



August 2014 août 2014 Québec Council Conseil du Québec



### Life is good at Wa-Thik-Ane! The magic of summer camp...



"One of the best things about Guiding and a provincial camp is watching girls of all ages learn from each other and make new friends, which I watched unfold in abundance today."

- Joanne Cardinal, Summer Camp Coordinator

Squeals of laughter, shouts of encouragement, stories and songs around the campfire... This year's summer camp offered three weeks of adventure on the shores of Lac Bouchette. Read all about it in the <u>Wa-Thik-Ane Summer Camp Diaries</u>— <u>Part 1</u> and <u>Part 2</u> including a special entry by Ranger Katie— "All the challenges we faced as a group made us stronger as individuals and made our friendships stronger

than ever ... "

Thank you!

Of course camp

would not be possible without the dedicated

volunteers who give their time and share their skills to make these rich experiences and golden memories possible.

(continued on page 4)



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### Highlights:

- <u>Register for Fall Day</u>
   <u>Camp</u>
- <u>Scholarship winners</u>
- <u>Staff opening at provincial</u> office
- <u>Stories from our Québec</u> travellers

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#### Getting in gear for next year? We need your unit start dates!

As soon as you've determined your first meeting dates, please send them to <u>imis@guidesquebec.ca</u> so that we can update the online system and make sure the information is available to parents as soon as possible.

Québec Girl Guide members travelled far and wide this summer, making lasting bonds and celebrating the worldwide sisterhood!

Find out where Guiding took them...



With new friends from Saskatchewan



### PC Message

August is that precious month: last call for fabulous weather, with holidays and getaways to make the most of it. Our Guiding selves are just around the corner, and we will soon be focussing on that busy time of back to school, where we fit Guiding into the big mix, both for ourselves and for the girls in our communities.

Will you be hosting some special event to welcome returning and new members? Perhaps you plan an opening event where girls and their parents, members or not-yet, can learn more about what Guiding offers. What a great opportunity to help them see beyond the knots and songs and crafty bits, and really appreciate the confidence, resourcefulness and courage that the actions we facilitate help develop in our girl members.

Our Mission isn't just a slogan – we help girls make a difference in the world, to realize that they can and that they do! And we know what we are talking about: Guiders have made a difference in the world, in our communities, for generations. Our tools and focus have changed with the times, and parents need to see that Guid-ing is right for their daughters today.



In it for the girl!

We are unique – unlike other teams and sports and skillsbased activities girls can join, Girl Guides offers the only activity out there where girls steer the course of what their patrol or Unit does, and learn skills in communication and leadership to make their Girl Guide experience just right for them and their group. A non-competitive place where a girl can be herself, be respected and treat others with respect, and tailor her experience to her interests – yes, we are that place! Wouldn't everyone want that for their daughter!

Have a look in this edition at all the adventures of the girls who travelled in Guiding this summer – confidence, resourcefulness and courage! Our girls took it out there, to see the world – and they will be back, world – so watch for them!

> Valerie Zaloum Québec Provincial Commissioner



## **Fall Day Camp**

### 2014 Québec Provincial Fall Day Camp Saturday, October 4

A Wonderful Day at Wa-Thik-Ane



#### WHAT: Camp fun at our provincial camp in Morin-Heights, camp skills, games, outdoor cooking

The goal of this event is to encourage new and experienced campers and Guiders to visit the camp and try camping without the concern of the overnight or required planning, and to give those who love camping already another chance to enjoy it before the winter!

#### WHEN: Saturday, October 4, 2014, 9:30 a.m.—7:30 p.m.\*

\*TRANSPORTATION:

- Departure approx. 8 a.m., return approx. 9 p.m., from and to locations indicated on the registration form
- One Guider per full patrol (based on branch-specific ratio) travels free

#### WHO: Guiders of all branches and their girls

EACH Guider may bring 2-5 Sparks/Brownies or 2-7 Guides/Pathfinders/Rangers

- Mixed groups must meet youngest girl ratios
- A PRC-checked adult female may accompany girls in place of a Guider, but will be expected to participate as a facilitator of the day's program

#### Guiders without girls are welcome as helpers

• Guiders participating independently from a patrol must register with info@guidesquebec.ca

#### **COST: \$45 per person** (girls and adults)

- Includes 3 snacks, 2 meals, a crest, and activities
- Includes transportation
- See discount for Guiders above

TO REGISTER: Complete the patrol registration form and email it to camping@guidesquebec.ca

or fax it to the provincial office at 514-933-7591.

Strict deadline for registration: 9 a.m. on Monday, September 29, 2014

Don't delay! First come first served—we have a 400 person cap. Watch your inbox for more details. An eblast will be sent to all Guiders by the end of the month and will include the SG.1 and SG.2 forms.



### The planning team is looking for volunteers!

The Provincial Day Camp team will be holding a planning meeting in the next few weeks. If you're interested in being a part of it, please contact Angie Kruller, Provincial Camping Adviser at <a href="mailto:camping@guidesquebec.ca">camping@guidesquebec.ca</a> as soon as possible. No experience is needed to be part of the planning team—*just a love for camping and the outdoors!* 



### **Summer Camp News**

# Warmest thanks to the following volunteers who made summer camp 2014 a rousing success and an unforgettable experience for our campers!

Taylor Arnold Judi Bachmann Heather Barwick Kathy Bateman **Catherine Black** Jennifer Bouchard Cindy Harris Brophy Julie Cadieux Joanne Cardinal Dorothy Cardinal Jennifer Cessford Donna Collister Sarah Di Milo Christine Downey Holli Drum Megan Dupuis Gigi Ferrigno

Jessica Ganten Ellen Gauthier Annie Girard Kirsti Harris Sinclair Harris Wendy Hauck Charyl Hyndman Mary May Hubert Laura Jackson Danielle Laura Jacob Elaine Keeble Esther Keller Barbara Keller Carol Kelly Lisa Labelle Annie Claude Laniel Lucie Laurin

Laura Litvack Heather Martin Annie A. Melo Laura Montreuil Melissa Payette Susan Sayer Candis Steenbergen Anne Marie Sullivan Esther Szeben Patricia Tellis Lise Turner Kelly Vandzura Christine Westwell Angela Whelton Elizabeth Wightman Nathalie Wightman Donna Wimmer



Sunrise view from the Bluff at Camp Wa-Thik-Ane. Photo by Guider Laura Litvack



### **District Camps**

14 different districts plus two groups from Ontario have camped at our beautiful Camp Wa-Thik-Ane so far this season!







There are still sites available for rent this fall. See <u>page 6</u> for details.

Clockwise from left:

Riverdale campers demonstrate camp skills; Liesse swimmers enjoying Lac Bouchette; Argenteuil campers fascinated by an inchworm; Argenteuil campers practicing knots; Orienteering with help from the Argenteuil Pathfinders





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## **Property Committee News**

### Annual Clean Up Day at Camp Wa-Thik-Ane - October 5

This year's clean up day is scheduled for Sunday, October 5, 2014. As usual there will be plenty of tasks for all of our eager volunteers.

#### Many hands make light work!

We must take down tents (weather permitting), close up the sites, move equipment into winter storage and clean and animal-proof the buildings.

Please see more detailed information in the September 2014 *Piccolo* or you can always contact us at <u>lacbouchette@guidesquebec.ca</u>

### Camp Wa-Thik-Ane availabilities for September 2014

It's not too late to book a September camp! The following dates and sites are still available:

- September 12-14 Huron, Iroquois, Algonquin, Cree and MicMac
- September 19-22 All sites are available including Stavert Lodge
- September 26-28 Iroquois

Book your camp by completing the <u>reservation form</u> (available on the <u>Camp Wa-Thik-Ane page</u> of our website) and sending it to admin@guidesquebec.ca or you can call the office for more information: 514-933-5839

# **Guiding Mosaic 2016**

### Are you thinking of attending GM2016? Would you like to take a patrol to Alberta? Do you have older girls looking for adventure?

Put the evening of **October 23, 2014** on your calendar we will be hosting a general information session for Guiders. For more information, watch this space, check out the <u>Guiding Mosaic</u> <u>website</u> or contact us at <u>GM2016@guidesguebec.ca</u>

> **Guiding Mosaic 2016** will be held from Saturday, July 9 to Sunday, July 17 at Camp Woods in Alberta. This is the 13th Girl Guides of Canada national camp to be held since 1927 and will celebrate Guiding and the tradition of camping within our organization. National camp is a unique and exciting opportunity that is open to members of Girl Guides of Canada and to the 145 countries who are members of the World Association of Girl Guides and Girl Scouts (WAGGGS).







## **Training News**

### **Training for New Guiders - Saturday, September 13**



This training will include everything needed for a new Guider to get started! Sessions will include *Safe Guide*, *Building Unit Guider Skills* and *All About Your Branch*.

**DCs:** Please encourage your new Guiders to save the date. All of the details, including registration information, will be sent out in a direct email to all members and PMBRs later this month.

- Joanne Millette, Provincial Training Adviser | training.formation@guidesquebec.ca

### **Scholarship Winners**

Congratulations to

### Laura Jackson

who has been awarded the 2014 Girl Guides of Canada Québec Council Scholarship



Laura has been a member of Guiding for 12 years. She is currently a leader with the 1st Pincourt Brownies and the 2nd Pincourt Sparks.

Please join us in congratulating Laura as she pursues Graphic Design at Dawson College this coming fall.

Bravo, Laura!



Lizzie has been a member of Guiding for 15 years and has been a Guider in Monklands District for the past two. She will be pursuing postgraduate studies in science communications at Laurentian University.

"Guiding has made it possible for me to travel within Canada, learn new skills, make new friends, become more confident in leadership roles and so much more."



who has been awarded the 2014 Girl Guides of Canada National Dr. Roberta Bondar Scholarship

Find out more about the <u>Québec Council Scholarship</u> and the <u>GGC National Scholarship Program.</u>





Lots of Québec travellers this summer!

Two patrols from Québec (one provincially sponsored group and one independent group from Greenfield Park) headed out west to <u>SOAR 2014</u> in Enderby, British Columbia.

Guider Anne Whelan from Valois-Dorval District joined a national patrol on an expedition to the **Sea of Cortez** located off the coast of mainland Mexico, in the Baja Peninsula.

The 33rd Montreal Pathfinders ventured to **Our Chalet** in Switzerland (see next page) and the 1st Kirkland Pathfinders explored the UK, including a visit to **Pax Lodge**.

Former Québec Provincial Commissioner and Chief Commissioner-Elect Pamela Rice joined the Canadian delegation at the <u>WAGGGS</u> <u>35th World Conference</u> in Hong Kong.

> Where will the 2014-2015 Guiding year take you?



### **Travel Stories**

"When we arrived at SOAR we set up camp and then sat down to try and take in how breathtaking it was that we were on the other side of the country without our families and about to have the experience of a lifetime."

- Leah Suissa, 1st Ste-Geneviève Pathfinders



What was the most valuable thing that Leah took home from SOAR?

"...the worldwide friendship in the Guiding sisterhood! I will never forget my experience at SOAR 2014!" Read more about her adventures at SOAR BC in her guest blog entry—*My Experience at SOAR*.

How do you tie the international scarf? Let these Sea of Cortez trip participants show you how in a video they made on board!





# **GGC QC ONLINE**

# Challenges and Adventures in Switzerland with the 33rd Montreal Pathfinders

...We headed out hiking straight after breakfast today. After about an hour (one of the shortest walks we'll do this week apparently), we reached an adventure park where we pushed our limits and got to try new things today.

We started off simple with 5 zip lines getting progressively higher. They were set at a nice angle, so you didn't stop in the middle but you didn't ram into the end either...

...Tonight's night activity was Swiss night. We had a special guest villager who came and demonstrated how the alpine horn is played and let Caralyn and one of our girls try it out. Then we moved inside to learn a traditional Swiss song (Vogellisi), watch a Swiss story acted out, play Swiss jeopardy and eat chocolate fondue...

#### Read all about their trip on Guider Lizzie's blog!



#### Don't forget to check us out on Facebook!

'Like' our GGC QC	Join our <u>private GGC QC</u>
public Facebook page	Facebook group
<ul> <li>Don't miss the latest news</li></ul>	<ul> <li>Join in discussions driven</li></ul>
and stories from Québec	by Guiders, ask questions,
Council and members	share programming ideas
across the province	and be inspired!
<ul> <li>'Like' <u>Camp Wa-Thik-</u> <u>Ane's page</u> and our <u>Pro-</u> <u>vincial Commissioner</u>'s page while you're at it!</li> </ul>	<ul> <li>Posts appear only to regis- tered GGC members belonging to the group</li> </ul>



(Left) Pathfinder Leah and Guide Zoe from Northshore District decided to cut and donate their hair for wigs for cancer patients. Find out more about how they did it and earned a Québec Spin along the way! Their story was featured on our blog: <u>Northshore Girl Guides go</u> to beautiful lengths to earn a Québec Spin!

blog

#### Also from the GGC Québec blog:

How do you show your love for Wa-Thik-Ane? <u>Wa-Thik-Ane Summer Camp Diaries – Week 1</u> <u>Wa-Thik-Ane Summer Camp Diaries – Week 2</u> + Adventure Camp!

Social media tipightarrow



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### Cookies



Are your cookies still fresh? Did you know that GGC cookies

140640

have an 8 month shelf life? Here is a helpful tool to determine the 'Freshness Guarantee Date':

Step 1: Locate the date code printed on the outside of the case or on the tab of the box. E.g. 14064C

Step 2: Decipher the code. The first numbers refer to the year the cookies were made; the following numbers refer to the specific day within the year; and the letter refers to the shift that produced the

cookie. Using our example, 14064C would mean the 64th day of 2014 - shift C.

Step 3: Use the handy table (click to access a Cookie Freshness Calculator!) to determine when your cookies are no longer at their yummy freshest. In our example, these cookies are freshest until November 5, 2014.



Questions? Email cookies.biscuits@guidesguebec.ca

## **Membership Growth & PR**

#### What upcoming recruitment or welcome back events do you have planned?

We want to hear from you so we can help to promote all the great things going on in your district! Would you like to plan an event but you're not sure where to start? Speak with your DC or District PR Adviser. They have a variety of resources at their disposal. If you don't have a District PR Adviser and you're passionate about growing Guiding-you might consider if the position is a good fit for you!

The **PR and Membership Committee** is always looking for new members. Email us at pr.rp@guidesquebec.ca so we can let you know about the next meeting.

Don't forget to visit the PR and Membership Tools page of our provincial website for some handy resources including Recruiting Greatness - a guide to organising a stand-out recruitment event, talking points, and templates for follow-up emails.





Our membership growth and PR **<u>Survey</u>** is still open and whether or not you're a committee member, we'd love your input! We look

Sparks from Secteur Argenteuil took part in the parade at the Expo Lachute Fair last month

forward to hearing about what you're doing in your community so we can help to share ideas and stories from around the province.



Where are Guiders being recognized in YOUR community? Riverview **District Commissioner** and Guider Sarah Di Milo (left) was featured in the Riverside School Board staff newsletter. Take a look on page 3!

#### Pre-registration draw winners selected!

40 lucky people have won \$50 to use towards a Guiding activity, camp or outing! Thank you to eve-



ryone who pre-registered for the 2014-2015 Guiding year. Let's keep those numbers rising! (All girls who pre-registered before June 30 were automatically entered in the draw.)





Safe Guide: our risk management program! Safety is the responsibility of all!

The **2014** version of <u>Safe Guide</u> is now available on the national <u>Safe Guide web page</u> along with an <u>explanation</u> <u>of changes</u> (5 pages). **All Guiders** should read this document carefully. It will give you the highlights of the different changes with detailed explanations.

#### What's new? Here are a few highlights:

- $\Rightarrow$  International travel procedures have been revised and the section of Safe Guide reformatted .
- ⇒ Non-members who volunteer more than twice must be registered in iMIS as a Unit Assistant with a PRC.
- ⇒ Travel in Canada—72 hours or more—This section has been revised to be consistent with the new international travel procedures.
- ⇒ Changes in the following forms: H.1, H.7, SG.1, SG.3, SG.5, SG.8, WA.1, WA.2, IT.9, IT.10, IT.11
- ⇒ **First Aid training** must be provided by an 'approved organisation' listed on a provincial/territorial government website.

For further details, refer to the eblast from GGC that was sent to all members on July 28, 2014.

#### **REMINDERS:**

- As of September 1, 2014 all activities must be planned based on the July 2014 version of Safe Guide.
- It is important that Guiders develop their Emergency Response Plan (ERP) related to their activity and make sure that ALL the Guiders in the unit have read it for each specific activity.
- Safe Guide training is required of all new members within six months of joining Girl Guides.
- All Safe Guide forms should be sent to sg.gs@guidesquebec.ca for assessment.

- Louise Triggs, Provincial Safe Guide Adviser | sg.gs@guidesquebec.ca

## **First Aid Training**



#### Start-of-year reminders!

- Now's a good time to locate your **First Aid certification card** and check on the **expiry date**—you may be due to renew your qualifications.
- Be sure to take a look at the updates related to First Aid in the **2014 version of Safe Guide** (see <u>explanation of changes</u>)

There are currently no scheduled Red Cross First Aid courses (tailored to the needs of GGC) from Pulse Aide Inc.

Upcoming trainings will be posted on the **First Aid Training page** of the provincial website. For more information or to book a course for your district or Guiding community at a time and location most convenient for you, email **Joan Lax** at **pulseaideinc@gmail.com** 



#### Thank you, Nina!

Please be advised that Nina-Marie Bournival has resigned as Administrative Assistant for Québec Council, effective September 12, 2014.

Nina hopes to remain a connected member of Girl Guides and continue on with the sisterhood as she and her husband visit with family in Mexico and then head out to Western Canada in search of new opportunities. She wishes to extend her deepest thanks to every single woman she has met on her journey with us.

"As I said when I was honoured with the opportunity to MC the 2013 Symposium: I was accepted by you, affected by you, and you made me who I am today by ensuring young girls every-

where could continue to take their place in this world. Thank you will never be enough. Au revoir, et à bientôt!"



We thank Nina for her continued dedication in her role at the office and wish her all the best in her future endeavours.



#### Request for fall start dates

If you know the date of your first unit meeting in the fall, please let us know as soon as possible at **imis@guidesquebec.ca** so that we can make the updates to the online Unit Finder. Thank you for helping us to make as much information as

possible available to parents as they are eager to find out information about the start of the year!

### 2013-2014 rosters available until the end of August only!

If you'd like to keep a record of girls from the 2013-2014 Guiding year, you must download the rosters <u>before August 29</u>. As September approaches, please remember to check your rosters weekly for new and returning girls.

#### Important updates to key documents

As outlined in the August <u>*Guidepost*</u>, important updates have been made to the following documents:

- Safe Guide document and forms (SG.1, SG.3, SG.5...)
- Personal Health Form—Girls (H.1)
- Application for Fundraising Approval (FR.1)
- Orientation to Guiding

#### Upcoming provincial office closure:

Labour Day-September 1

# News from the Office

#### Staff position available at provincial office:

GGC Québec Council is looking to hire for the position of

#### Administrative Assistant

Position Type: Full time, Mon-Fri, 9am-5pm, some evening work

#### Job Summary:

Will provide administrative support to our members and the public in the GGC Québec provincial office. Assist in promoting community understanding of the organization through telephone and personal contact. Promote good public relations. Maintain accuracy of the GGC database for Québec and current knowledge of Girl Guides of Canada policy, regulations and program.

#### Required Skills/Experience:

- Bilingual (spoken and written)
- Highly motivated and organized, detail-oriented
- Strong interpersonal skills, excellent telephone skills
- Computer skills, knowledge of Word and Excel, Publisher etc.
- Customer-focused and knowledge of Girl Guides of Canada-Guides du Canada

#### Primary Responsibilities:

- Provide general membership support, respond to general inquiries from parents, the public
- Perform general reception and clerical duties (incoming and outgoing mail, ordering office supplies, light bookkeeping...)
- Process member registrations
- Manage and maintain membership database
- Administer camp reservations and payments
- Coordinate registrations and payments for provincial events
- Coordinate cookie orders for the province and the distribution of cookie PR material
- Assist with event and meeting logistics as required

Salary commensurate with experience and qualifications.

The position becomes available September 2.

Submit bilingual cover letter and resume to: <u>guides-</u> <u>guebec.manager@bellnet.ca</u>

Please include 'Administrative Assistant' in the subject line.

The full job posting can be viewed HERE.



#### Montreal Impact Soccer Day - October 25

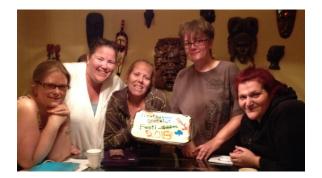
Once again this year we invite all Guiding members and their families to a special day at Saputo Stadium. We'll be offering discounted tickets to the last home game of the season against D.C. United on **Saturday, October 25 at 4pm.** Girls will also have the opportunity to be part of the Honour Row! More information coming soon.





### GGC Québec Council—2014-2015 Important Dates

September 13	DC-Adviser-Council meeting, details TBD
September 13	Training for New Guiders, details TBD
October 4	Provincial Fall Day Camp, Morin-Heights
October 5	Annual Clean Up Day at Wa-Thik-Ane
October 11	International Day of the Girl
October 23	GM2016 Information Meeting for Guiders
October 25	Montreal Impact Soccer Day
Late October- early November	Open House weeks
December	Girl Recognition Event
January 17	Guider Symposium



Northshore Guiders are eager to start plans for Festi -Guides 2015, which will be co-hosted by a number of districts in the West Island next spring.

