal Health Form (H.1).

GGC Notification or Authorization

Page 21: If an Assessor considers the activity to be problematic she should refer it to her Provincial Safe Guide Adviser (PSGA).

Supervision / Supervision Ratios

Page 24: New note with guidelines on how to manage situations where mothers bring their younger non-member children to camp.

Non-member Volunteer Supervisors

Page 25: Clarified that non-member volunteers who volunteer *more than twice* must be registered in iMIS as a Unit Assistant with a PRC.

Training, Experience and Qualifications

Page 28: The requirements for a Trip Lead for Adventure Tripping have been revised.

Health/First Aid/Medications

Page 31: The medications on the Medications Consent (H.7) can now be administered without trying to contact the parent/guardians before giving the medication.

First Aid Training

Page 32: Added information detailing which first aid training organizations are acceptable.

First aid requirements for Yellow level activities have been revised to reflect the change on the Activity Planning Chart regarding girls cooking on a camp stove, campfire or BBQ.

Safety and Emergency Response / Communication

Page 35: New procedure for setting up scheduled calls to the Home Contact Person for groups adventure camping or tripping.

*This is a portion of changes related to General Planning for Activities.

Please read attentively the EXPLANATION OF CHANGES annexed in your Safe Guide document.

Forms that have been UPDATED for assessment— July 2014:

SG.1 H.1 SG.2 H.7 SG.3 A.7 SG.5 WA.1

The **insurance booklet** has also been updated.



Questions? Contact: Louise Triggs, Provincial Safe Guide Adviser | sg.gs@guidesquebec.ca



Have you heard? We're looking to establish new units in Verdun!

Know anyone who might be interested? Maybe you have friends in the area looking for an opportunity to get involved?

Get in touch with us to learn more.



Membership Growth & PR

Spreading the Word! Do you do something special to advertise your unit? Have you developed neat tricks to really promote your events and get out there in your community?

The PR Committee wants to hear from you! We will be surveying the districts about the PR done in their communities and want to hear all about the tried-and-



true methods. Speak with your DC, contact the PR Committee directly with your comments at pr.rp@quidesquebec.ca, or click HERE to take our **survey**.

The PR and Membership Growth Committee is also seeking new members to help ensure every district's voice is heard. We are especially still looking for volunteers from Liesse, Riverview, Pincourt and Lakeshore districts. **Everyone is welcome!** If you or someone you know would like to take part, please contact us at pr.rp@guidesquebec.ca and we'll send you details about our next meeting. There are lots of exciting initiatives coming up this fall and we'd love your input on the designs!

What can the PR Committee do for you?

- Promotional material (posters, brochures, etc.) and fun giveaways! (tattoos, magnets, pencils, etc.)
- Tips on organizing a standout recruitment event

Visit the <u>PR and Member-</u> <u>ship Tools page</u> on our provincial website for more!

Have you seen our feature in **Montreal pour enfants** magazine?

Read the article **HERE**





Our second seasonal bilingual **Parent Newsletter** was delivered to inboxes earlier this month.



Click the image to take a closer look!



REGISTER ONLINE! guidesquebec.ca 1-800-565-8111

Keep your eyes peeled for an ad in the upcoming **Montreal Families** Resource Directory!





GGC QC ONLINE





More photos on the blog!

Un geste courageux pour aider les autres par Alyssia Morin

Cet été, j'ai fait un deuxième don de cheveux pour la fondation <u>A Child's Voice Foundation</u> pour leur programme <u>Angel Hair for Kids</u>, me méritant en même temps mon premier <u>défi Québec Spin.</u>

J'ai décidé de faire mon premier don quand j'étais en maternelle. J'ai laissé pousser mes cheveux pendant deux ans. Entre temps, mon amie est tombée malade de la leucémie, donc le choix de faire un don est devenu encore plus important pour moi. C'est en deuxième année que j'ai finalement fait mon premier don de plus de 12 pouces de cheveux.

J'étais si fière de mon geste que j'ai décidé de le refaire. Pendant un autre deux ans, j'ai laissé pousser mes cheveux. Ils étaient si longs et si épais que j'ai parfois pensé de les faire couper. Par contre, j'ai persévéré et j'en ai pris bien soin car c'était important pour moi d'aider les enfants malades.

C'est cet été, avant d'entrer en 5e année, que je suis allée les faire couper. J'étais très nerveuse de me retrouver avec les cheveux courts après les avoir eu si long si longtemps. Mais, je suis restée courageuse et la coiffeuse a coupé plus de 11 pouces. Mon deuxième don était fait et j'en étais très fière.

yen a

En faisant ce don, j'ai pu aider des enfants et me mériter mon premier défi Québec Spin Challenge. Les anneaux que j'ai choisies pour le défi sont:

ROUGE: Faites une différence **VERT**: Cheftaines (ma mère)

BRUN: Bloguez ROSE: Collectivité

À mon âge, je ne peux pas donner beaucoup d'argent pour aider les enfants malades mais je peux leur donner mes cheveux. C'est très IMPORTANT pour moi!

À propos de notre blogueuse invitée: Alyssia est une Guide avec les 1st Northern Lights Guides à Rosemère. Elle a 10 ans. Si vous êtes intéressée à devenir blogueuse invitée veuillez nous écrire au <u>communications@guidesquebec.ca</u>

The GGC-GdC Québec closed Facebook group is brimming with fun programming ideas!



Many thanks to Guiders like Renee Sabetta-Cavers from Ormstown (Hayes-Apple Valley District) for sharing some great tips like this one!







Treasurers' Trove

For Unit and District Treasurers

Financial Training:

As most of you know by now, we have started collecting and passing on GST and QST on participant fees for camps and some events.

If there are any unit treasurers who have not yet attended a **transition training** on the taxes, please let me know. I'll tell you if there are any other trainings nearby which you might be able to attend. Check with the others is your district... I don't mind coming to small groups.

Guiders who have not been treasurers in Guiding before should take the **full Financial Training**, which will include the new forms, and will take about three and a half hours or a bit longer if people have lots of questions. We will cover all you need to know to keep your books to the standard required by National, including mid-year and year-end reporting and budgeting. Unfortunately I can't do these right away, as there are still forms to be updated, as well as the training. Let me know if you need the full training, and I'll let you know when I'm ready to start, hopefully by November.

Cookies:

The chocolatey mint cookies will be delivered soon. Remember that there is a blackout on other fundraising for one month after cookies are delivered to allow the girls to concentrate on selling at least two cases of cookies each.

Signing Officers:

It is time once again to change or re-affirm your signing officers on your bank accounts. This must be done every year at a district meeting, followed by visits to the banks involved as necessary to update signatures.

Valerie Zaloum and Susan Welsh are to be the provincial designates on all district level accounts this year. This means that all district level accounts will have to change signing officers this year, as Pamela Rice should be removed as a signing officer from these accounts.

The District Commissioner and District Treasurer should be on all district and unit accounts. Remember that there must be at least four signing officers on each account. (You may have five if it makes it easier to get cheques signed.)

For units and district, the procedure is the same as last year. Check the <u>Unit and District Treasurer handbooks</u> for the details and sample wording for motions. (They are posted on the GGC Québec website—<u>here.</u>)

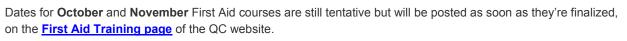
If you have any questions about these or any other Guiding financial matters, feel free to contact me:

Dawn Coffey, District Treasurer Support Specialist finances-support@guidesquebec.ca

First Aid Training

Upcoming courses:

There are currently no scheduled Red Cross First Aid courses (tailored to the needs of GGC) from Pulse Aide Inc.





Anyone needing a First Aid course as soon as possible should get in touch with Joan Lax at pulseaideinc@gmail.com — often a course will be built around one Guider who needs her certification for a specific date!

Start-of-year reminders!

- Now's a good time to locate your First Aid certification card and check on the expiry date—you may be due to renew your qualifications.
- Be sure to take a look at the updates related to First Aid in the 2014 version of Safe Guide (see explanation of changes)

For more information or to book a course for your district or Guiding community at a time and location most convenient for you, email **Joan Lax** at **pulseaideinc@gmail.com**



News from the Office

Thank you and welcome!

Québec Council would like to thank *Fiona Best* for serving as Provincial Council Secretary for the past year. We wish her well in her continued studies and career.

We would like to welcome *Pam Ireland* of Monklands District, who will assume the role of Provincial Council Secretary as we begin the new Guiding season.

The Provincial Council works for the best interests of all our Québec members, and the support of skilled members in these positions is so important—thank you both for your talents and energies.

Valerie Zaloum Québec Provincial Commissioner on behalf of Québec Council

Call out for second hand uniforms

If you have Guiding uniforms in your closet, in your unit, please consider donating them to communities where uniforms don't always fit in the family budget.

The office will accept these gently used uniforms, any branch, current or previous style, for distribution where there is a need.



Thank you for thinking of the sister you've never met!

Looking ahead...

GGC Québec Council—2014-2015 Important Dates

September 13	DC-Adviser-Council meeting
September 13	Training for New Guiders
October 4	Provincial Fall Day Camp, Morin-Heights
October 5	Annual Clean Up Day at Wa-Thik-Ane
October 11	International Day of the Girl
October 23	GM2016 Information Meeting for Guiders
October 25	Montreal Impact Soccer Day
Late October- early November	Open House weeks
November 23	Girl Recognition Event
January 17	Guider Symposium