



## Summer Camp 2015- Wonderful Weeks @ Wa-Thik-Ane



*“Ah, summertime at Wa-Thik-Ane, the lapping water, campfires, singing and watching new friendships grow!” -Super Eagle, a.k.a Joanne Cardinal*

Boating, scavenger hunts, zip-lining, sleeping under the stars, and braving stormy weather are just some of the fun activities campers got to try this summer.

[Click here](#) to read all the blog posts from Wonderful Weeks @ Wa-Thik-Ane 2015! See more from summer camp on [page 4!](#)

Psst! News from around the province! District stories are on [page 14](#)

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### Highlights:

- [Are you a Ranger who loves camping? Take part in the OAL training weekend!](#)
- [NEW! Québec Tech and Nature Challenge!](#)
- [Twinning Challenge Crest!](#)
- And much more!

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*Can you hear it?* Twenty Guiders gathered to put plans together last week for Fall Day Camp on October 3<sup>rd</sup>. *Can you smell it?* It's fresh hot coffee, as Guiders touch base, catch up, reach out and make plans. *Can you feel it?* It's crisp colourful posters on cork walls and warm photocopies for schools and community centers.

The Guide-y senses are all tingling – Girl Guides are starting their engines, across the province! Yes, it's the tried and true sighting of our Back-to-school/Back to Guiding season – and along with them, some brand new sights to see:

**NEW!** Guiding Unit to open in the Plateau!

**NEW!** Guide Unit to open in the Milton Park sector (aka The McGill Ghetto)

*Know anyone who lives in the Plateau, Mile End and Milton Park ? They never had a chance to send their girls to Guiding because we were all too far? Please reach out to those friends now!*

**NEW!** Design of 'Bring A Friend' crests in the office soon – wait 'til you see them! You will want to earn many!

**NEW!** Québec Annex program materials and badge : [Québec Tech & Nature](#)

**NEW!** Fall provincial Spark event – get in on the planning – [see page 6](#)

**NEW!** Young Women's Forum and National Conference attendees are moving forward on a plan for a Youth Council in Québec

*first planning event: September 19<sup>th</sup> Mountainside Church in Westmount –*

*Want to be a part of these first steps? See [page 5](#)*

Along with all this NEW is the vital renewal of our established Guiding connections for a new season.

Have a great start – reach out to your members, welcome them all home! And keep your eyes peeled to grow your Units and Guider teams. Don't forget to share referrals with the office so more girls and women can find Guiding in their own communities!

I can almost taste the possibilities!



## Girl Greatness Starts Here – with the help of Great Women like you!



The Québec office has a new promise

## 2015 Quebec Provincial Day Camp

Saturday, October 3<sup>rd</sup>

*A wonderful day at Wa-Thik-Ane*

**What:** Camp fun at our provincial camp in Morin Heights, camp skills, games, outdoor cooking  
The goal of this event is to encourage new and experienced campers and Guiders to visit the camp and try camping without the concern of the overnight or the required planning and to give those who love camping another chance to enjoy it before the winter.

**When:** Saturday, October 3<sup>rd</sup>, 2015  
9:30 am—arrival at Wa-Thik-Ane, Morin Heights  
7:30 pm—departure from Wa-Thik-Ane, Morin-Heights

**Transportation:** Departure approx. 8 am, from location on the registration form; return approx. 9 pm to same location  
One Guider per full patrol (based on branch-specific ratio) travels free

**Who:** Guiders of all branches and their girls  
Each Guider may bring a full patrol (based on branch specific ratio)  
Mixed groups must meet youngest girl ratio  
A PRC-checked adult female may accompany girls in place of a Guider, but will be expected to participate as a facilitator of the day's program

**Cost:** \$45.00 per person (girls and adults)  
Includes 3 snacks, 2 meals, a crest and activities  
Includes transportation –see discount on registration form

**Forms:** Patrol Registration Form, SG.1, SG.2 and a flyer for families (in English and French) are available on the [Forms page](#) of the Québec website.



TO REGISTER: Complete the **PATROL REGISTRATION FORM** after reading the attached instructions and then email it to: [camping@guidesquebec.ca](mailto:camping@guidesquebec.ca)  
or fax it to the provincial office at 514-933-7591

**Strict deadline for registration Monday, September 28<sup>th</sup> at 9am.**

*The planning team is looking for volunteers!*

If you are interested in helping our fantastic planning committee, please contact Angie Kruller, the Provincial Camp Adviser at : [camping@guidesquebec.ca](mailto:camping@guidesquebec.ca)

No experience is needed to be part of the planning team-just a love for camping and the outdoors!





Joanne Cardinal, Summer Camp Coordinator | [wwwta@guidesquebec.ca](mailto:wwwta@guidesquebec.ca)

### *P.S. Camp Lost and Found!*

We have a small pile of lost-and found items from summer camp at the office. If a girl left something at camp please have her family call the office: 514-933-5839

## From the Property Committee

### Wa-Thik-Ane sites available for fall

Aug 21-23—All sites available

Aug 28-30– Stavert, Algonquin, Cree, MicMac, Montagnais, Chippewa

Sept 4-6– Labour Day weekend, All sites available and **your third night is free!**

Sept 11-13– Iroquois, Algonquin, MicMac, Montagnais, Chippewa

Sept 18-20—Stavert, Huron, Iroquois, MicMac, Montagnais, Chippewa





# From the Camping Committee

SAVE THE DATE!

## GUIDE PROVINCIAL WINTER CAMP 2016

*The first ever Québec Guide Provincial Camp that took place in March 2014 was a huge success so we are doing it again!*

**SAVE THE DATE – January 29-31, 2016**

**Location : Centre de Plein Air L'Estacade, Saint-Paul-de-l'Île-aux-Noix**

Please take the date of this event into consideration when planning your Unit/District winter camps.

More information on this event and the registration forms follow in October.

Planning for this event will start shortly after the Fall Day Camp. We will be looking for Guiders to be part of the planning team for this event. Guiders from all branch levels are welcome to be part of the planning team. Familiarity with the Guide Program would be an asset but is not required.

A call out to Guiders to be on the planning team will go out in the September/October Piccolo.

Patricia Tellis, Deputy Camping Adviser | [camping@guidesquebec.ca](mailto:camping@guidesquebec.ca)

## Calling All Rangers and Young Guiders!

Among the many things that were shared at Young Women's Forum in June, a plan was set in motion.

Several provinces have established groups that represent the needs and pulse of youth members and young adult members. Inspired by some of the sharing at the National Conference in April, and further fuelled by the enthusiasm of members at Young Women's Forum, we invite:

**Ranger-aged Members and Young Guiders (18-25~) to get together on**

**Saturday September 19th at Mountainside Church Hall in Westmount**

Several Guiding activities will be taking place at this venue that day, one of which will look at setting up how Québec will move forward on a council for youth in our province. We will be looking at

- The directions this group can pursue
- How members will connect and communicate
- Who will represent the group in the bigger Guiding community
- Its management and the roles required
- Seeking candidates to fill the roles you believe are important to this new body

After a first exchange session on these ideas, the group will head out for a social brunch activity – details to follow – to further build this plan. To permit arrangements for this portion, we will need an RSVP from those intending to be there.



Other Guiders travelling to Westmount for the day may be able to carpool, and the brunch crowd may return to the main

Stacie Bouchard, Deputy Provincial Commissioner | [dpc.cpa-Stacie@guidesquebec.ca](mailto:dpc.cpa-Stacie@guidesquebec.ca)

We know you have all been patiently waiting for this announcement since the June Piccolo. So without further ado . . . drumroll please...

*Introducing Québec's new badge:*



Start your Guiding year off with a bang and bring science to your meetings with Québec Tech & Nature.

Build a mystery tube, explore geology with candy, sing about the water cycle, dance like a honey bee and so much more!



Get in touch with the program team to help plan a provincial Spark event this fall!  
We need your ideas to put together a great day for our youngest branch!

[programme@guidesquebec.ca](mailto:programme@guidesquebec.ca)

Charyl Hyndman, Program Adviser—Lizzie Knowles, Deputy Program Adviser | [programme@guidesquebec.ca](mailto:programme@guidesquebec.ca)

Add some movement to your  
meeting!



**Kidding Around Yoga** specializes in sharing yoga and meditation with children ages 2-12. We teach a mindful and traditional approach to yoga with a lot of KIDDING AROUND! We use our own music, games, as well as other tools and activities to help children focus their minds and stretch their bodies, all while having loads of fun. Contact us today to organize a class for your unit! (Badges are available) Cost is \$8 per girl, or \$10 which includes a crest. The instructor can bring 30 yoga mats if needed

**Kidding Around Yoga with Brooke**, Certified instructor: Brooke Singleton

Phone Number: 514-220-2914,

Email: [brooke@kiddingaroundyoga.com](mailto:brooke@kiddingaroundyoga.com)

Website: [www.kiddingaroundyoga.com/brooke](http://www.kiddingaroundyoga.com/brooke)





# OAL Training Weekend

## Outdoor Adventure Leadership Camp Weekend!

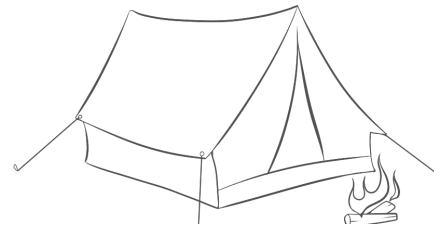
Take advantage of this “pre-Guiding year” opportunity to participate in the always popular and fun OAL camp weekend. For your convenience arrival is Saturday morning and departure is midday on Sunday. Enjoy the camaraderie and Guiding spirit that this event provides.

**Dates:** Sept 12 – 13, 2015

**Where:** Camp Wa-Thik-Ane – Morin Heights

**Sites:** Stavert, Huron and Cree

**When:** Arrival- Saturday 8:30AM, Departure- Sunday 2:00PM



**Registration Deadline: August 28, 2015**

Full kit lists and more information will be sent to participants closer to the event date.  
Please address all questions to Joanne Millette at: [training.formation@guidesquebec.ca](mailto:training.formation@guidesquebec.ca)  
[Registration form can be accessed here](#)

### **OAL TRAINING – JUST ADDED**

#### **Training in Patrol Style Camping for Pathfinder and Ranger Leaders:**

If your unit is ready for more independent camping and you are not sure where to start, this training is for you. We will look at ways to teach and encourage the girls to run their own camp by empowering them with the knowledge and experience to work within the support of a patrol setting. You will spend the weekend on Cree site living the patrol system experience.

If you are interested please fill in the OAL training registration and indicate “Cree Site” on your form.

#### **An Invite to Rangers:**

The OAL training is a great opportunity for **Rangers** to share their camping skills and pick up tricks and techniques from other campers. We would love to see you there, please join us!

### **Tent Camping:**

Are you ready to take your girls on that outdoor camping experience but you just don't know where to start? You have never put up a tent and just don't know where to begin. “Tent Camping Training” will give you the confidence and skill needed to enable your girls to help plan and execute a fun filled safe camp.

During this interactive tent camping experience we will cover:

- Planning and Packing
- Tents and Tarps
- Kitchens and Cooking
- Activities and Program

You will be sleeping in canvas tents on floor boards on Huron site.

### **Residential Camping:**

Have you taken your girls residential camping (camping in a building)? Have you organized an overnight or weekend camping experience? Do you want to feel more confident in working as a team leader and delegating tasks? Well then “residential camp training” is for you.

During this interactive camp weekend we will cover:

- Leadership styles/Key areas in Safe Guide that relate to planning and running camp/ Supporting girls to challenge themselves.
- Camp Planning
- Food and Nutrition
- Camp Life

You will be sleeping in bunk beds in the dormitory room at Stavert lodge.

Joanne Millette, Provincial Training Adviser | [training.formation@guidesquebec.ca](mailto:training.formation@guidesquebec.ca)

## **New Guider Training – Saturday, September 19<sup>th</sup>**

This training will include everything needed for a new Guider to get started! Sessions will include *Safe Guide*, *Building Unit Guider Skills* and *All About Your Branch*. DC's encourage your new Guiders to save the date.

If you are interested please send an e-mail with the subject "New Guider training" to [training.formation@guidesquebec.ca](mailto:training.formation@guidesquebec.ca). Please include your name, your IMIS number, your district and the branch you will be working with in the fall.

## **Safe Guide Training – Saturday, September 19<sup>th</sup>**

This training is open to all new Guiders, Guiders who have not fulfilled their six month commitment to complete Safe Guide training or to any experienced Guider who would like to refresh her knowledge of our safety management procedures.

Remember that Safe Guide is a living document that changes according to the needs of our members. Are you aware of the latest changes? Guiders registering for the New Guider Training will automatically be registered for Safe Guide training.

If you wish to attend the Safe Guide training **only** please send an e-mail with the subject "Safe Guide Training" to: [training.formation@guidesquebec.ca](mailto:training.formation@guidesquebec.ca). Please include your name, your IMIS number, and your district.

**Date:** Saturday, September 19<sup>th</sup>, in conjunction with the Provincial DC Day

**Time:** Safe Guide Training 8:45 – 11:30 AM / New Guider Training 11:30 AM – 3:30 PM

**Location:** Mountainside Church – 687 Ave Roslyn, Westmount, QC

**Cost:** \$5, cheques payable to 'GGC Québec Council (Please bring payment to the training). There is no cost if you are taking only the Safe Guide Training and not staying for lunch)

**Registration Deadline:** Friday, September 11<sup>th</sup>

**What to bring:** Pen/ Paper/ Mug/ Special dietary needs/ A smile (lunch and snacks will be provided)





Another Guiding year is here, which means the chocolatey mint cookies will be with us shortly.

When you are planning your weekly meetings don't forget to plan in cookies. There are tons of resources for a cookie focused weekly meeting— giving them more information and cookie selling strategies gets girls excited about selling cookies!



Explain why we sell cookies and what girls can get out of selling them, (it funds a big part of the organisation, paying for camp, district events and other fun activities) and they can develop their confidence, handling money, and practise working with others. It's especially important to express to families who are new to Guiding why we sell cookies.

There are lots of helpful things on the '[Cookie Resources](#)' page of the website:

- '[Secrets of the Cookie Sellers!](#)' tips on promoting cookies in your unit
- 'Cookies on Board / Biscuits À Board' printables
- Info letters for parents English / French
- Cookie Dough Dollars—use these in your unit to let girls choose songs, activities or other privileges

Don't forget we have spring cookies in the office!  
(See [Cookie Selling Secret #7](#))



### Cookie All Stars

Look for the names of the Québec Cookie All Stars in the September Piccolo!

Fall Cookie Day in Canada is October 17th and 18th



**Pin it!** Check out our [Cookie Secrets Pinterest board!](#) Let us know **your** cookie selling secret for the board!



# Membership Growth and PR

What upcoming recruitment or welcome back events do you have planned?

We want to hear from you so we can help to promote all the great things going on in your district! Would you like to plan an event but you're not sure where to start? Speak with your DC or District PR Adviser. They have a variety of resources at their disposal.

If you don't have a District PR Adviser and you're passionate about growing Guiding—you might consider if the position is a good fit for you! The PR and Membership Committee is always looking for new members. Email us at [pr.rp@guidesquebec.ca](mailto:pr.rp@guidesquebec.ca) so we can let you know about the next meeting.

Don't forget to visit the [PR and Membership Tools](#) page of our provincial website for some handy resources including [Recruiting Greatness](#) – a guide to organising a stand-out recruitment event, talking points, and templates for follow-up emails.

- **'At a Glance'** handouts on the branches
- **How to register online**—in English and French
- **Follow up email templates**— Streamline the process of responding to family inquiries.
- NEW design of the bring a friend crest! Coming soon!

Shannon Jackson and Diane Oki, Provincial PR Advisers | [pr.rp@guidesquebec.ca](mailto:pr.rp@guidesquebec.ca)

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## Help us plan the celebrations of 2017

### If you were at the Québec AGM, you heard the very first buzz!

2017 will be a very special year in Montréal, as the city and the country celebrate milestone anniversaries. Girl Guides in Québec can be part of that celebration, by staging a special event or set of activities to be run in 2017 all on our own, to piggyback onto those of this historic year.

Furthermore, Valerie and your Council will finish their term in 2017 – what better way to turn a page than with a PARTY!

Québec Council will be collecting suggestions, ideas and full blown proposals from now until the middle of November, in order to build a plan for a big celebration, one that is open to the whole Guiding community (remember 2010? 2017's Brownies weren't even BORN then, so we are surely due!)

Do a little blue sky dreaming – share your ideas, and/or your interest in being part of the dream team, to [admin@guidesquebec.ca](mailto:admin@guidesquebec.ca)  
Subject line: Dream 2017



*Sweet dreams!*

While you've got your thinking cap on, 2016 is the 90th anniversary of Camp Wa-Thik-Ane- think about ways you could incorporate the history of our storied and historic site in your camp plans for next year!

*Yes, there will be a crest for that!*



## New! Twinning 2020 Challenge Crest

The following requirements need to be met in order to earn the Twinning 2020 Crest:

Participate in three of the following:

- 1) Play the WAGGGS World Thinking Day 2015 Game
- 2) Participate in 2 of the activities from the Peru Instant Meeting on the provincial website and share your experiences via photo or video on the [Twinning 2020 Peru – Canada Facebook page](#)
- 3) Participate in International Day of the Girl 2015 activities (TBA)
- 4) Participate in World Thinking Day 2016 activities (TBA)

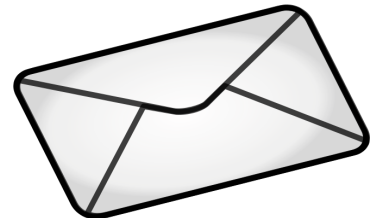
Crests are available at the [Girl Guide Store](#)



Catch more Twinning fun in the Fall 2015 issue of [Canadian Guider!](#)



Would your unit like to become Pen Pals with girls in Peru? Have them sign up for the Twinning 2020 Pen Pal initiative to connect with girls in Peru! [Register at this link.](#)



Lori Labelle, International Adviser | [international@guidesquebec.ca](mailto:international@guidesquebec.ca)

## Travel Connections

The office received this note from a Nova Scotia Guider:

“My name is Angela, I am a Guide leader in Timberlea, Nova Scotia. I am in the beginning stages of planning a Guide trip to Montreal. I have gotten GGC approval for the trip and currently working on fundraising approval and girl/parent interest.

The reason I am writing is I would like to connect with a unit to pen pal (actual pen to paper mail) with for the next 2 years (a unit who is bilingual or English speaking) that in two years would like to get together for an afternoon when we visit Montreal. So this unit would need to be on close to downtown Montreal or willing to come meet us. We are hoping to stay at McGill and take Metro as our transportation.”

Get in touch with Angela at [timberleaguidesmontrealtrip@gmail.com](mailto:timberleaguidesmontrealtrip@gmail.com) to get the ball rolling!



**Safe Guide: our risk management program! Safety is the responsibility of all!**

The **2015** version of **Safe Guide** is now available on the national Safe Guide web page along with an explanation of changes (6 pages). **All Guiders** should read this document carefully. It will give you the highlights of the different changes with detailed explanations as **you will need to refer to the 2015 version of Safe Guide when planning activities. All previous versions are out of date.**

## What's new? Here are a few highlights:



- **First Aid training:** blended learning courses (**on-line courses with an in-person hands-on learning component**) are included as an acceptable option
- **Health care professionals** are no longer restricted to volunteering in the province/territory where their professional qualifications are registered.
- **First Aid Organizations** : the list of provincial and territorial “approved organizations” first aid organization is now a guide for to determining whether a first aid course is acceptable allowing for more flexibility in the selection of first aid course providers.
- **Incident report : (INS.01)** should be sent to your Provincial Office as well as the national office.
- **Camping Ratio** : must include non-member children.
- **Group Travel in Canada 72 hours** : note that all Guiders must start with the group and remain with the trip for its duration. As well, for pre-authorization your SG.8 must include a list of participants, their iMIS numbers, and for girls their date of birth. Also the steps in fundraising have been clarified.
- **Changes in the forms** : **A.7, SG.3, H.2, IT.1, IT.4, IT.5, IT.11**

## REMINDERS:

- As of August 2015 all activities must be planned based on the July 2015 version of Safe Guide.
- It is important that Guiders develop their **Emergency Response Plan (ERP) related to their activity** and make sure that **ALL** the Guiders in the unit have read it for each specific activity.
- Safe Guide training is required of all **new members** within six months of joining Girl Guides.
- Now is a good time to locate your **First Aid certification card and check on the expiry date**. You may be due to renew your qualifications
- All Safe Guide forms should be sent to **sg.gs@guidesquebec.ca** for assessment **14 days** in advance.



**This year out of respect for the ASSESSORS we will work all together to send our forms on time.**



**Upcoming Safe Guide Training:** Saturday, September 19th, in conjunction with the Provincial DC Day, 8:45 – 11:30 AM. See [page 7](#).

# District Stories



In May, some Northshore members took action to help our environment! -Laura Litvack



On Monday May 25th, girls from Sparks to Pathfinders helped plant three new trees in Dollard's Centennial Park thanks to the the TD Tree Planting Grant. Despite the rainy weather, the girls were smiles and many of them said this was their favorite meeting of the year (images left). We are all excited to watch our trees grow over the years!



On Sunday May 31st, girls once again braved the rain and cool weather and in partnership with the Eco-Quartier Pierrefonds-Roxboro took part in a shore line clean up (image right). Armed with gloves and garbage bags, the girls gathered up everything from old t-shirts to bottle caps. Members of the community even stopped to thank the girls for their hard work! -Photos and text by Laura Litvack



Secteur Argenteuil participated in the Expo Lachute Fair Parade in July

Girls from across the district waved to spectators from their districts float! Way to go! -Photos by Sara Ogilvie



Northern Lights Pathfinders had a colorful camp weekend at Wa-Thik-Ane in June! Tie Dye and rain stick making!

-photos RoseAnna Cirino



This Guiding year is sure to bring some great photo moments!

Email your snaps to

[communications@guidesquebec.ca](mailto:communications@guidesquebec.ca) to fill these pages!

# News from the Provincial Office

## 2014-2015 rosters

Your 2014-2015 rosters are available until the end of August only! If you'd like to keep a record of girls from the 2014-2015 Guiding year, you must download the rosters before August 29.

As September approaches, please remember to check your rosters weekly for new and returning girls.

## Montreal Impact Soccer Day - October 25

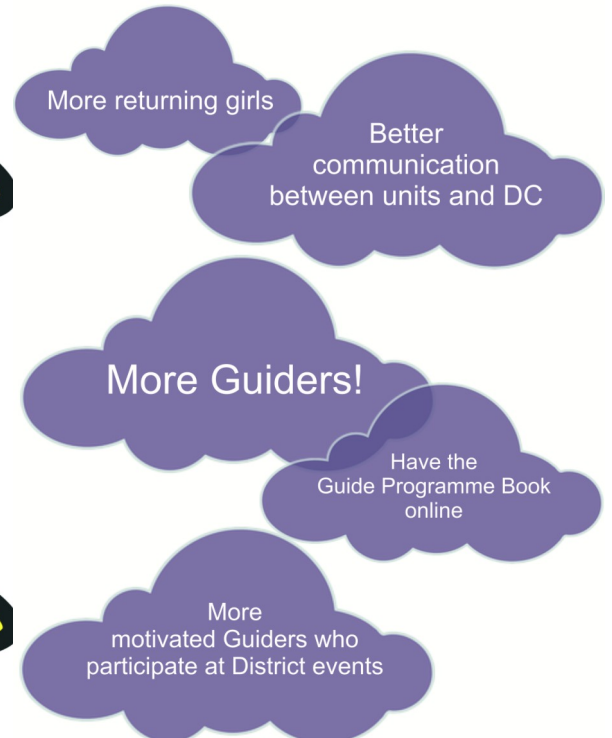
Once again this year we invite all Guiding members and their families to a special day at Saputo Stadium. We'll be offering discounted tickets to game of the season against Toronto FC on Sunday, October 25 at 5pm. Girls will also have the opportunity to be part of the Honour Row! More information coming soon.



## Two Stars and a Wish

At our DC meeting last May we asked our fabulous DCs to write down some of the things they would like to see improve and some of the highlights from their district's Guiding year.

Here is a sample à la three stars and a wish:



# GGC-QC 2015-2016 Event Calendar

DATE	EVENT
August 28	Deadline to register for <a href="#">OAL Training Weekend</a>
September 7	Labour Day– Provincial Office Closed
September 12-13	<a href="#">OAL Training Weekend at Wa-Thik-Ane</a>
September 19	DC, Adviser Meeting, <a href="#">New Guider Training</a> , <a href="#">Safe Guide Training</a> , <a href="#">Youth Council Planning Meeting</a>
September 29	Deadline to register for <a href="#">Fall Day Camp</a>
October 3	<a href="#">Fall Day Camp at Wa-Thik-Ane</a>
October 4	Camp Clean-up at Wa-Thik-Ane
October 11	International Day of the Girl
October 17 – 18	<a href="#">Cookie Day in Canada</a>
October 25	<a href="#">Montreal Impact Day</a> –Information to come
November 16-20	Training Week
Late Fall	Girl Recognition Event
November	Provincial Spark Day – <i>NEW!</i>
Mid-January	Guider Symposium
January 29-31	<a href="#">Guide Winter Camp Weekend</a>
Winter 2016	Provincial Brownie Day
July 2016	Festi-Guides



Going digital with your calendar? Subscribe to the [GGC-QC Google Calendar!](#)