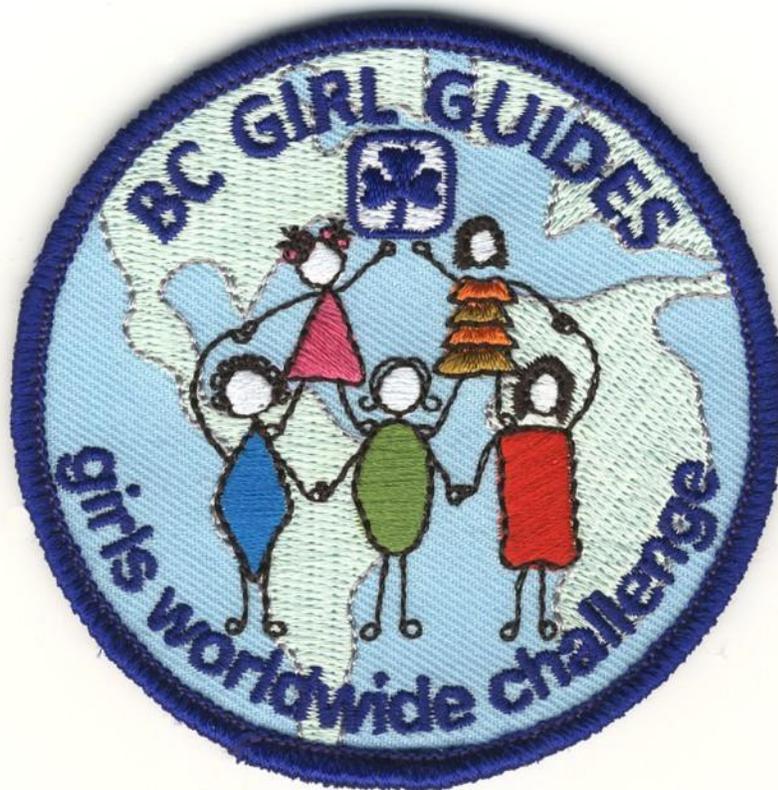


GIRLS WORLDWIDE CHALLENGE

A MILLENNIUM DEVELOPMENT GOALS
AWARENESS CHALLENGE
FROM THE BC PROGRAM COMMITTEE





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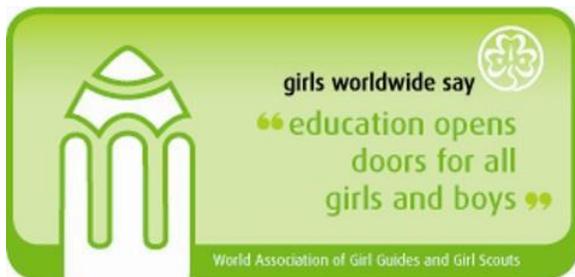
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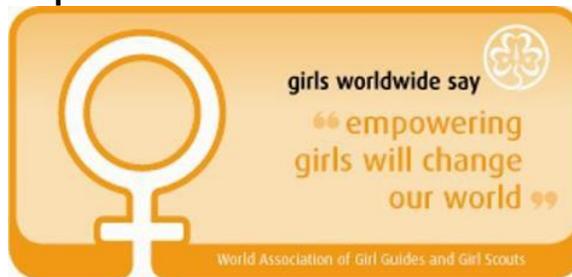
FOREWORD

The Girls Worldwide Challenge is a chance to learn about the issues and concerns faced by women and children throughout the world, with a focus on four of the eight United Nations Millennium Development Goals (MDGs). The four goals addressed in this challenge are:

MDG 2: achieve universal primary education



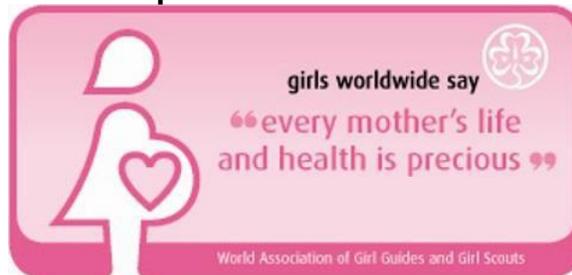
MDG 3: promote gender equality and empower women



MDG 4: reduce child mortality



MDG 5: improve maternal health



The BC Program Committee chose these four as being focused on girls and women and most relevant to Girl Guides of Canada-Guides du Canada in making connections between the girls in our program and girls and women around the globe. If we focus on our world at a personal level for our girls, we will begin to make change in this world, a key initiative of WAGGGS.

The activities within this challenge have been adapted from numerous sources, including the WAGGGS Global Action Theme badge and the WAGGGS World Thinking Day activity packs. Once you have completed this challenge, you may wish to expand your understanding of these topics by completing the WAGGGS Global Action Theme Badge or the WAGGGS World Thinking Day badges (links available in the References section). You can order the WAGGGS badges online from <http://waggs-shop.org/en/products/badges>.

When you have completed the activities, complete the [BC Challenge Crest, Pin, and Camp To Go Order Form](#) which can also be found on the [BC Girl Guides](#) website (click on Girl Engagement > Program > Program Challenges). Before filling out the Order form, please read the [BC Challenge Crest, Pin, and Camp To Go Information](#) document in order to understand the pricing and payment for the various crests, pins and merchandise. If you would like more information on WAGGGS or WAGGGS resources, please contact the BC International Committee at bc-international@girlguides.ca



EARNING YOUR GIRLS WORLDWIDE CHALLENGE

There are three categories to the challenge: **Learning**, **Acting** and **Speaking Out**

Each category has been designed to give girls from Sparks to Rangers age-appropriate activities, topics, and involvement. The common core of the challenge allows the girls to explore all four MDGs while the completion of the challenge allows the girls to focus on one or two MDGs or continue to broaden their knowledge.

To meet the common core requirements, you must do one activity from each of the four MDGs (the MDGs are marked by their number) regardless of which category they are in: Learning, Acting or Speaking Out.

Sparks and Brownies: to earn the crest, once you have completed the common core, you must do two more activities, one of which must be from the Speaking Out category.

Guides and Pathfinders: to earn the crest, once you have completed the common core, you must do four more activities, one of which must be from Acting and one of which must be from Speaking Out.

Rangers and Adults: to earn the crest, once you have completed the common core, you must do six more activities, two of which must be from Acting and two of which must be from Speaking Out OR you may lead a younger branch to earn their Girls Worldwide Challenge.

Branch:		Sparks/ Brownies	Guides/ Pathfinders	Rangers/ Adults
Core activities can come from any category.	MDG 2	1	1	1
	MDG 3	1	1	1
	MDG 4	1	1	1
	MDG 5	1	1	1
Additional activities required to fulfill the challenge.	Any category	1	2	2
	Acting		1	2
	Speaking Out	1	1	2

**LEARNING CATEGORY ACTIVITIES**

1.	Make a list of all the jobs you think of that require going to college or university for.	MDG 2
2.	Come up with a list of reasons that children may not be able to go to school, even though they want to.	MDG 2
3.	Pick three countries you are not familiar with. Think of a young girl in those countries and draw a picture of what she would look like and would be wearing. Then, on your own or with the help of others, find out how reality compares.	MDG 2
4.	Make a list of jobs that you normally think of men doing. See if you can think of women you know who do any of these jobs.	MDG 2
5.	Play variations of a Kim's Game where girls have different disadvantages to playing (the items too far away to see properly, too short a time to look at all the items, too many items too close together). Afterwards, talk about some of the disadvantages and compare this to getting an education and how difficult it can be for many reasons	MDG 2
6.	Read the story Beatrice's Goat by Page McBrier , the story of a family helped by a microloan and allowing young Beatrice to go to school or watch the 60 Minutes episode Goats for Peace https://www.cbsnews.com/news/beatrices-goat-fed-a-dream/	MDG 2
7.	Write down or draw the steps a girl takes to get ready for school - getting dressed, eating breakfast, getting a ride to school, etc. Now think how each of those things – If gone – would affect you.	MDG 2
8.	Scribbles - Have 4 groups with 3 sets of simple instructions for a game and one set of scribbled lines that the girls are unable to read. Ask the girls to read their instructions and start to play the game – ask the girls who are unable to do so how they felt. Talk about how the lack of education affects the simplest things	MDG 2
9.	Divide girls into 3 groups – give the 1 st group a pencil and paper for each girl, the 2 nd group one pencil for each two girls and a piece of paper each, and the 3 rd group one pencil and one piece of paper that the whole group must use. Afterwards talk about how even if girls can go to school there are other obstacles in their way – what others could there be?	MDG 2
10.	Watch the trailer for Girl Rising on YouTube, a movie about girls and education. http://girlrising.com/	MDG 2
11.	Think about some different customs or traditions that are considered beautiful in some countries but different from our society. Why would there be different ideas about what beauty is?	MDG 2 and MDG 3



12.	Everyone is beautiful on the inside. On large pieces of newsprint, draw a large outline of yourself and in it write everything that you think makes a person beautiful on the inside.	MDG 3
13.	When you make decisions, you feel empowered. Try some new ways of making decisions - e.g. find a new way of voting and vote for what you want to do by using this new method. One way you could vote is to make noise to show you want to do something, or keep quiet if you don't. Think of some other creative ways to vote.	MDG 3
14.	Create a list of women you believe have done some great things in this world. Now create a list of women you admire. Are they the same? Why or why not?	MDG 3
15.	Find out when International Women's Day is and make a card to celebrate the date.	MDG 3
16.	When children suffer from dehydration, they can take a rehydration solution. Try this recipe, which is used for children suffering from dehydration: Mix ½ teaspoon of salt, 6 teaspoons of sugar and 1 litre of clean water (or water that has been boiled and then cooled) together until the salt and sugar are completely dissolved. Taste a small amount of the solution.	MDG 4
17.	Find out about International Handwashing Day and invent a game, song or a 30 second poem to help remember what you learned.	MDG 4
18.	With a couple of ingredients, you can make a food that will help a starving child. This mixture has been used to save many children from starvation: <ul style="list-style-type: none"> • 50g of natural peanut butter (or substitute soy butter) • 50g non-fat dry milk powder • 50g honey • 50g oats • Optional sunflower seeds, currants, raisins and other dried fruit. Mix the peanut butter (soy butter), milk powder and honey in a bowl. Add optional extra ingredients: Spread oats on a plate, roll the mixture into little bars (use clean hands or spoons) about the size of an adult's little finger. Then, coat each bar with the oats by rolling the bars on the plate. Place the ready bars on a clean plate and share around afterwards for everyone to taste.	MDG 4
19.	Using all the colours of the rainbow (ROYGBIV), design a healthy meal.	MDG 4 or MDG 5
20.	Plant two vegetables and find out their nutritional value.	MDG 4 or MDG 5
21.	Using pictures from magazines or your own drawings, create a collage of things that would help babies and mothers stay healthy.	MDG 4 or MDG 5

**ACTING CATEGORY ACTIVITIES**

1.	Create your own board game about kids going to school - having to move backwards if there are obstacles to their going or being rewarded for persevering, etc. Use your imagination.	MDG 2
2.	Do a used book drive, collecting books that can then be donated to shelters, ESL programs, and other community services where books might be needed.	MDG 2
3.	Make education kits- using a small shoebox or fabric bag, fill it with pencils, erasers, paper, pens, crayons, a ruler, glue, and then include a cute pencil case—arrange to get these to charities who work in Third World Countries.	MDG 2
4.	Have someone come from a family planning clinic and find out about the ways they try to prevent adolescent pregnancy.	MDG 2 and MDG 5
5.	Arrange to have some guest speakers come visit who work in non-traditional roles for their gender. Find out about their experiences, whether they have been treated differently, etc.	MDG 2 and MDG 3
6.	Make a list of some nice things you can do for your mother or another mother you know, whether the things are making her feel good about herself or whether the things are meant to take care of her. Make a pledge to do these things within a certain time frame.	MDG 3 or MDG 5
7.	Newborn babies can quickly lose their body heat – up to four times faster than adults. A hat is something that can keep them warm, which helps them to stay healthy. Make soft hats that would fit a newborn baby. Give them to a hospital or a local women’s shelter, or sell your hats to raise money for the World Thinking Day Fund.	MDG 3
8.	Host a fifth birthday party to celebrate the children who live to be 5 years old; many children die before they reach their 5th birthday. Do activities such as Mosquito Tag, and include facts on the invitations that to help focus on making sure we can do all we can to have children grow up healthy.	MDG 4
9.	Play a germ game that demonstrates how germs are spread. Some links are: <ul style="list-style-type: none"> • http://food.unl.edu/web/safety/kidshandwashingmaterials • http://www.livestrong.com/article/104096-games-teach-kids-personal-hygiene/ • https://www.peelregion.ca/health/infectioncontrol/infection-prevention.htm 	MDG 4



10.	Play Mosquito Tag: Depending on the size of your group, choose one or two girls to be mosquitoes. The mosquitoes try and 'bite' the other girls by tagging them. But some of the players are secretly given a bead to represent a protective mosquito net. If a girl is bitten, she is out unless she has the bead – the mosquito-net bead means she is protected and can stay in the game. During the game, girls can secretly pass their 'net' beads to other girls. The game ends when only those with nets remain.	MDG 4
11.	Create a small "pampering" package to give to about-to-be moms. This could be a small basket with multi-vitamins, herbal teas, moisturizing lotion, bath salts, whatever helps keeps a mom staying healthy.	MDG 5
12.	Make a giant domino set with pictures or ideas that connect one idea to another when put into a domino train e.g. one domino has a baby on one side, and a mosquito on the other, a 2nd domino has bed netting on one side and a graduation cap on the other, the 3rd has a girl receiving a diploma on one side and a knitted cap on the other, etc.	MDG depends on the pictures used

**SPEAKING OUT CATEGORY ACTIVITIES**

1.	Make a giant mural of famous women who have accomplished great feats and display it at an event.	MDG 2 or MDG 3
2.	Write a short article or commentary for an editorial page in a local newspaper about an issue affecting women in your community.	MDG 3
3.	Make up a rhyme or rap or chant that celebrates what women can do—teach it to other groups.	MDG 3
4.	Have the girls do a presentation for an event on their favourite “Superwoman” - have fun with the idea while promoting the special women in a girl’s life.	MDG 3
5.	For younger girls, supply the printed quilt squares or, for older girls, give them blank white squares and have girl stick figures drawn on to be colored and then made into a quilt hanging to go to a local charity.	MDG 3
6.	Make postcards to send to a town council or local MP, etc. speaking out on an issue related to one of these MDGs.	MDG 3 and depends on the message
7.	Create a display of 1500 items – stones, popsicle sticks, marbles, etc. with a sign or poster that says each item represents a child who will die of a preventable disease within the space of an hour somewhere in the world.	MDG 4
8.	Make a poster showing the dangers of certain things for pregnant women and some of the good choices they can make. Give it to a health unit or clinic.	MDG 5
9.	Create a silent sign flash mob - with younger girls, determine the message you want to give and have the leaders help the girls create the signs while older girls can do the work themselves. Go to a public place and create a sign show; do it three or four times to attract enough time to read the message.	MDG depends on the message
10.	Make a giant jigsaw puzzle using girls worldwide say “together we can change our world” and assign a piece of the puzzle for each girl to decorate. Use at an advancement or enrollment or Thinking Day ceremony.	MDG depends on the message



REFERENCES

The following references will help you learn more about the Millennium Development Goals. These references were used as resources to guide us in the creation of this challenge.

United Nations Millennium Development Goals:

<http://www.un.org/millenniumgoals/>

WAGGGS GAT Badge curriculum:

<http://www.wagggs.org/en/grab/20082/1/2GATcurriculumENG.pdf>

WAGGGS World Thinking Day badges:

<http://www.worldthinkingday.org/en/about/WTDbadge>

WAGGGS World Thinking Day Themes and Activities (includes links to activity packs):

<http://www.worldthinkingday.org/en/activities10>

Girlguiding UK *Together We Can*:

<http://www.girlguidingshop.co.uk/Together-We-Can.aspx>

Girlguiding New Zealand *Get Going Girl Challenge*:

<https://www.girlguidingnz.org.nz/for-girls/programme/get-going-girl-challenge>

Girl Guides Australia *Go Girl Activity Pack*:

http://www.girlguides.org.au/public/attach/go_girl_final_web.pdf

Oxfam *Change the World in Eight Steps*:

<http://www.oxfam.org.uk/education/resources/change-the-world-in-eight-steps>

How to download YouTube videos to watch offline:

www.wikihow.com/Download-YouTube-Videos



PROGRAM CONNECTIONS

The Girls First program is girl-driven and designed to be highly flexible and agile. We encourage you to visit the [Digital Platform](#) to best determine how this challenge fits into the Program Areas and Themes.

You may want to start exploring the following Program Areas:

- Guide Together
- Connect and Question
- Take Action

This is not a comprehensive list, and remember that you can apply your activities to the Girls First program as you see fit.