

**April 2019** 

# The Piccolo

# **Bridging**



**Québec Council** 

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Did you find your iMIS number in *The Piccolo*? Email gc-communications@guidescanada.ca to receive an "I read The Piccolo" crest! Adult members and Rangers can keep an eye on The Piccolo for new chances to win every month!

April

The Piccolo is published by Québec Council on the 2nd Thursday of every month (except the month of July) and contains valuable information for all members.

Summit for Senior Volunteers

Trainer and training candidate

weekend

September 6-8

November 1-3

Deadline for submissions for the May issue: May 2. Editor: Lizzie Knowles | qc-communications@guidescanada.ca

# Message from the PC Team



RoseAnna Cirino, Provincial Commissioner | qc-pc-cp@guidescanada.ca Carol Kelly, Deputy Provincial Commissioner | qc-dpc-cpa1@guidescanada.ca

# Message from the PC Team



As the Guiding year draws to a close, girls are starting to think about their plans for next year. Bridging events provide an opportunity for them to see what their next branch might be like, build excitement, meet some new friends and ease some of the anxiety that moving to a new unit might cause.

As you plan your end of year advancements and events, feel free to invite the PC team to come visit. We'll try our best to be there as we'd love to meet you and the girls. And, of course, we'll bring our crests!

#### The PC Challenge: March

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Every month, the PC team will have a new challenge for you to help grow Guiding, cover parts of the program, or simply have fun!

This month, we're challenging you to hold a local bridging event. While all together, create the most creative bridge you can (using girls to form the shape, making it out of spaghetti or recycled materials, etc.) and send in a picture to gc-communications@guidescanada.ca.

Thank you to Kaitlin Winter and Valerie Zaloum who submitted their best tips & trips for helping homesick

Thank you to Kaitlin Winter and Valerie Zaloum who submitted their best tips & trips for helping homesick campers as part of the March PC Challenge!

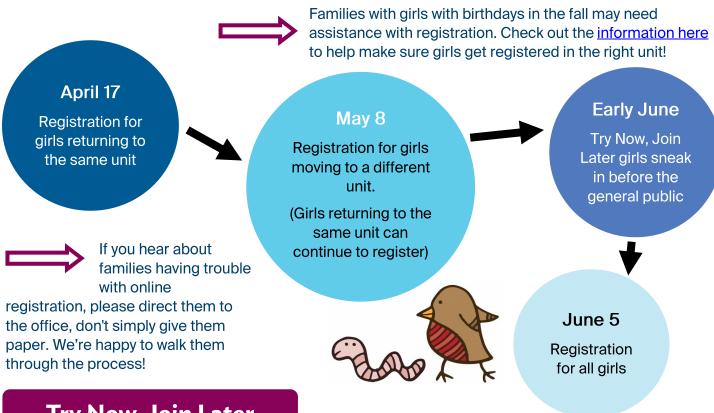
- 1. Magic Crackers works best with younger girls, who are homesick near bedtime. Take the girl aside and bring her to quiet place. Tell her you are going to get some magic crackers and these will help her feel better. (Soda crackers, or any other low in sugar, plain snack works). The combination of a bit of food and some one-on-one attention usually helps keep the homesickness at bay.
- 2. Keep her busy, busy! Homesickness generally rears its head during quiet time, when the girls are less engaged (ie, bed time, meal time). Offer some activities (helping out with prep that's going on, writing a letter home, or colouring) to help her distract herself. With older girls with reoccurring homesickness, try to help them identify a pattern of when they feel it, and come up with a plan to prevent it or proactively deal with these feelings.
- 3. For early or young campers, parents are the number one way to prevent homesickness. A child whose parent makes a fuss at drop off (ie. crying, "come say goodbye", "we will miss you so much") is much more likely to experience homesickness. Talking to parents (pre-camp) about hiding their anxieties and concerns at drop off can lead to a much smoother camp experience for all.

Read more tips on page 11.

# **Spring Registration**



# Spring registration happens in 4 stages...



#### **Try Now, Join Later**

What you need to know...We're piloting an exciting project giving new girls the chance to try Guiding for free this spring.

- ⇒ Units with available space can have girls join their group from now until the end of the year.
- $\Rightarrow$  These girls don't pay anything now and can choose to register online for the fall.
- ⇒ Girls must use paper registration this spring. A package with a cover letter can be found here (<u>FR</u> | <u>EN</u>)
  - ⇒ The A5.P and the IR.1 MUST make their way to the provincial office
- ⇒ Girls whose age would put them in one branch but who would be starting the following branch in the fall can "try" whichever one they prefer.

#### **Changes to the Online Registration System**

- ⇒ You can now search for more than one branch at once using the unit finder
- ⇒ Parents can now apply for membership subsidies online paper registration is no longer necessary
- ⇒ Families will be informed of the registration phases on April 17 through an eblast to all members



invites you to attend the

# Annual General Meeting and lunch

Saturday, May 4, 2019

Courtyard by Marriott 7000 Place Robert Joncas Saint-Laurent H4M 2Z5

Cost: \$35 for lunch Time: 11:45 am

Get your ticket here by April 19

Join us at the Annual General Meeting and lunch, where we will celebrate Guiding in 2018, recognize inspiring events and Guiders & share in the sisterhood of Guiding.

Start your day off with a special workshop session

#### Behind the Behaviour -

Tools and Tips to Handle Challenges with the Girls (and Other Human Beings)

An expert session to help communicate with, empower and understand the girls and women you Guide with.

9-11:30 am

Cost: covered by Québec Council Register here

# **Training News**

Heather Martin, Training Adviser | qc-training-formation@guidescanada.ca



#### CARD MAKING WORKSHOP with Joanne Millette

SPECIAL EVENT for Guiders and Rangers!!

Many people saw the Trefoil Guild activity at Symposium and wanted to try it! Joanne Millette will put on a special card making workshop for Rangers. Guiders, Link and Trefoil Guild members.

DATE: Thursday, April 18 7-9:30 pm

LOCATION: PBCA, 1510 Herron Rd, Dorval

COST: \$5 per person

**SIGN UP HERE** 

#### GUIDER TRAINING & SISTERHOOD EVENT

This April we will be offering a weekend getaway including training sessions for Guiders (18+) of different levels and interests. Please join us for a weekend of learning, laughs and sisterhood. The different options will run simultaneously. Each option needs a minimum of 6 participants to run so get your friends together to join the fun! Check out TEAM listed under GGC Trainings on the Training Tab of Member Zone.

ALL OPTIONS start Friday, April 12 at 8 pm and finish Sunday, April 14 at 11:30am.

Participants welcome to arrive anytime after 5pm (bring your own supper)

COST - \$40 per person

LOCATION: Chalet Lanaudière in Rawdon

(8082 chemin du lac Morgan, Rawdon (Québec) JOK **1S0**)

Option 1 - Outdoor Activity Leadership - Get Outside & Residential Training (Green pin)

Option 2 - Training - Introduction to Adult Learning & TRAINERS & TRAINING CANDIDATES GETAWAY WEEKEND Training Skills (Purple pin)

Option 3 - New Guider Training including About the Branch (Red pin)

Option 4 - Unit Guider Enrichment Training (participants will select topics) (Yellow pin)

**SIGN UP HERE** 

#### MENTAL HEALTH FIRST AID TRAINING CERTIFICATION

Learn about being the first aider for those who may be in Mental Health Crisis. This certification course is open to those in Guiding and the general public and is focussed on adults working with youth (14-29 yrs).

LOCATION: Dawson College (Room 3F2)

COST: \$125 (\$50 non-refundable deposit required to

hold your space)

May 24 evening and May 25 full day

SIGN UP HERE

#### OUTDOOR ACTIVITY LEADERSHIP - TENTING & ADVENTURE (part 1)

Interested in taking your unit and district camping experiences to the next level -- This weekend will include 2 options

**OPTION 1 - Tenting - for those newer to camping,** the sessions will focus on the tent and tarp use and care, outdoor kitchens and cooking, program activities, packing and more. Prerequisite: Residential Camping Modules or equivalent

TIME: Program 9 am Saturday - 2 pm Sunday (Friday arrival possible)

OPTION 2 - Adventure - as part 1 of several, the Adventure module focuses on trip design. risk management, adventure camping techniques, equipment, food and route planning Pre-requisite: Tent Camping Modules or equivalent

TIME: Program: 8 pm Friday - 2 pm Sunday (arrival as of 4 pm- BYO Supper)

LOCATION: Camp Wa-Thik-Ane (Montagnais Site)

COST: \$25

Dates: June 7-9, 2019

**SIGN UP HERE** 

For all current trainers and training candidates, we will get together to build our skills, share our knowledge and plan our year ahead! We are always looking to expand the training team! Pre-requisite: Introduction to Adult Learning

MARK YOUR CALENDARS -- Nov 1-3, 2019

**SIGN UP HERE** 

Have a group of 5 Guiders interested in a New Guider or enrichment topic? Please contact us at qc-training-formation@quidescanada.ca we will see what we can do to make it happen!

#### Even non-smokers can create "Second Hand Smoke"

Second-hand smoke comes from burning tobacco products and from exhaled tobacco smoke. Most of the smoke from a lit cigarette is not inhaled by the smoker, it fills the air around the smoker. This endangers everyone in the area. (Health Canada 2015)

We all know the dangers of second-hand smoke for children, teens and adults. As the weather becomes nicer and we are taking the girls outside more, we need to remember that Safe Guide indicates, "No adult member/GGC employee shall smoke in the presence of girls at a GGC activity or event. GGC strongly recommends that all GCC events be smoke-free."



But, let's be careful. The cloud created from the smoke created by gossip and a lack of confidentiality can be just as damaging as the type from tobacco products.

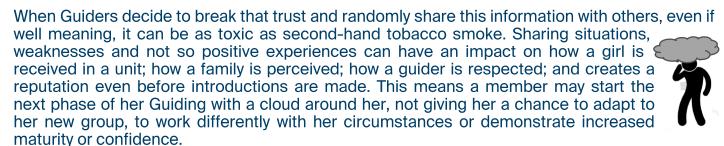
As the season for bridging and transitioning for girls and Guiders arrives, we often find unfortunate victims of "second-hand smoke". Let's try to be sure that we and our co-Guiders are not the ones creating or spreading the cloud.



Girl Guides is working hard to be a SAFE SPACE for girls and women. This means we, as Guiders, might know some family secrets; we have been made aware of personal

> challenges or failings; we have been present when girls or Guiders have made mistakes; and put ourselves into situations where we might not always be at our best. But as members of Girl Guides, we TRUST the girls and women we are

sharing this with.





Yes, there are circumstances and situations which need to be communicated between Responsible Guiders; but the time, place and method are important. Including the member, if age and circumstances permit EMPOWERS her and lets her know that we care not only about her, but about how she is perceived, and this can help prevent or dissipate a cloud she may be coping with.

So as you enable girls to leave your unit and move into the next branch, as Guiders switch units to take on a different program or take on the challenge of administration or advisory roles, remember that our promise challenges us to "Respect myself and others" and to "Take action for a better world." By keeping our mouths shut and sharing appropriately, we can respect each other by keeping confidential what needs to confidential and make the world better by ensuring all members Guiding experience is not clouded by second-hand smoke.



Why not attend a TRAINING session to learn more about working together and your responsibilities as a Guider?

# **Camping News**

Joanne Cardinal, Camping Adviser | qc-camping@guidescanada.ca



## Are you ready to think about the Wonderful Weeks at Wa-Thik-Ane?





#### We need you to help get the word out:

Check out our calendar and <u>brochure</u> for the upcoming season of summer camp and pass the news on to your girl members and their parents. It was also eblasted to them directly.

You are our Guiding voice!

Late Fee: Starting at 5pm on April 26, a late fee of \$30 will apply

#### The campers are coming and we need you!

So, pack your bag and come join us for some fun and adventure at WWWTA Summer Camp! We guarantee lots of new friendships and a backpack full of fantastic memories to pack home with you. If you think you can spare some time to help share in the fun and adventure of the outdoors with some young girls and the young at

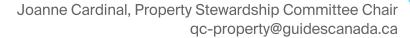


heart, fill out your <u>volunteer form here</u>. Even if you have only a few days to spare we would love to have your company at camp this summer. If you have any questions please do not hesitate to email Super Eagle at <u>qc-campwathikane@guidescanada.ca</u>, I would love to chat about what fits your schedule!

Wonderful Weeks at Wa-Thik-Ane July/August 2019										
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		July 1	2	3	4	5	6			
						Wee Camp 1				
	7	8	9	10	11	12	13			
Arts										
Week 1 and Adve	Brownie Camp Wee	Brownie Camp Week 1								
Week 1 Arts and Adventure	Guide Camp Week	Guide Camp Week 1								
ure	Pathfinder Camp W	Pathfinder Camp Week 1								
	Ranger Camp Wee	Ranger Camp Week 1								
	14	15	16	17	18	19	20			
Fun						Wee Camp 2				
Week 2 Fun with STEAM	Brownie Camp Week 2									
K 2 STEAN	Guide Camp Week 2									
<i>A</i>	Pathfinder Camp Week 2									
	Ranger Camp Wee	l e		l	I	ı				
z	21	22	23	24	25	26	27			
W <sub>a</sub> ture						Mom and Me				
Week 3 Nature Unleashed	3 day Spark/Brownie camp week 3									
shed	Pathfinder/Ranger	Pathfinder/Ranger Trail Camp								
	Guide Camp Week 3									
Week 4 Adventures under Canvas	28	29	30	31	August 1	2	3			
	3 day Spark/Brownie camp week 4									
4 er Car	Guide Expedition Camp									
ıvas	Pathfinder/Ranger Adventure camp									

Check out our <u>brochure</u> for the upcoming season of summer camp and pass the news on to your girl members and their parents. It was also eblasted to them directly.

# **Property Stewardship Committee**





#### Saturday, May 11

- Weather permitting we will pitch canvas tents; a minimum of 4 people is needed per tent.
- \* We will be cleaning and preparing Algonquin, Iroquois, Cree and Mic Mac.
- To complete these tasks, you will be provided with gloves, brooms and washcloths.
- Small repairs and maintenance tasks will continue around camp.

Sunday, May 12		
*	Continuing raising tents and cleaning sites	1371883
May	y 25 and 26	1059029
(VIA		1575003
*	Completing raising tents and cleaning sites	1350895

#### Food

- Bring a brown bag lunch for Saturday day shifts and Sunday day shifts. Bring your own mug and filled water bottle. We will supply snacks, coffee and tea.
- ♣ If we are able to tent overnight (weather permitting) meals for supper and next day breakfast will be communicated closer to the date.

#### Come camp at Wa-Thik-Ane this season!

X = Booked	Stavert	Huron	Iroquois	Algonquin	Cree	MicMac	Montagnais	Chippewa
May 31-June 2			X	X	X	X	X	
June 7-9			X	X	X	X	X	
June 14-16			X	X	X	X		
June 21-23				X				
June 28-30			X	X				
Aug 9-11								
Aug 16-18								
Aug 23-25	X	X	X	X	X	X	X	X
Aug 30-Sep 1								
Sep 13-15								
Sep 20-22								
Oct 4-6				X	X			
Oct 11-13								
Oct 18-20								

#### **Waterfront Staff**



#### Lifeguards and Boating Specialists Needed!

Come spend the hot summer days working at Wa-Thik-Ane. Do you or someone you know have qualifications and need summer employment? We have five weeks of summer camp this season requiring waterfront staff plus extra weekends.

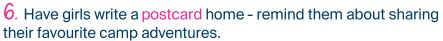
Check out required qualifications and job descriptions on our website. If interested, send your cv to gc-cvcamp@quidescanada.ca.

### **Homesickness Tips & Tricks**

### Continued from page 3

- 4. Always check in with "homesick" girls about their feelings.

  Occasionally girls will misidentify other specific anxieties as homesickness. It is much easier to address a concern or anxiety when it is properly described and understood. (ex, I once had a girl who told me she was homesick, but upon conversation she told us she was worried her parents "would be late picking her up, and then she would worry that they wouldn't come at all").
- 5. Encourage girls to keep a journal to share everything they do with their family when they get home.





- 8. Encourage girls to bring a family photo.
- 9. Let's Make a Deal if they don't feel happier by a mutually agreed deadline, then you will facilitate a call home. IF they come back at that time, remind them of all they enjoyed in the meanwhile and, if they're in a positive place, push off that call to a new deadline. If things go well, the call is never needed, and celebrate that with the girl.

If the call is needed, make the call and speak with the parent before passing the call over to the camper-together you can reassure all parties.

10. The favourite toutou is always welcome at camp - Guiders can bring theirs as well! Little girls can borrow a Guider's toutou for "extra" comfort!



# **Girls First**

Girls First Champions | qc-gfchampion@guidescanada.ca



As the end of the year is fast approaching, we have noticed that we still have some leaders and units that have yet to meet us!

We are available to come meet your district, unit, individually, in person, over the phone, over video conference and via email. We would very much like the opportunity to meet you before the end of the year!

If you are also looking for some Guider enrichment training or new guider training, we can coordinate a 2-in-1 session as

well, please contact <u>qc-training-formation@guidescanada.ca</u> and cc <u>qc-gfchampion@guidescanada.ca</u> with your request. We would like to remind you that the e-modules are also available.



#### The platform



The <u>platform</u> offers fun new ways to earn badges, bridge, and empower girls at every branch level.

Are you running out of ideas, looking to engage your girls or help them drive their program?

Did you know that **Instant Meetings** are available at every branch level for almost every theme and program area? These will take 1+ meetings to complete on average, depending on the age

group. Each instant meeting will have some background material on the topic, guidelines, objectives, outcomes and all your resource material; this includes any printouts, questions, cards, terms, templates etc. that your activities may require!

Each Instant meeting will have:

- A starter introduction activity, that will help introduce the topic
- Main activities, with the option to choose your themes and/or specific content
- A closing activity that will help guide a recap and discussion

This is a fun way to help your older girls learn to plan and lead meetings and activities for bridging at any branch level. This is also a great way to learn about new themes and program areas we may not be familiar with.

#### Girls First Launch Crests

Guiders, please remember to submit your receipt from the Girl Guide store with GF badges in order for the girls to receive their Girls First Launch crest!

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# **Program News**



Sharon King, Program Adviser; Emily Lillies, Deputy Program Adviser qc-programme@guidescanada.ca

# **Bridges Big and Small**

Changing branches can be daunting for girls no matter their age. They get attached to their leaders, they are comfortable. Bridging meetings or events can provide excellent opportunities to share the excitement that lies ahead when moving from one branch to another.

m ng

Here are a few types of bridging opportunities – it doesn't just have to be attending a meeting but rather, that can just be part of a bridging experience. Having a few "touch points" between the branches near the end of the year can mix things up and lend a little excitement to participating groups.

Sleepovers — especially for young girls, getting to know leaders from the next branch over a few hours in a caring, fun environment can help to allay any fears

**EVENTS** — Got a shoreline cleanup, a learn to curl outing, a tea party for grandmothers or a tree planting? This is a great way to show girls how branches are engaged in these activities.

**Challenges** — Working on a challenge together can help provide some structure to bridging and girls can see what they are able to do in the next level.

GUEST Speakers — Having girls work as buddies in inter-branch meetings to prepare a list of questions or prepare a hands on activity /game for a guest speaker can work well to build confidence in what new experiences that they can expect when they join the next branch. Get silly with some belly dancing or try a new skill by building something together!

**Community Service** — Working together is one of the easiest ways to integrate new girls moving from a branch. Meals on Wheels, Valentines for Vets, working at a food bank, so many ways to engage teamwork from branches united in great service.

One of the best ways to get some new ideas percolating is to ask your fellow Guiders. One shared idea can turn into a meaningful, fun experience for all involved!

#### **Adventure Smart**

Looking to invite someone new into your meetings? Adventure Smart delivers free programs related to outdoor safety. Learn more <u>here</u>.

#### **Trailblazer Award**

In 2018, the role of GGC's Chief Commissioner was retired and split into two new positions: Chair of the Board of Directors and Guiding Ambassador.

As a result, in April 2018, our final Chief Commissioner presented a new name for her award, which was supported by girls across the organization: the Trailblazer Leadership Award! GGC announced that this name change would take effect later that same year in September 2018.

To accommodate Rangers who prefer to complete the Chief Commissioner's Award (CCA), the availability of the CCA certificates and pins is being extended until June 2019.

After June 2019, all versions of the CCA will be retired. At that time, any Rangers working on the award can easily <u>transfer what they've completed</u> towards the Trailblazer Leadership Award.

# **Nominations**





Many senior volunteers' terms will be up soon and we're looking for members to fill the positions. Find out more!

Positions on Provincial Council
2nd Deputy Provincial Commissioner (available now)
DC Representative(s)
Risk and Compliance Adviser

Adviser/Specialist Positions Camping Adviser Membership Adviser

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# **Youth News**

Alexandra Meredith, Youth Voice | qc-youth@guidescanada.ca



#### **Trip to Ottawa**

On June 1, join the Pathfinders, Rangers, and the Next Generation Forum!

Where: Ottawa

When: Saturday, June 1 - Sunday, June 2, 2019

Who: 3rd year Guides, Pathfinders, Rangers and Link members. Individual

sign up, patrols not needed!

What: Attend the Girls' Open Forum at the National Annual General Meeting and Explore Ottawa!

- Girls' Open Forum
- Shopping
- Parliament Tour
- Murder Mystery
- Exploring the city!

Why: National heard your opinions from last year and have made changes

based on your thoughts! Have your voice heard on a national level and explore our nation's capital!

**Price:** \$45

Register: Through this form

Questions? Email qc-nagm@guidescanada.ca.

Deadline: April 19, 2019

Curious to know what the Girls' Open Forum is all about? Check out the bloom that Kyla wrote after attending last year's event!

The first 15 girls to register (with payment and forms received) will get an exclusive swag item!

#### **Meet the New Next Generation Forum**



#### Abby

My name is Abby and this is my second year with the Next Generation Forum. I am currently in my 3rd year as a Pathfinder in Lakeshore District and I work with a local Brownie group every week. I like Guiding because I can learn new things, camp with friends and meet new people.

#### Brianna

Hi I'm Brianna from Northern Lights. I will be starting my  $3^{rd}$  year as a Pathfinder and  $5^{th}$  year of Guiding. I am also a returning Youth Council member. Being on Youth Council this past year has opened up a whole new world of guiding. I got to work with Girls First and on many provincial committees . Having our voices heard and ideas being used shows that we matter and can make a difference.



#### Talia

Hi I'm Talia. I'm a grade seven student who likes art, swimming and learning. I also love reading and writing, and I'm even writing my own book. My family and my friends are really important to me. I've been in Guiding for 8 years and I am in my 1st year of Pathfinders. My favorite things in Guiding are arts & crafts and camping. I collect lots of interest badges and like planning meetings. I am a good leader, and I am very enthusiastic. I look forward to being on the Youth Council.

#### Melanie

My name is Melanie and I am a first year Pathfinder with the 2<sup>nd</sup> Lakeshore Pathfinder unit. I have been in Guiding since I began as a Spark in 2011. I like horseback riding and figure skating. My favourite part of Guiding is the amazing activities we do. I always feel like I've learned something new every time I leave a meeting. I also love camp. Meeting new people and hearing the cool stories they have to share is always a great experience!





#### Kyla

Hi my name is Kyla. I'm 14 years old and I've been a member of Girl Guides since I was 6 years old!!! I'm excited to be representing the youth members of our province on the QC Youth Forum, and I'm looking forward to participating in planning provincial events, trying new things, and meeting new people!

#### **Emily**

I started Guiding when I was about 5 years old, so I've been in guiding for 12 years now, I've been in it since Sparks and now I'm a Ranger. I have always loved the camping trips and making new friends as new people joined the group. I also always enjoy selling cookies, as I have sold way too many and I hold the record for most sold in Québec. I am proud to be a Girl Guide as they change the lives of girls and I am excited to help change the lives of these girls by helping with this council. The impact that Girl Guides has had on my life is immeasurable and I want to give back to show my gratitude.



# **Link News**

Olivia Durand, Link Liaison | qc-link@guidescanada.ca

### **Upcoming Events**

Are you thinking about joining us or are you curious about Link? We will be hosting out **first meeting of the year** at the Montreal Forum. We will be focusing on some Active Citizenship program activities. We invite you to attend and share your ideas, connect and meet new people. Please RSVP your attendance to <a href="mailto:qc-link@quidescanada.ca">qc-link@quidescanada.ca</a>.

April 20 at 5 pm at the Montreal Forum 2313 Saint-Catherine St W, Montreal, H3H 1N2 (Atwater metro) Additional details to be provided on request and updates will be available on the Facebook event page.

Link members have been invited to **NAGM Ottawa trip** June 1-2. Deadline April 19. See <u>page 14</u> or more details.

- → Not sure if you are a member? <u>Send us an email</u> and we will make sure you are registered.
- ⇒ We have an <u>active Facebook group</u>, please let us know if you would like to join, share your ideas and get the latest Link news!
- ⇒ Link merchandise is available in the Girl Guide store.



# **PR News**





#### St. Patrick's Day

Congrats to all the participants of the Hudson and Montreal St. Patrick's Day parades for braving the cold and showing off their Irish spirit.

#### National Women's Show

We would like to take a second to thank all the volunteers who helped out with the National Women's Show in March. We had so many great interactions and opportunities to share our love of Guiding. We could not have done it without you!



#### PR Events

A friendly reminder that you must email me (<u>qc-pr-rp@guidescanada.ca</u>) about upcoming PR events in your communities. I am trying to get a better picture of PR events in the province and how I can help you increase membership growth and gather new volunteers in your districts. We have a <u>form</u> to better understand the use of PR in the province and we encourage you to fill it out if you have held a PR event in the last 12 months. Feel free to reach out if you have any questions about the event form, events in your district or <u>PR materials we currently have on the website</u>.

# **International News**

Valerie Zaloum, Event Lead | qc-international@guidescanada.ca

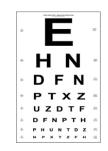




What do you SEE for GGC Travel in 2020?

Will you apply for sponsored travel opportunities? Or maybe plan an independent trip within your District, or inviting neighbouring Districts?

The National Sponsored Travel (NST) will be posted late this spring, but...



#### Announcing...

Quebec Council sponsored travel for summer 2020



Near Edinburgh Scotland from 2 – 8 August, 2020
Will be seeking 2 Guiders and a Pathfinder/Ranger\* aged patrol



On Vancouver Island, in Sooke BC July 24 – August 1, 2020 Will be seeking 1 Guider and a 4 Ranger aged\* half-patrol

Watch the May Piccolo for details on how to apply for these fabulous opportunities! Guiders subsidized at 100%, Girl participants at 80%!!

\*At time of travel

# **Trefoil Guild News**





If anyone is interested in finding out about a Trefoil Guild or wants to join a Guild in Québec please contact Ellen at qc-trefoil-trefle@guidescanada.ca.

# Voilà Québec!

Emily Lillies, Event Lead | qc-voilaquebec@guidescanada.ca





Voilà Québec! is now on Instagram!

Keep up-to-date on all camp news, activities, and beautiful pictures of our favourite camp by following us. :)

Is your patrol doing something special (fundraising, bonding, etc.) to prepare for camp? Send us a photo and we'll share it!

Know someone who's attending? Make sure to share this with them.

# **Guider Getaway Event**

Sara Ogilvie, Event Lead | qc-guidergetaway@guidescanada.ca



Sitting by the lake enjoying a good book or the company of fellow Guiders, finally getting a chance to sew your crests onto your poncho/blanket, going on a hike to explore camp, swimming or boating – all things you can enjoy at the **Guider Getaway – Cheftaines en Cavale!** 

The Getaway weekend is all about allowing you to experience camp in a different light. It's a chance to unwind and have fun at Wa-Thik-Ane any way you choose.

Free and paid sessions will be available again this year. Some popular activities from last year will be back as well as a few new ones.

If you are interested in attending this rejuvenating adult-only weekend – please save the date!

#### August 23-25 at Wa-Thik-Ane

The link for registration will be in next month's Piccolo. Can't wait to see you there!



# Safe Guide News



Pam Godfrey, Safe Guide Adviser | qc-safeguide@guidescanada.ca

There are many upcoming activities as our Guiding year comes to an end. Remember to consult Safe Guide to help in your planning. There are many specific activity planners to help you.

#### Safe Guide Tips & Hints

Nobody wants to have to redo their Safe Guide forms. Keep these tips in mind to save yourself some time.

- The Safe Guide document is extremely helpful in planning your activities with your unit. You can find it here.
- Always use the most up-to-date forms: SG.1, SG.2, SG.3, SG.4 etc. Did you know the forms are
  updated every year in July? The date is located in the bottom left corner of the document. If you
  complete an outdated form you will be asked to redo the forms by your assessor.
- Forms can be found on the GGC National website (girlguides.ca) or the GGC Quebec website (guidesquebec.ca). Go to the bottom left corner, click on Forms, then find the Safe Guide, Activity Forms and proceed from there.
- You can use your previous paperwork as reference. If you are not sure about an aspect of the forms, ask someone in your district to help you.
- Your SG.3:
  - Use Names and iMIS numbers for all Guiders and your Home Contact Person.
  - The same person cannot be both the Responsible Guider and the Substitute Group Leader.
  - Remember to tick all the appropriate boxes on page 2.
  - Insert your iMIS number in the signature space
  - The request for assessment must be sent by the event's Responsible Guider for review, as she is the one in charge of all aspects of Safe Guide compliance. If it is sent in by someone else, it cannot be assessed.
- Make sure your SG.4 is very specific. Assign each Guider a specific task for each emergency situation.
- Remember that your forms for yellow level events should be submitted at least 14 days prior to your event, and those for red level activities should be submitted at least 21 days prior to the event. If you are planning an International or Interprovincial trip you must complete your preliminary SG.8, IT.4 and FR.1 from 18 months to two years in advance.
- All forms are to be sent to <u>qc-sg-gs@guidescanada.ca</u>. If you do not get an automated response, you
  did not send it to the correct address. If you do not hear from an assessor within a week, please
  contact the above address for follow-up.

# All SySTEMs Go!

All SySTEMs Go! Team | stem.stim@guidesquebec.ca

The All SySTEMS Go! STIMulez vos neurons team is looking for volunteers to help plan and execute this provincial event to introduce Guides, Pathfinders, Rangers, Link members and Guiders to various STEM fields in May 2020.

Interested members (Pathfinders and up) who are passionate about science and would like to get involved can contact the team at <u>gc-stem-stim@guidescanada.ca</u>.



# **Awards News**

Annette Levasseur, Awards Liaison I qc-awards-prix@quidescanada.ca



Recognizing adult members is an important way to help our volunteers feel valued and thanked. Anyone can submit a nomination.

#### Award of the Month: Gold Thanks Pin



The Gold Thanks Pin may be given to a girl or adult member who has contributed in any capacity that deserves thanks. There is no specific criteria, other than that a member must have displayed service deserving of thanks. The pin is often given for one specific action, but can also be given for overall good service. Nominators must provide a complete R.3 form, along with a letter describing the nominee's service to Guiding. The Gold Thanks Pin may be awarded more than once to the same member, but consideration should be given to the presentation of a different award.

Buzz words for Award Letters Thanks Pin	1422738 1120063 1637569 1340282 1701964
)	119953

### **Congratulations!**

Emily Lillies...Here's recognizing one of our own. Emily was a recent recipient of the LIVE Centre Volunteer Recognition Award at Concordia. Nominators had to elaborate why Emily was an outstanding volunteer, to give examples of the nominee's involvement and the impact it had on Concordia, Montreal and the global community. Congratulations Emily!

Pam Ireland and lizzie Knowles

## **Scholarships**

GGC Québec Counil offers scholarships to current members in Guiding pursuing postsecondary education. Read all about them and find out how to apply!



Information and application

Questions? <a href="mailto:gc-awards-prix@guidescanada.ca">gc-awards-prix@guidescanada.ca</a>

Deadline: June 1

#### Tip of the Hat

Rachel Bachmann, Rachel Baker, Elizabeth Barnes, Samantha Burgess, Mayali Cousineau, Jennifer Desjardins, Kimberley Devey, Olivia Durand, Elena Grager, Amanda Guay, Kirsti Harris, Pam Ireland, Lizzie Knowles, Andrea Munster, Stéfanie Nolet, Chelsea Oki-Gillan, Marie-Ève Sauriol Hivon and Kelly Vandzura



We would like to extend a sincere thank you to the ladies who came and manned the PR booth at the *National Women's Show*. We could not have accomplished what we did without them.

Carol and RoseAnna

Alison Ross, our Unit Treasurer has held the position for five years!! Every week she sits behind her laptop, crunching our numbers, collecting forms and funds. She oversees the distribution of cookies and makes sure that all the monies are collected. She can always be counted on to help sell cookies and she is out there rain or shine! She is welcoming and never without a smile. Her bubbly laugh is contagious and she brings a happy energy to our meeting space. We would be lost without Alison's excellent financial guidance, her ability to keep our paperwork organized and on track and her gracious ability to chase down missing funds with tact and humour.

Natasha LaChapelle...Chambly's Unit Brownie leader. I haven't really had the pleasure of working with her side by side until a recent sleepover and I was so impressed I had to write in. Natasha is exactly what you want for your daughter's Brownie leader. She is friendly, she is always happy, always smiling. She is quick to reassure girls when they need it and she is also patient enough to allow them room to experiment and grow. She is completely selfless when it comes to caring for the girls – if they need something she is right there willing to help. She has a kind word for every girl and is eternally patient and kind. The Brownies are very lucky to have Natasha as their leader and she sets a great example to the other leaders.

Amanda Schleider...is the Chambly Guide leader and she is amazing. She works hard to make sure the girls are learning valuable Guiding lessons and she has taken the time to try and adapt to the new program while juggling a demanding work schedule and furthering her education. Amanda has worked hard to foster lasting community connections with the greater Chambly area and has been instrumental in the unit's continued participation in the Remembrance Day Parade, an annual blood drive with Hema QC, and a recurring Earth Day clean up. Thanks to Amanda's efforts Guides are becoming increasingly recognized in Chambly and the unit continues to grow.

Sarah Horrocks

You can also send a Tip of the Hat to a Guider. Submit her name, her district and why she is special to the Awards Team (qc-awards-prix@guidescanada.ca). The Guider will receive a crest at home and it will be published in the Piccolo.

# **Cookie News**

Bethan Wardrop, Cookie Adviser qc-cookies-biscuits@guidescanada.ca



- Cookie All Stars is for both Mint 2018 and Classic 2019. It closes on May 1. Log in here.
- Only the Contact Guider will be able to log cases.
- Group sales count for cookie all stars too!
- Rewards under 80 cases will be sent to Guiders to give to their girls. Prizes for over 80 cases will be sent to the girls directly.



We have both mint and sandwich cookies available at the office.

Let us know if your unit or district needs more!

# Treasurers' Trove

Claire Morier, District Treasurer Support Liaison qc-district-finances-secteur@guidescanada.ca



Take a look at last month's Piccolo and the October 2018 Piccolo for more info on accounting for cookies.

If you have any questions about accounting for cookies or taxes or anything else about Guiding finances, please e-mail gc-district-finances-secteur@guidescanada.ca.

## First Aid News

Au Secours Denise OBriain offers courses tailored to the needs of GGC as per Safe Guide 2018

\*\* Note that GGC does accept first aid certification from other providers too! \*\*

#### Standard First Aid & CPR/AED Level C Course - BLENDED LEARNING format

- Complete the first half of the course online at home, at your own pace, prior to the course date
- Then participate in the ONE DAY hands-on teaching/skills-practice in-class session
- Equivalent to the previous 16-hour in-class teaching and practice format
- Access to the new Canadian Red Cross online portal and useful online resources
- NEW Canadian Red Cross First Aid & CPR Manual 2017 edition
- Digital Certification upon completion valid for 3 years
- Special reduced rate for GGC \$110 per participant (no tax)

<u>Upon completion</u>, GGC – Québec Council will reimburse 2/3 of the cost for active Guiders

For more information or to register, please email Tricia Lax at <u>ausecours.firstaid@gmail.com</u>



Girl Guides of Canada — Guides du Canada, Québec Council 270-100 boulevard Alexis-Nihon, Saint-Laurent, Québec, H4M 2N7 qc-info@guidescanada.ca | 514-933-5839

# **Local Stories**

- Chateauguay Guides had a paint night.
- Laval-Mille-Iles District held their annual Pink Pearly night and collected personal hygiene products for a women's shelter in Laval
- Northshore Pathfinders planned a meeting for Sparks
- Northern Lights Brownies held a role model sleepover
- Northern Lights Pathfinders and Rangers went on a laser tag outing
- Pincourt Brownies learned about habitats with guests from John Abbott
- Secteur Argenteuil Guides had a spa night and Sparks visited a farm to see baby sheep
- Riverdale girls had a great time at winter camp and Riverdale Guides taught Sparks and Brownies some songs and games.
- Chambly girls held a career night
- Valois Dorval Rangers visited their local Brownie unit and went to the National Women's Show (cover photo).



















Let us know what your unit/district is up to and earn a NEW crest!

Have an event you'd like to invite others to? Email <a href="mailto:gc-communications@guidescanada.ca">gc-communications@guidescanada.ca</a> and we'll help you get the information out!