

PATHFINDERS AWARDS

Canada Cord

The Canada Cord is the highest award you can achieve as a Pathfinder. It encourages you to meet new people, learn more about yourself and your abilities, and puts your leadership skills into action. To earn your Canada Cord, you need to have also earned the Community Service award and the Citizenship Certificate.

If you are interested in earning your Canada Cord, you are encouraged to work on components of this award throughout each of your three Pathfinders years.

Program Requirements

Part 1

Earn all seven Girls First Program Area Badges:

- Guide Together
- Explore Identities
- Build Skills
- Be Well
- Experiment and Create
- Connect and Question
- Take Action

Part 2

Learn and demonstrate leadership.

Plan and participate in three outdoor camps, sleep in tent/shelter, have at least five meals and stay at least one night.

- 1st camp: as a participant, helping in the planning and at camp
- 2nd camp: as an assistant to the leader, with responsibility for a specific aspect of the program
- 3rd camp: as a leader of a team. Can be completed alone or by two girls working together.

OR

Plan and participate in three leadership events that together take a total of approx. 25 hours. Two should take approx. 5 hours/ea. and one approx. 15 hours.

- 1st event: as a participant, helping in the planning and at the event
- 2nd event: as an assistant to the leader with responsibility for a specific aspect of the event
- 3rd event: as a leader of a team. Can be completed alone or by two girls working together.

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Program Requirements

Part 3

Earn your Community Service Award

- 1) Complete three different types of service projects on these themes:
 - Supporting Your Community
 - Going Global International
 - Environmental Awareness
- 2) To earn this award, you must complete it while you're a Pathfinder.
- 3) Must volunteer for approximately 15 hours of service altogether, including your preparation time.
- 4) The award can be earned at any time during your years as a Pathfinder. You can do one project every year, spread the projects out over three years, or do all three in the same year.

Guidelines for service:

- Hours can be divided among the three projects in any way you choose.
- You must participate in the planning as well as the project.
- Some of the service can include service in Guiding; however, the major focus should be on service that benefits other organizations or the general community outside of Guiding.
- You must demonstrate community and leadership in planning the project.
- You can do these projects on your own or with others.
- Completion of this service cannot count towards earning the Take Action Program Area or the Your Action Theme badges.

Part 4

Participate in bridging activities with Rangers and younger girls.

- 1) Participate in two activities with Rangers members. If there is not currently a Ranger unit in your area, make a plan for how you can start a Ranger unit.
- 2) Take a leadership role in the delivery of at least one unit meeting for younger girls or three activities at camp. You should be involved in all aspects of these activities from planning, through delivery of the activities and their evaluation.
- 3) Bridging activities are in addition to the Community Service award and camping or leadership event options.
- 4) The activities where you are leading younger girls could be done over a minimum of:
 - Four unit meetings, or
 - Two half-days of a special-event program, or
 - One day at a camp.

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Program Requirements

Part 5

Learn about first aid.

Complete an emergency first aid course given by a recognized agency.

OR

Complete a first aid-focused meeting including any combination of:

- At least four activities on the topic of first aid

OR

- A First Aid instant meeting

OR

- Inviting a guest speaker or expert presenter such as a local first aid responder, nurse, or first aid instructor to make a presentation on and help you learn some basic first aid skills.

Part 6

Earn your Citizenship Certificate.

3) Complete two activities from each section. Sections include:

- Government
- Ceremonies
- What being Canadian means to me
- Multiculturalism in Canada

OR

4) One activity from each section AND a service project.

- Provide a service, take action or speak out on an issue that is important to you.
- Can connect with a local organization or charity of choice
- Should involve a minimum of five hours, including planning
- Does not count towards Community Service Award
- This service cannot count towards earning the Take Action Program Area Badge or Your Action Theme badges or the Community Service Award.