## <u>Tri-Waters Area Challenge - Community Service</u>

## 2019-2020

The purpose of this challenge is to get your unit and girl guides out in the community. Please choose at least 3 activities, completing them in hours of community service. These hours are minimum suggestions.

Sparks/Brownies should complete minimum 6 hours Guides should complete minimum 8 hours Pathfinder and Rangers should complete minimum 10 hours

Help out at Food Bank – volunteer or collect donations; learn about these organizations		
Attend a Remembrance Day Ceremony		
Organize an event of crafts/entertainment at a local nursing home		
Volunteer to help another organization in need		
Make cat/dog toys to donate to a local animal shelter		
Write a list of ways you can provide volunteer service to your community		
Participate in Park, Beach or Community Clean Up (i.e. Earth Day, Pitch In, Shoreline		
cleanup)		
Be creative and thank the workers in your community (health care, essential service		
workers, etc)		
Make greeting cards/craft for a local Nursing Home or Hospital Department		
Plant a Community Garden or help maintain an existing one		
Create a book drive and donate to a local shelter		
Find a local volunteer group that helps endangered species and find out what you can		
do to support or help them.		
Clean a river or Stream ( <a href="https://www.shorelinecleanup.ca/">https://www.shorelinecleanup.ca/</a> )		
Make food for a shelter, or volunteer at a soup kitchen		
Clean up a local park or street		
Make mittens/scarves/other items for the homeless		
Create a Mitten drive and donate to homeless shelter		
Make Valentines for Vets ( <a href="https://www.veterans.gc.ca/eng/remembrance/get-">https://www.veterans.gc.ca/eng/remembrance/get-</a>		
involved/valentines-for-veterans)		
Make tray favours for Meal on Wheels or similar organization		
Thoroughly clean a camp – Anne Fraser House or Kanada		
Partake in a water station or "cheering stations" at a benefit run/walk		
Create and run a service project to raise money for CWFF		
Participate in PITCH-IN in April 2020 ( <a href="https://pitch-in.ca/">https://pitch-in.ca/</a> )		
Participate in a reading program to help younger children		
Make toiletry bags for local shelters		
Complete a service project with a positive impact in your community		

- All activities must be completed no later than April 30<sup>th</sup>, 2020
- The activities should not be similar the whole idea is to explore and learn new things
- Ensure you have completed an SG.4 for all your outings and refer to Safe Guide to see if you require Safe Guide approval for your chosen activity.
- Complete a joint activity with another unit or Bridge with unit from another District (this is a great opportunity to explore new and unfamiliar activities)

## <u>Tri-Waters Area Challenge – Community Service</u>

Unit:	
Guider:	_ Phone #:
District:	
Number of Crest required:	_(Cost per crest is \$1.25)
What did your unit do to complete this challe	nge:

Please submit your completed challenge with attached Payment to:

Tri-Waters Area Commissioner – Vicki Gomes 435 Robert Street, Fall River, NS B2T 0E1 ns-tri-watersac@girlguides.ca