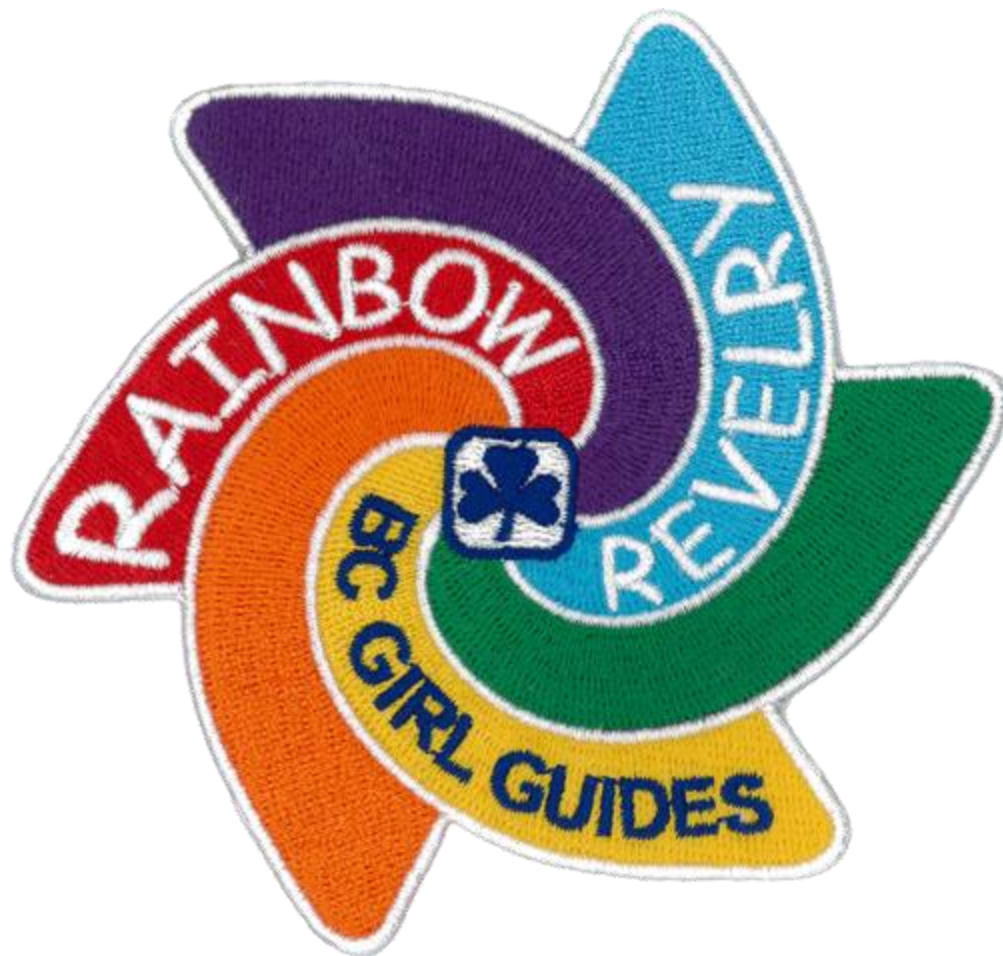


RAINBOW REVELRY TOOLKIT

GREEN APPENDIX

SPARK/BROWNIE EVENT RESOURCE
FROM THE BC PROGRAM COMMITTEE



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GREEN CRAFTS AND ACTIVITIES

1. Frogs

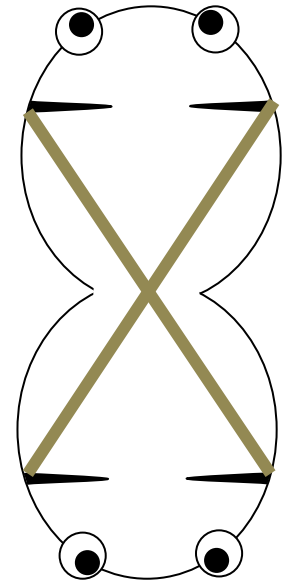
1a. Jumping Frog

Supplies

- elastic band
- cardboard
- scissors
- stickers or jewels
- markers

Directions

1. Fold a piece of cardboard in half. The fold will be the bottom of the frog. Cut a body out so the fold remains intact.
2. Decorate the frog using stickers, jewels and coloured markers.
3. Cut notches on both sides of the head where the mouth would be.
4. Hook the elastic band between two notches, then crisscross the frog and hook between the two notches again.
5. Unfold the paper frog, folding it again in the opposite direction so the elastic band is crossed tightly across the back. When you set it on a flat surface, the frog will jump into the air.



1b. Fuzzy Frog Prince

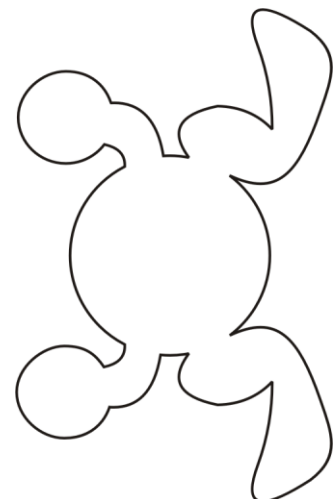
Supplies

- large green pom-pom
- 2 small green pom-poms
- 2 googly eyes
- yellow and green fun foam
- glue



Directions

1. Glue 2 small green pom-poms to the top of the large green pom-pom.
2. Add googly eyes to the small pom-poms.
3. Cut four frog legs from the green foam (see template suggestion) and glue to the large pom-pom.
4. Add a crown made from the yellow fun foam, and you have a frog prince.
5. Optional: add a safety pin to attach him to your camp hat.



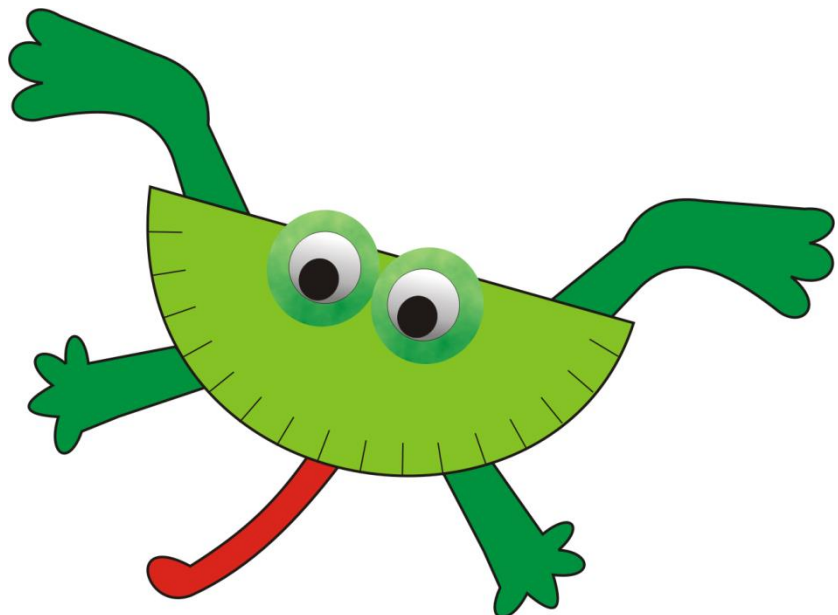
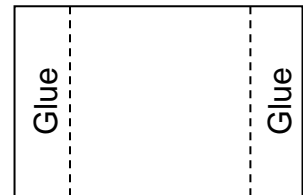
1c. Paper Plate Frog Puppet

Supplies

- small paper plate (either a green plate, or a plate that can be painted green)
- green paint
- Exacto knife (for use only by Guiders)
- red and green construction paper
- 2 green pom-poms
- 2 googly eyes

Directions

1. If using a non-green paper plate, paint both sides of the paper plate green and let it dry.
2. Cut the red construction paper into a strip that is about 1" x 7", rounding one end to look like a tongue.
3. Cut the green construction paper into the following: a strip approximately 2" x 3" to make a "thumb hold" for underneath the frog. There should be 2 short frogs legs for the front, and 2 that are longer and can fold so they look like a hopping frog.
4. Fold the plate in half, and with the Exacto knife, cut a 1.5" slit in the middle of the fold (an adult should do the cutting).
5. Glue $\frac{1}{2}$ " of the shorter ends into place on the centre bottom of the plate leaving a little gap between the plate and the strip so a thumb can fit in to move the puppet.
6. Glue 2 pom-poms to the top of the plate for the eyes, then glue on 2 googly eyes.
7. Glue the two shorter legs to the front bottom edge of the plate.
8. Make two folds in the longer legs and glue to the bottom side of the plate.
9. Slide the tongue through the centre slit and glue to hold firm.
10. Let glue dry thoroughly before using the frog puppet.
11. To use: hold fingers against the top of frog and slide the thumb into the "thumb hold" on the bottom of the frog, moving the thumb to open and close the mouth.



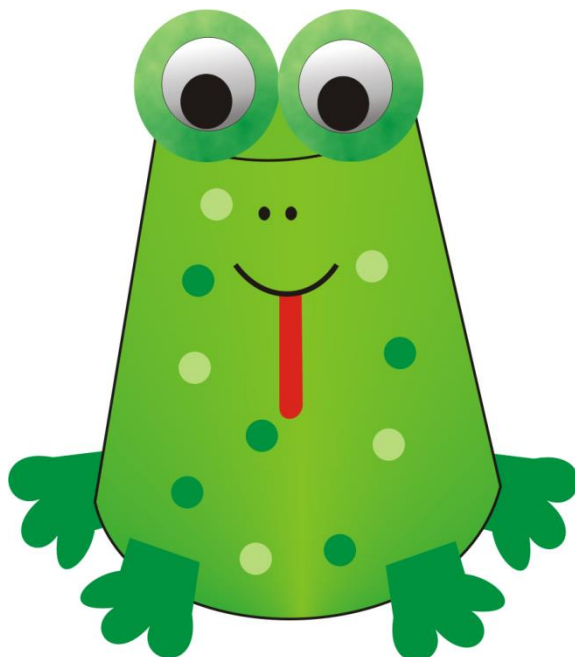
1d. Paper Cup Frog

Supplies

- 1 paper cup (preferably a green paper cup)
- medium green paint
- 2 paint colours (dark green and a light contrasting colour)
- 2 1" green pom-poms
- 2 large googly eyes
- green and red felt
- black sharpie marker
- scissors
- tacky glue
- Q-tips

Directions

1. Paint a paper cup with medium green paint and let it dry. Paint a second coating and let the cup dry thoroughly.
2. Use the Q-tips (one for each dark green and light colour) to create dots on the cup. Make the dots in different sizes. Alternately, you could apply circle stickers to the cup.
3. Glue pom-poms onto the top of the cup (these will be the base of your eyes).
4. Glue googly eyes to your pom-poms.
5. Cut out 4 webbed feet for your frog. Glue 2 to the front of your cup and 2 to the back. Remember to face all feet towards the front.
6. Using the marker, add two nostrils centred below the eyes, then a mouth.
7. Cut a piece of felt that is about ½" wide by 1.5"-2" long. Give the end a rounded point. Glue to the centre of the mouth line.



1d. Friction Frog

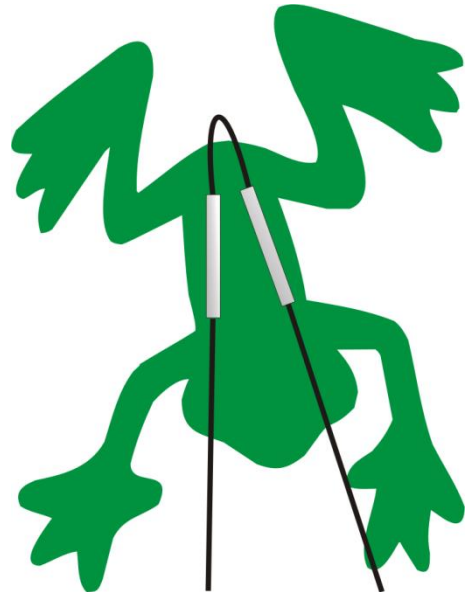
This frog teaches us about friction – so you can cover some STEM at your event!

Supplies

- cardboard (about 8" x 8")
- straw
- string
- tape
- scissors
- coloured pens, pencils, crayons, or paints
- other decorations

Directions

1. Draw a frog outline on your cardboard that is at least 3" wide and fills up the length of your cardboard.
2. Cut out and decorate as desired using the supplies available.
3. Turn the frog over so the (undecorated) back faces you. Cut 2" x 2" pieces of the straw. Tape to the back of the frog in an upside down "V" with the narrow end being at the bottom of the frog. The straws should be approximately $\frac{1}{2}$ " apart at the point of the "V" and 2" apart at the top of the "V".
4. Cut a piece of string about 60" long. Thread the string through the straws from the close end to the wide end, leaving a small loop at the narrow end of the straws.
5. It will take two people to get the frog to climb. One person needs to stand higher than the other person. Place the loop of the frog on a pencil. The second person holds the ends of the string and alternately pulls one end, then the other, then the first again, etc. This will cause your frog to climb.

**What's Happening**

The force that is causing your frog to move up the string is friction. The action between the straw and the string causes the two surfaces to rub against each other. As you pull on the string, it moves through the straw and causes the roughness in the straws' surface to grip the string and stop it from slipping.

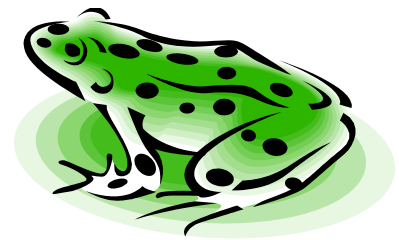
1e. Frog Songs**Five Green and Speckled Frogs**

Presumed to be public domain. Hear one version at <http://youtu.be/oYX1OaiVR94>.

<i>Five little speckled frogs</i>	<i>(hold up your hand with all 5 fingers)</i>
<i>Sat on a speckled log</i>	<i>(hold one hand in front of you like a log and turn the other hand so the fingers and thumb are dangling over the edge of the first hand like frogs sitting on a log)</i>
<i>Eating the most delicious bugs</i>	<i>(pretend to be eating, then rub your belly)</i>
<i>One jumped into the pool</i>	<i>(hold up one finger for the frog falling off the log)</i>
<i>Where it was nice and cool</i>	<i>(pretend to fall over)</i>
<i>Then there were four green speckled frogs.</i>	<i>(show the number of fingers for frogs remaining)</i>

Mm Mm Went the Little Green Frog

This song is copyright protected, and can be found in the *Campfire Activities* book. Lyrics can be found online at http://dragon.sleepdeprived.ca/songbook/songs3/S3_20.htm and the tune can be heard at <http://guidingjewels.ca/resources/songs/518-song-little-green-frog>.

**The Frogs**

Public domain. May be reproduced. Source: *Jubilee Songbook* published by Girl Guides of Canada. Hear the tune online at <http://guidingjewels.ca/resources/songs/533-song-the-frogs>.

*Hear the lively song of the frogs in yonder pond,
Crick, crick, crickety crick, BARRRUMMP!*

1f. Frogs and Ants Game

A game of tag designed for a large group, Frogs and Ants, is just as good used in a Brownie unit as it is at a District Camp. This game encourages teamwork.

Playing Area

- a field or gym with a designated safe zone “the ant hill”

Directions

1. Five girls are assigned to be the frogs in the game. The remaining girls are the ants. If your group is larger than 35-40, assign an extra frog or two.
2. Played like a simple game of tag, the objective is for the frogs to catch all the ants. The ants are only safe at two times:
 - when working as a team to rescue a fallen ant
 - when in their safe zone

3. When the frog touches the ant, she drops to the ground, lies on her back with her legs and arms in the air. She can only be rescued by four ants arriving at the same time to carry her to the ant hill where she can be healed. As long as the four ants all arrive at the same time, they are safe. If they arrive separately, they are still vulnerable to the frogs' touch.

From the 2005 OCA Conference, at the "No Equipment, No Planning Time, No Problem" session facilitated by Matt Barr.

http://dragon.sleepdeprived.ca/games/30sec_1/30sec_1_48.htm

1g. Frogs and Crocodile Game

Originally called "Crocodile". From "Play It Fair! Human Rights Education Toolkit for Children" © 2008 Equitas – International Centre for Human Rights Education.

The purpose of this activity is to help children learn how to co-operate with others, and how cooperation leads to positive results. The objective of the game is that each girl will play the role of a frog, and she must stand on a lily pad to avoid being eaten by a crocodile.

Supplies

- sheets of newspaper

Directions

1. Place large pieces of newspaper on the ground of the play area. There should only be enough newspaper for half the number of girls in the game.
2. Explain to the girls that the play area is a lake in Africa and that the pieces of newspaper are lily pads. The girls are little frogs. A large, hungry crocodile also lives in the lake, and he loves to eat little frogs. The girls must escape from the crocodile by standing on a lily pad. If they do not find a space on a lily pad, they will be eliminated from the game. The last frog to escape the crocodile is the winner.
3. The girls move around the play area, pretending to swim or to hop like frogs. They must not walk on the lily pads.
4. Suddenly, the game leader shouts out: "Crocodile!! Quick, frogs! Find a lily pad!"
5. When all the girls have found a spot and the danger has passed, they leave the lily pads and continue to move around the play area.
6. Tell the girls that the lily pads are getting old and are starting to fall apart. Tear away part of each piece of newspaper to make the safe spaces smaller.
7. Repeat the game, making the pieces of newspaper smaller each time and eliminating the children who cannot find a spot.
8. Note: The lily pads can be replaced by a single large piece of paper (about 1 square metre) upon which all the girls can stand and which you can make progressively smaller by tearing away parts as the game continues.

After the game, reflect on the experience. Ask the following questions:

- How did you like the game?

- Did someone make room for you on the lily pad? How did that feel?
- Were you ever pushed off the lily pad? How did that feel?
- How did you help others during the game?
- What else could you have done to help others find a place on a lily pad?
- Our group is like a very large lily pad; it is a place where there is room for everyone. Who is responsible for making sure the group is a comfortable and safe place for everyone? *Discuss the idea that each one of us is responsible for making the group feel comfortable and safe.*
- What can each of us do to make sure that there is a place for everyone in our group and that everyone feels safe here?

2. Elves & Leprechauns

Green is the colour for elves, whether it is a St. Patrick's Day leprechaun or a Christmas elf or a forest elf.

2a. Elf Craft

There are many elf craft ideas on the internet. Find one that suits you, keeping with the green theme! <https://www.google.ca/#q=elf+crafts>.

2b. Elf Relay

Supplies

- something to create an obstacle course for each relay team – could be a series of chairs

Directions

1. Divide the girls into teams and line up relay-style.
2. To complete the relay, they must become an elf. To become an elf, each girl crouches down so that her bottom is touching her ankles, and she wraps her arms tightly around her legs. This makes her small like an elf.
3. Complete the obstacle course as an elf, as quickly as possible. Do not use hands for anything – not even to help get back up if they fall over!
4. When back at the team, tag the next team member to become an elf. All team members must complete the obstacle course one at a time.



2c. Who's the Leprechaun?**Supplies**

- Celtic jig music and something to play it on (find some online: <https://google.ca/#q=celtic+jig+music>)

Directions

1. Choose one girl to be “it” and have her leave the room.
2. Now choose one of the remaining girls to be the leprechaun.
3. Play the Celtic music and have everyone start dancing. The leprechaun then chooses a dance move for the rest of the girls to follow.
4. Everyone does the same dance as the leprechaun, while trying to not give away who the leprechaun is.
5. The leprechaun should change dance moves several times, with the rest of the group changing as she changes.
6. The “It” girl tries to identify the leprechaun. When she guesses who the leprechaun is, a new “it” girl is chosen, as a new leprechaun, and the game begins again.

2d. Giants, Wizards, Elves Game

This is a variation of “Rock, Paper, Scissors” or “Queen, Drone, Worker” (which can be found in the Yellow Appendix). You need a large playing area for the girls to run. Each team has a safe zone at opposite ends of the playing area.

Directions

1. First teach the girls about the three characters:
 - Giants: everyone knows that giants are huge! To represent a giant, stand on your tiptoes and raise your arms high over your head to make yourself as tall as possible.
 - Wizards: these magical characters cast spells everywhere they go. To represent a wizard, hold your arms out in front of you and wiggle your fingers, as though you are casting a magical spell.
 - Elves: this is our “green” connection. Elves are small and have pointy ears. To represent an elf, crouch down and put your hands over your ears with your fingers pointing up.
2. Divide the girls into two teams, then send the teams to their safe zones at opposite ends of the playing area.
3. Each team then quietly decides what character they will be.
4. The teams line up facing each other in the centre of the playing area, with about 5 feet between them.
5. The Guider calls out “One...Two...Three...” then the girls make the pose for their team’s character.

6. The “winning” team chases after the other team, trying to tag as many as possible, before they reach the safe zone at the end of the playing area.
 - The giants beat the elves (as they are so big, they “squish” the little elves)
 - The elves beat the wizards (as they are tricky little creatures, and can “outwit” the wizards)
 - The wizards beat the giants (as they cast a spell on the giant, making his size useless)
 - If both teams choose the same character, it is a draw, and they must choose again.
7. Anyone tagged joins the other team.
8. Continue play until just one team remains.

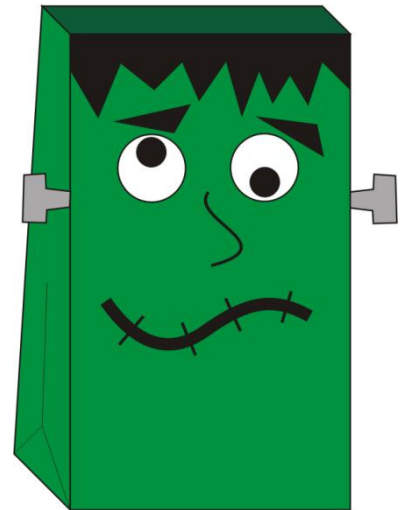
3. Frankenstein

3a. Frankenstein Bag

Frankenstein is often depicted to be green and can be a cute Halloween craft. You can find many Frankenstein crafts online: <https://www.google.ca/#q=frankenstein+craft>

Supplies

- paper bag – preferably a green bag, but you could cover one side with green construction paper or paint the outside of the bag
- construction paper: black, grey, white
- scissors
- glue stick
- marker



Directions

1. If the bag is not already green, either cover one side with a piece of green paper or paint the bag green and allow to dry.
2. Cut out face pieces using paper: black fringed hair, black eyebrows, grey bolts, white eyes, black pupils – be creative! Glue in place.
3. Use the marker to add a mouth and “stitches.”



3b. Frankenstein Relay

This game is similar to the elf relay game above.

Supplies

- something to create an obstacle course for each relay team – could be a series of chairs

Directions

1. Divide the girls into teams and line up relay-style.
2. To complete the relay, they must become Frankenstein. To become Frankenstein, each girl stands perfectly straight with her arms out in front of her. When she walks, her knees can not bend!
3. Complete the obstacle course as Frankenstein, as quickly as possible. If anyone bends their knees, they must return to the beginning and start again.
4. When back at the team, tag the next girl to become Frankenstein. All the girls must complete the obstacle course one at a time.

4. Grass**4a. Green Grass Grew All Around Song**

This cumulative, repeat-after-me song can take a long time to sing! The girls may want to make up their own version. Listen to one version of this song online: <http://youtu.be/tiYbUfW8Mhk>.

*There was a hole (There was a hole)
In the middle of the ground (In the middle of the ground)
The prettiest hole (The prettiest hole)
That you ever did see (That you ever did see)*

Chorus:

*Well, the hole was in the ground
And the green grass grew all around, all around
And the green grass grew all around*

*And in this hole (And in this hole)
There was a root (There was a root)
The prettiest root (The prettiest root)
That you ever did see (That you ever did see)*

Chorus:

*Well, the root was in the hole
And the hole in the ground
And the green grass grew all around, all around
And the green grass grew all around*

3. *And on this root (And on this root)... there was a tree (There was a tree)...*
4. *And on this tree (And on this tree)...there was a branch (There was a branch)...*
5. *And on this branch (And on this branch)...there was a twig (There was a twig)*
6. *And on this twig (And on this twig)...there was a nest (There was a nest)*
7. *And in this nest (And in this nest)...there was an egg (There was an egg)*
8. *And in this egg (And in this egg)...there was a bird (There was a bird)*
9. *And on this bird (And on this bird)...there was a wing (There was a wing)*
10. *And on this wing (And on this wing)...there was a feather (There was a feather)*



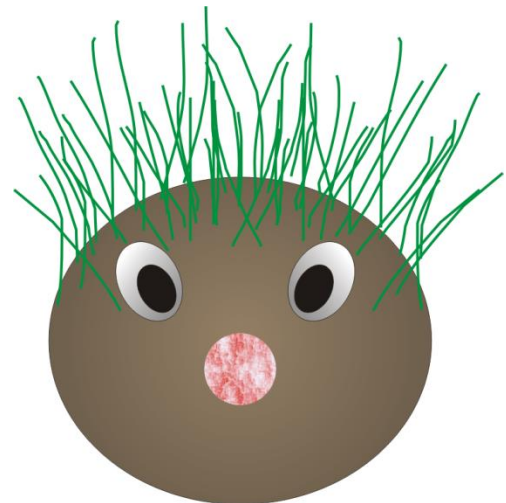
4b. Grass “Chia” Pet

Supplies

- potting soil
- grass seeds
- nylons
- scissors
- googly eyes
- glue
- other craft supplies to decorate your pot/cup

Directions

1. Mix the soil with the grass seed: 2 parts of soil to 1 part of grass seed.
2. Cut the nylons into sections and tie one end closed.
3. Add the soil/seed mixture to a nylon section and tie off the other end of the nylon with the soil inside.
4. Decorate the nylon ball any way you would like – add googly eyes, pom-poms, pipe cleaners, etc.
5. Place the pet in a bowl and add water. Make sure to water it daily and keep it in a sunny location. It can take a week before you will see results.

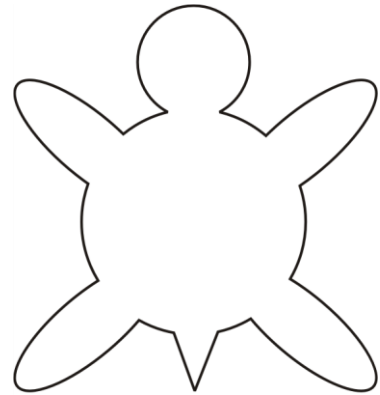


5. Turtles

5a. Turtle Hat Craft

Supplies

- green bottle cap or half walnut shell painted green
- green fun foam
- green pom-pom
- scissors
- googly eyes
- glue
- safety pin
- ball point pen
- template (optional)



Directions

1. The template works for a water bottle lid. Cut out the template and trace it onto fun foam, then cut out the fun foam. If you are using a walnut or another size of bottle cap for the shell, trace the shell onto the fun foam and draw your own legs, tail and head before cutting out.
2. Glue the bottle cap onto the fun foam.
3. Glue the pom-pom on as a head.
4. Glue googly eyes onto the pom-pom.
5. Stick a safety pin through one foot to attach the turtle to your hat.

Find many more turtle craft ideas online: <https://www.google.ca/#q=turtle+crafts>.

5b. Target Turtle

Supplies

- large piece of cardboard
- green fleece or felt
- permanent marker
- green paper or fun foam
- small beanbags
- Velcro (hook side)

Directions

1. Create the target turtle by using a large piece of cardboard cut into an oval shape and cover it with green fleece or felt.
2. Make his shell segments worth different points. Draw on the shell segments with a permanent marker.
3. Make a paper or fun foam head, feet and tail.

4. Attach a hook piece of Velcro to the beanbags – this is easy if you use adhesive Velcro!
5. Put the completed turtle up on a tree or wall where girls can throw small beanbags at it. Keep score!

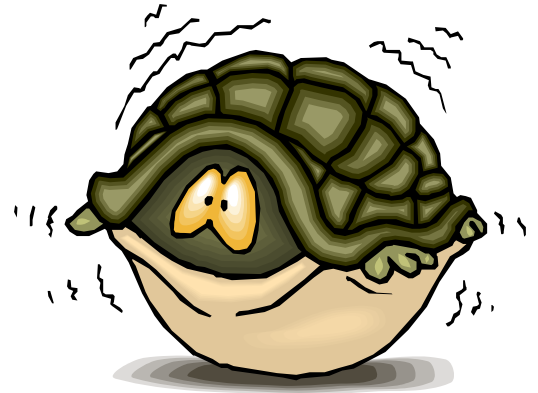
5c. Turtle in the Shell Game

Supplies

- blanket (preferably green!)

Directions

1. The girls skip, run, dance, etc. until the leader calls out “turtle!”
2. When the leader calls “turtle,” all girls crouch on the ground with their arms covering their heads, so they can’t see.
3. When all of the eyes are covered, the leader places a blanket over one girl and says “Turtles, time to wake up!”
4. All girls, except for the one who is covered, now stand up.
5. The leader then says “One of our turtles has not come out of her shell! Who could it be?”
6. The girls try to identify who is missing.



6. Caterpillars

Although caterpillars can be many different colours, they are often green, to blend in with their surroundings... “*The Very Hungry Caterpillar*” by Eric Carle has a green caterpillar.

6a. Caterpillar Pencil

Supplies

- pencil
- green construction paper or fun foam
- scissors
- hole punch
- googly eyes
- green pipe cleaner
- glue



Directions

1. Cut a strip of green paper for each caterpillar, about 1” to 1 ½” wide and the length of the paper.

2. Fan-fold the paper so that each piece is square.
3. Use a hole punch to make a hole in the center of the folded stack. You may need to hole punch a couple of times to make the hole big enough for the pencil to go through.
4. Trim the corners of the stacked fan-fold to make it somewhat circular. Be careful to not cut all the way through either set of folds!
5. Slide the paper fan onto the pencil, spreading it out to make the caterpillar's body.
6. Cut the pipe cleaner to the desired length, then bend it under the fold behind the head to make the antennae. You can add glue, if needed.
7. Glue on the eyes above the eraser "nose".

Find more caterpillar crafts online: <https://www.google.ca/#q=caterpillar+crafts>

6b. The Caterpillar Game

From "Play It Fair! Human Rights Education Toolkit for Children" © 2008 Equitas – International Centre for Human Rights Education.

The purpose of this activity is to experience collaboration and think about how we can best work together.

Directions

1. Ask one girl to get down on her hands and knees in a crawling position.
2. Now, ask a second girl to get down in a crawling position behind the first girl, placing her hands on the other's ankles. Invite the other girls to get into a crawling position as well, linking their hands and ankles to form a caterpillar.
3. When all the girls are in position, the first one begins moving forward and all the others must try to keep the pace.

After the game, reflect on the experience. Ask the following questions:

- Did you like this game? Why or why not?
- What needs to happen for the caterpillar to be able to move forward without coming apart?
- What can we do to work well as a group?

6c. Balloon Caterpillar Race

Supplies

- green balloons
- obstacles (could be safety cones or chairs)

Directions

1. Set up an obstacle course for each team. Perhaps 3 or 4 obstacles between the start and finish line, having each team loop around each obstacle.
2. Divide the girls into small groups – 3 girls per group should be challenging enough,

but you can try larger groups, if you dare!

3. Give each group one less balloon than the number of girls, so for 3 girls in a group you will need two balloons.
4. To become a caterpillar, each girl squishes a balloon between herself and the girl in front of her. For a team of three you would have girl – balloon – girl – balloon – girl. They must not use their hands on the balloons!
5. Race through the obstacle course, without dropping the balloons.
6. Try this game relay-style, with 6 or 9 girls on a team, and make multiple caterpillars that take turns navigating the obstacles.

7. Grasshopper Hat Craft

Supplies

- green mini clothespin
- green floral or craft wire
- mini googly eyes
- glue
- safety pin



Directions

1. Cut about a 3” length of wire. Wrap the wire around the bottom of the “mouth” of the clothespin, then bend the wire to form the legs of the grasshopper.
2. Glue two small googly eyes to the top of the “mouth”.
3. Add a safety pin to one leg to hang the grasshopper from your hat.

8. Cactus Pincushion

A pin cushion can make a great gift!

Supplies

- green glove, mitten or child’s sock
- Polyfill stuffing
- small garden pot
- glue
- sewing pins
- rock, clay or play dough
- optional: craft supplies to decorate the pot



Directions

1. Fill the glove/mitten/sock with Polyfill stuffing.
2. Place a rock, some clay or some play dough in the base of the pot (to weight it down).

3. Put a bead of glue around the inside rim of the pot, then stuff the base of the glove/mitten/sock into the pot – so that the edge will be glued to the pot.
4. Stick pins into the “cactus”.
5. Optional: decorate the pot.

Find more cactus craft ideas online: <https://www.google.ca/#q=cactus+crafts+kids>.

9. Oscar the Grouch

9a. Oscar Hat Craft

Supplies

- black film canister with lid, or pill bottle with lid or small craft container with lid & aluminum foil or duct tape
- green pom-pom
- cotton ball
- small length of brown yarn
- black and red felt
- googly eyes
- scissors
- glue
- narrow ribbon
- safety pin



Directions

1. If you can't locate a film canister, cover a bottle and lid (separately) with aluminum foil or duct tape.
2. Put the cotton ball in the bottom of the container as a spacer.
3. Glue two googly eyes onto the pom-pom.
4. Glue the brown yarn above the eyes to make a “uni-brow”.
5. Cut out a black mouth and small red tongue from the felt, glue the tongue on the mouth and glue the mouth onto the pom-pom. Note: this can be tricky for little fingers. Alternately, you could omit the mouth and push the pom-pom a little further into the container so that it looks like he is just peeking out.
6. Thread the ribbon through the safety pin.
7. Loop the ribbon in half, and put the two ends in the bottle with the loop and pin outside.
8. Glue the pom-pom into the top of the bottle.
9. Glue the lid on Oscar's head.

9b. Oscar’s Garbage Games**Supplies**

- garbage can
- newspaper or other paper for recycling, crumpled into balls, 5 per player
- empty tin cans
- bean bags

Directions

1. Give each player 5 pieces of “trash” to feed to Oscar. Take turns throwing the trash into the can. Go crazy – have everyone throw the trash into the can at once – how long does it take to get all the trash in the can?
2. Stack up empty tin cans. Throw the trash (bean bags) at the cans to see if you can knock them down.

10. Going Green**10a. Upcycling Craft**

Upcycling is when you use a discarded product and create something that is better than the original. There are many upcycling ideas online. Find one that fits with your theme: <https://www.google.ca/#q=upcycle+recycle+kids+crafts>

10b. Environmental Service Project

“Go Green” by helping the environment. The January 2014 issue of the FunFinder includes many activities to fulfill the 2012-2014 National Service Project: Operation Earth Action. Find some “green” activities in the online issue (found on the BC Girl Guides website <http://www.bc-girlguides.org/>).

Some service project ideas are:

- park, beach or community clean up (such as Earth Day, Pitch In, Shoreline cleanup)
- grow flowers for seniors
- recycle items from your meeting place if they do not have a recycling program
- tree planting
- yellow fish storm drain painting



11. Slime / Oobleck

This activity is the same as Cornstarch Putty in the Yellow Appendix, but instead of focusing on the fact that it is a corn product, here we can highlight that it is “Oobleck”. First read the book “*Bartholomew and the Oobleck*” by Dr. Seuss then make your own Oobleck.

Supplies

- container to mix in (such as a paper cup)
- ¼ cup cornstarch per girl
- 1-2 tablespoons of water
- green food colouring

Directions

1. Put the cornstarch into the container.
2. Add a couple of drops of green food colouring to the water.
3. Slowly add the water to the cornstarch, mixing with your fingers, until all of the powder is wet. You want the mixture to be fairly thick, but fully mixed, so that it looks like a liquid when stirred slowly, but feels like a solid when tapped solidly with your finger.
4. The mixture should be able to drip slowly from your hand when lifted, but not splatter when hit. Adjust the amount of cornstarch or water until you have the right consistency.

Oobleck is a Non-Newtonian fluid, which means it doesn't act like other fluids; it has properties of both a solid and a fluid. It flows like a liquid, but can break apart like a solid. It looks wet, but becomes dry when you rub it between your fingers.

Have fun playing with this gooey mixture!



12. Trees

In addition to tree planting (as a service project) you can incorporate some other tree activities.

12a. Hug a Tree Game

Play this outdoors in an area with a variety of trees.

Supplies

- blindfold (optional)

Directions

1. Girls are partnered up in pairs.
2. Partner A closes her eyes or is blindfolded then Partner B leads her to a nearby tree.
3. Partner A uses her hands to feel the tree and get a sense of the characteristics of that tree (i.e. Is the bark rough or smooth? Is the tree wide, or thin?).
4. After a couple minutes of blindfolded exploration, Partner B leads Partner A back to the starting point.
5. At that time, Partner A removes her blindfold and tries to identify the tree she was feeling.
6. Have the players switch roles and explore a new tree. A fun challenge for all ages!

12b. Four Trees Game

Play outdoors in an area that has at least four trees large enough for a few girls to hide behind.

Directions

1. Name the trees #1, 2, 3, 4 or by the type of tree (i.e. douglas fir, maple, cedar, etc).
2. Play the game as you would play Four Corners using the trees as the “corners”.
3. One girl stands in the middle of the playing area with her eyes closed and counts to 10 (count higher if trees are spaced a fair distance apart).
4. As she is counting, the rest of the group runs to hide behind one of the designated trees.
5. The counter chooses one of the trees, keeping her eyes closed. Whoever is hiding behind that tree comes to sit in the middle.
6. If the counter calls a tree where no one is hiding, everyone who is out can go back into the game.

12c. Tree Crafts

There are many tree craft ideas on the internet. Find one that suits you, keeping with the green theme! <https://www.google.ca/#q=tree+crafts>

13. Peas

13a. The Princess and the Pea by Hans Christian Andersen

Public Domain.

Once upon a time there was a prince who wanted to find a princess, but she would have to be a *real* princess. So he traveled all around the world to find one, but there was always something wrong. There were princesses enough, but he could never be sure that they were real ones. There was always something about them that was not quite right. So he came home again and was sad, for he so much wanted to have a real princess.

One evening there was a terrible storm. It thundered and lightened! The rain poured down! It was horrible! Then there was a knock at the city gate, and the old king went out to open it.

A princess was standing outside. But my goodness, how she looked from the rain and the weather! Water ran down from her hair and her clothes. It ran into the toes of her shoes and out at the heels. And yet she said that she was a real princess.

"Well, we shall soon find that out," thought the old queen. But she said nothing, went into the bedroom, took off all the bedding and laid a pea on the bottom of the bed. Then she took twenty mattresses and laid them on the pea, and then twenty featherbeds of eiderdown on top of the mattresses.

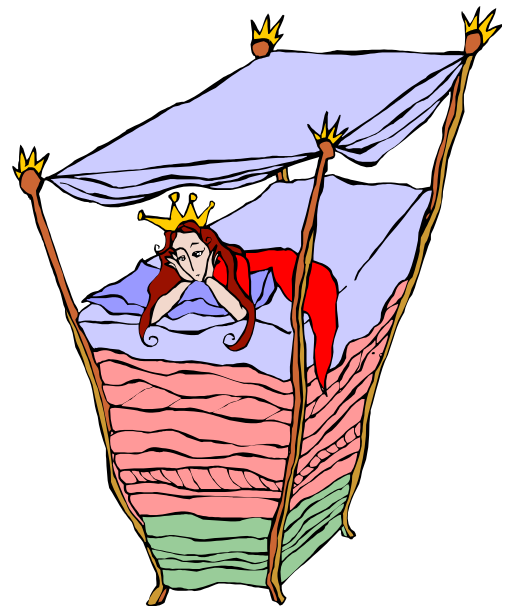
That was where the princess was to sleep for the night. In the morning she was asked how she had slept.

"Oh, horribly!" she said. "I hardly closed my eyes all night. Goodness knows what there was in the bed! I was lying on something hard, so that I am black and blue all over my body. It is horrible!"

Now they could see that she was a real princess, because she had felt the pea right through the twenty mattresses and the twenty featherbeds. Nobody but a real princess could be that sensitive.

So the prince took her for his wife, because now he knew that he had a real princess. And the pea was put in the art gallery where it can still be seen, unless someone has taken it.

Now see, that was a real story!



13b. Princess and the Pea Pillow Game

Supplies

- small (hopefully green!) ball to represent the pea – could be a golf ball or, if you want a challenge, use a marble
- several pillows

Directions

1. Hide the “pea” under one of the pillows.
2. Take turns, having each girl sitting on the pillows and trying to figure out where the pea is. If she gets it right, she hides the pea for the next girl to find.

13c. Pea Hunt

Supplies

- small green pom-poms, green beads or dried peas
- small bag for each player

Directions

1. Distribute the “peas” around the play area. Hide them for more of a challenge!
2. Challenge the girls to each find a certain number of “peas” or just let them hunt for a set amount of time.
3. If using beads, string them together at the end to make a “pea bracelet”.

13d. Peapod Hat Craft

Supplies

- 5 green pony beads
- pipe cleaner, cut to 3” long
- green felt, cut in a rectangle about 1” x 2.5”
- tacky glue
- scissors
- safety pin



Directions

1. Thread the pony beads onto the pipe cleaner so the beads are close together in the middle of the pipe cleaner, then bend both ends around to one side of the beads.
2. Spread a thin layer of tacky glue all over one side of the felt rectangle.
3. Place the string of beads onto the middle of the gluey felt rectangle, with the pipe cleaner against the felt.
4. Fold the felt rectangle in half around the beads, matching the edges of the felt at either end of the beads and pinching the ends together until the glue sets. With tacky

glue, it will set quickly.

5. When the glue is set, trim the ends of the felt to shape it like a peapod (cut diagonally from the top edge down towards the base of the beads).
6. Add a safety pin to hang it from your camp hat.

PROGRAM CONNECTIONS

Wondering how these activities fit into the rest of your unit’s program? Following are some program connections for Sparks and Brownies. This is not a comprehensive list – feel free to apply your activities to other parts of the program as you see fit. Remember that each activity you complete can accomplish multiple parts of the program.

Activity	Spark Keepers	Brownie Keys / Interest Badges
Jumping Frog	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Fuzzy Frog Prince	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Paper Plate Frog Puppet	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to the Arts: <ul style="list-style-type: none"> • Puppet Play interest badge
Paper Cup Frog	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Friction Frog	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to STEM: <ul style="list-style-type: none"> • Special Interest Badge

Activity	Spark Keepers	Brownie Keys / Interest Badges
Frog Songs	Going Camping <ul style="list-style-type: none"> • Campfire Brownies and Beyond <ul style="list-style-type: none"> • Additional Activities: Learn a funny song 	Key to Camping: <ol style="list-style-type: none"> 5. Sing and Shout Key to the Arts: <ul style="list-style-type: none"> • Share Your Talent for Music interest badge
Frogs and Ants Game	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action Key to Camping: <ul style="list-style-type: none"> • Team Together interest badge
Frogs and Crocodile Game	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action
Elf Craft	Brownies and Beyond: <ul style="list-style-type: none"> • Additional Activity 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Elf Relay	Being Healthy: <ul style="list-style-type: none"> • Relays 	Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action
Who’s the Leprechaun?	Being Healthy: <ul style="list-style-type: none"> • Move to the Beat 	Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action
Giants, Wizards, Elves Game	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action
Frankenstein Bag	Exploring and Experimenting: <ul style="list-style-type: none"> • Additional Activity 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Frankenstein Relay	Being Healthy: <ul style="list-style-type: none"> • Relays 	Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action

Activity	Spark Keepers	Brownie Keys / Interest Badges
Green Grass Grew All Around Song	Going Camping: <ul style="list-style-type: none"> • Campfire 	Key to Camping: <ol style="list-style-type: none"> 5. Sing and Shout Key to the Arts: <ul style="list-style-type: none"> • Share Your Talent for Music interest badge
Grass “Chia” Pet	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft 	Key to the Living World: <ol style="list-style-type: none"> 2. Plant Life <ul style="list-style-type: none"> • Grow your Garden interest badge
Turtle Hat Craft	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: animal craft Brownies & Beyond: <ul style="list-style-type: none"> • Additional Activity: Make a hat craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Target Turtle	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals 	Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks
Turtle in the Shell Game	Going Outside: <ul style="list-style-type: none"> • Outside Active Games 	Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks
Caterpillar Pencil	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: create an animal 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge

Activity	Spark Keepers	Brownie Keys / Interest Badges
The Caterpillar Game	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action
Balloon Caterpillar Race	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to the Living World: <ol style="list-style-type: none"> 1. Wondrous Walks Key to Active Living: <ol style="list-style-type: none"> 2. Outdoor Action Key to Camping: <ul style="list-style-type: none"> • Team Together interest badge
Grasshopper Hat Craft	Exploring and Experimenting: <ul style="list-style-type: none"> • Animals Going Outside: <ul style="list-style-type: none"> • Additional Activity: create an animal Brownies & Beyond: <ul style="list-style-type: none"> • Additional Activity: Make a hat craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge
Cactus Pincushion	Brownies & Beyond: <ul style="list-style-type: none"> • Additional Activity: Make a small craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge Key to the Living World: <ol style="list-style-type: none"> 5. Reduce! Recycle! Reuse!
Oscar Hat Craft	Brownies & Beyond: <ul style="list-style-type: none"> • Additional Activity: Make a hat craft 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge Key to the Living World: <ol style="list-style-type: none"> 5. Reduce! Recycle! Reuse!
Oscar's Garbage Games	Going Outside: <ul style="list-style-type: none"> • Outside Active Games Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to the Living World: <ol style="list-style-type: none"> 5. Reduce! Recycle! Reuse! Key to Active Living: <ul style="list-style-type: none"> • Go For It interest badge

Activity	Spark Keepers	Brownie Keys / Interest Badges
Upcycling Craft	Going Outside: <ul style="list-style-type: none"> Additional Activities: Make a bird feeder, celebrate Earth Day Exploring and Experimenting: <ul style="list-style-type: none"> Additional Activity 	Key to the Living World: <ol style="list-style-type: none"> Reduce! Recycle! Reuse! <ul style="list-style-type: none"> Terrific Trash interest badge
Environmental Service Project	Brownies and Beyond: <ul style="list-style-type: none"> Additional Activity: Joint service project In My Community: <ul style="list-style-type: none"> Additional Activities: community project Going Outside: <ul style="list-style-type: none"> Additional Activities: celebrate Earth Day 	Key to the Living World: <ol style="list-style-type: none"> Celebrate Earth Day Key to Girl Guides: <ul style="list-style-type: none"> Taking Part interest badge Saving Water interest badge
Slime/Oobleck	Exploring and Experimenting: <ul style="list-style-type: none"> Additional Activity 	Key to STEM: <ol style="list-style-type: none"> Caboosh
Hug a Tree Game	Going Outside <ul style="list-style-type: none"> Additional Activity: Hug-a-tree Going Camping: <ul style="list-style-type: none"> Additional Activities: separated from your group 	Key to the Living World: <ol style="list-style-type: none"> Celebrate Earth Day Key to Camping <ol style="list-style-type: none"> Lost and Found Outdoors
Four Trees Game	Going Outside: <ul style="list-style-type: none"> Additional Activity: trees 	Key to Active Living: <ol style="list-style-type: none"> Outdoor Action <ul style="list-style-type: none"> Go For It interest badge
Tree Crafts	Going Outside: <ul style="list-style-type: none"> Nature Walk Additional Activity: trees 	Key to the Living World: <ol style="list-style-type: none"> Wondrous Walks Plant Life Seasons Come and Go
The Princess and the Pea by Hans Christian Andersen	Going Camping: <ul style="list-style-type: none"> Additional Activity: story time 	Key to the Arts: <ul style="list-style-type: none"> Hurrah For Reading interest badge Tell It interest badge

Activity	Spark Keepers	Brownie Keys / Interest Badges
Princess and the Pea Pillow Game	Being Healthy: <ul style="list-style-type: none"> • Active Games 	Key to Active Living: <ul style="list-style-type: none"> • Go For It interest badge
Pea Hunt	Being Me: <ul style="list-style-type: none"> • Who Am I? (bracelet) Being Healthy: <ul style="list-style-type: none"> • Additional Activities: explore fruits and vegetables 	Key to STEM: <ul style="list-style-type: none"> • Number Magic interest badge Key to Active Living: <ol style="list-style-type: none"> 3. Fabulous Food
Peapod Hat Craft	Brownies & Beyond: <ul style="list-style-type: none"> • Additional Activities: Make a hat craft Being Healthy: <ul style="list-style-type: none"> • Additional Activities: explore fruits and vegetables 	Key to the Arts: <ul style="list-style-type: none"> • Super Crafts interest badge Key to Active Living: <ol style="list-style-type: none"> 3. Fabulous Food