



SPARKS GO WILD IN THE JUNGLE

A DAY OR OVERNIGHT CAMP TO GO
FROM THE BC CAMPING COMMITTEE



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INTRODUCTION

Sparks love to go on an adventure, and although camps and sleepovers can push them outside of their comfort zones, it isn't written anywhere that you can't take Sparks to camp. Often it can be Spark parents that are more nervous about Sparks camping than the girls. This package is written with the intention of using it as a one night residential camp or a day camp, but these activities can certainly be adjusted to be used for a two night camp, sleepover, or mother-daughter camp.

In this package, you will find the program outline, and a variety of activities, games, and crafts to choose from. As well, there are menu and recipe suggestions, a campfire, Guides Own, kit list, and a parent information notice. Build your camp to suit your time of year, location, and number of girls. Pick the activities that work for you and your girls, and draw on the strengths and knowledge of your Guiders!

Remember to use the most recent [Safe Guide forms](#) and to have them assessed as appropriate. Be sure to inform your Camping Advisor and District Commissioner of your camping plans, and draw on the resources available to you within your district (Camping, Music, Program Advisers, local trainers, etc.).

Crests order forms are available on the BC Girl Guides website (<https://www.girlguides.ca/WEB/BC/>), and crests are \$1.00 each for units from BC. There is also an evaluation form at the end of this package, and we would love to hear feedback from you regarding this camp. We love receiving pictures, so please send photos from camp (making sure that everyone in them has image releases in iMIS) and feedback to the BC Camping Committee at bc-camping@girlguides.ca.

In this camp, as in every camp, a vast amount of material has been covered and learning has happened. Please, be sure you are adding activities completed to the girl's Girls First program.

The BC Camping Committee has two rules in addition to Safe Guide that we ask you follow at each and every camp:

1. Be a No Trace Camper – Take only pictures, leave only footprints
2. Have FUN!!

PROGRAM SCHEDULE – OVERNIGHT CAMP

Saturday

- 9:00 – 9:30am** Registration
- Divide girls into jungle groups
 - Hand out group animal hats/bandanas, name tags, and morning snacks (Monkey Munchies)
 - Girls set up beds and colour backpack name tags
- 9:45am** Opening
- Welcome & Introductions
 - Safety, rules and boundaries, etc.
- 10:00 – 11:45am** First three of six round robin stations (30 min each plus transition time, snack as girls are hungry).
Choose stations from pages to follow. Mix of crafts and games is recommended.
Depending on the number of girls at this event, you can divide girls into three groups, and do two sets of three stations, or divide girls into six groups, and do a round robin of six stations all day.
- 12:00 – 1:00pm** Lunch & Lend a Hand Duties
- 1:00 – 2:45pm** Last three of six stations (30min each plus transition time)
Snack at the end of station 3 – Tiger Cookies
- 3:00 – 4:00pm** Free Time
- 4:00 – 4:30pm** Hat craft or game
- 4:30pm** Prepare for dinner
- Girls bring dress-up clothes for jungle dinner (remember to take a group photo!)
- 5:00 – 6:30pm** Dinner & Lend a Hand Duties
- 6:30pm** Campfire & Jungle Ball
- 7:30pm** Mug-up
- 8:00pm** Ready for bed, Bedtime Story
Lights out for girls

Sunday

7:00am	Girls allowed to get up; pack up before breakfast <ul style="list-style-type: none"> - Have a craft or quiet activity ready for girls who are ready quickly
8:30am	Breakfast & Lend a Hand Duties
9:45am	Wide game, Scavenger Hunt, and/or outdoor clean-up for girls while a few Guiders clean the cabin for check-out
10:45am	Closing ceremonies/Guides Own & Group Photo Goodbyes & Thank Yous
11:00am	Depart Camp

PROGRAM SCHEDULE – DAY CAMP**Saturday**

9:00 – 9:30am	Registration <ul style="list-style-type: none"> - Divide girls into jungle groups - Hand out group animal hats/bandanas, name tags, and morning snacks (Monkey Munchies) - Girls colour backpack name tags
9:45am	Opening <ul style="list-style-type: none"> - Welcome & Introductions - Safety, rules and boundaries, etc.
10:00 – 11:45am	First three of six round robin stations (30 min each plus transition time, snack as girls are hungry). Depending on the number of girls at this event, you can divide girls into three groups, and do two sets of three stations, or divide girls into six groups, and do a round robin of six stations all day.
12:00 – 1:00pm	Lunch & Lend a Hand Duties
1:00 – 2:45pm	Last three of six stations (30min each plus transition time) Snack at the end of station 3 – Tiger Cookies
2:45 – 3:30pm	Campfire
3:30pm	Group Photo & Guide's Own (Closing)
4:00pm	Sparks go home!

PROGRAM WORKSHEET – OVERNIGHT CAMP

Saturday

Time	Activity	Responsible Guider	Equipment Needed
9:00am	Registration		
	Animal Hats/ Group Bandanas		
	AM Snack		
	Name tags		
	Organize girls with beds		
9:45am	Opening		
10:00 – 11:45am	Station 1		
	Station 2		
	Station 3		
	Station 4		
	Station 5		
	Station 6		
12:00pm	Lunch		
1:00pm	Last Stations		
2:45pm	Snack		

3:00pm	Free Time		
4:00pm	Hat Craft/Game		
4:30pm	Prep for Dinner		
5:00pm	Dinner		
6:30pm	Campfire & Jungle Ball		
7:30pm	Mug Up		
8:00pm	Get Ready for Bed & Story		

Sunday

Time	Activity	Responsible Guider	Equipment Needed
7:00am	Pack up		
8:30am	Breakfast		
9:45am	Wide game /Scavenger Hunt		
10:45am	Guides Own		
11:00am	Depart camp		

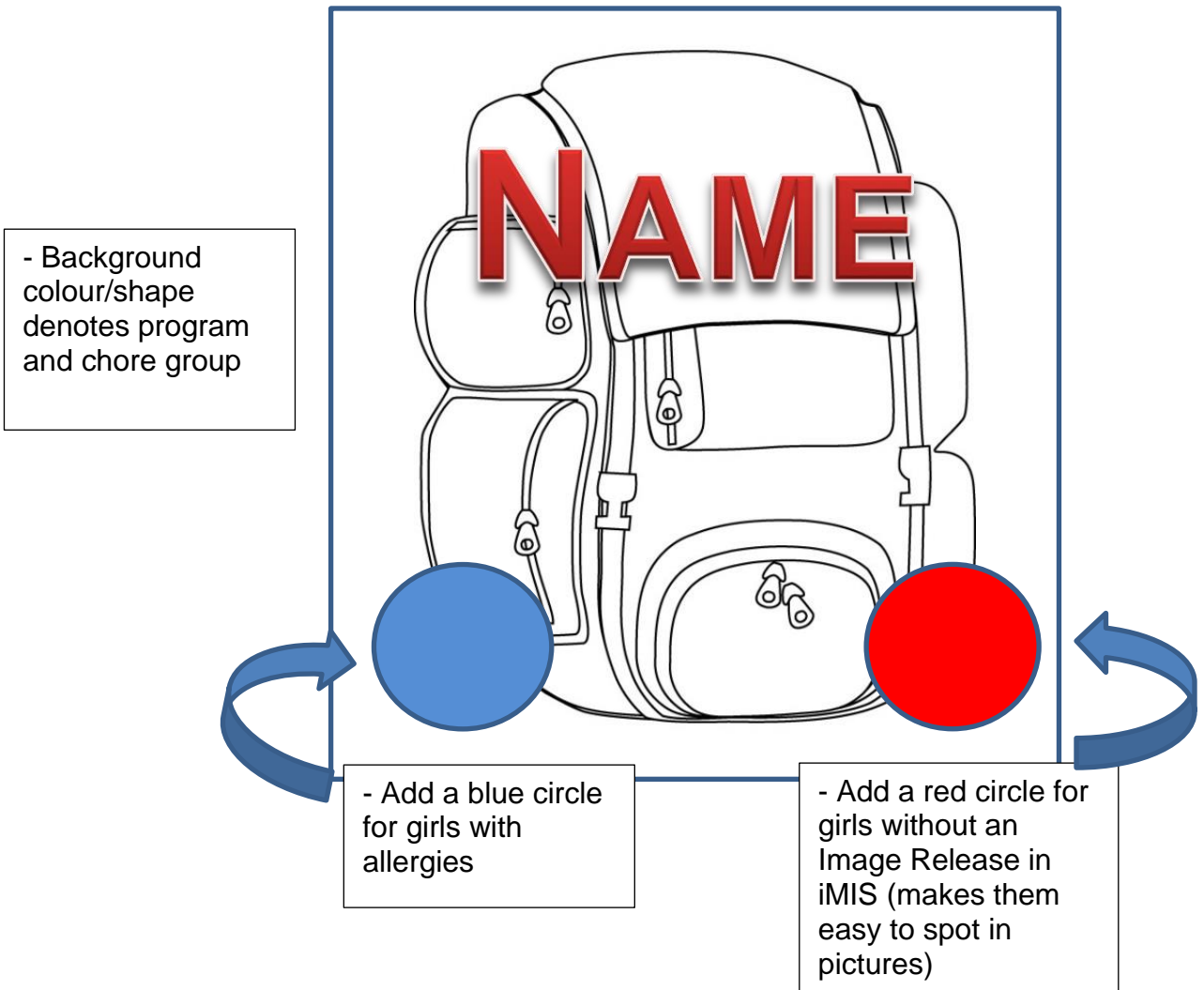
PROGRAM WORKSHEET – DAY CAMP

Time	Activity	Responsible Guider	Equipment Needed
9:00am	Registration		
	Animal Hats/ Group Bandanas		
	AM Snack		
	Name tags		
9:45am	Opening		
10:00 – 11:45am	Station 1		
	Station 2		
	Station 3		
	Station 4		
	Station 5		
	Station 6		
12:00pm	Lunch		
1:00pm	Last Stations		
2:45pm	Snack		
3:00 – 3:30pm	Campfire		
3:30pm	Group Photo		

	Guide's Own		
4:00pm	Spark Departure		
4:15pm	Clean-up		

SAMPLE NAME TAG

A printable name tag template can be found on the last page of this document.



TIPS & HINTS

Patrol Duties/Chores

Duties should include: helping with meal preparation, setting and clearing the table, dishes, sweeping the floors, tidying washrooms, etc. You know your girls and your camp location best, so your team can decide how and where the girls can be most helpful.

NOTE: Often the girls aren't terribly helpful, but it is important for them to get used to helping with chores at camp. Try to find jobs at each station that the girls can help with: washing and cutting fruit, flipping one pancake, ripping lettuce for salad are all great ways the girls can help in the kitchen.

Sample Chore Chart

Time	Meal prep & setting tables	Wiping tables, sweeping floors	Dishes
Saturday Lunch	Group A	Group B	Group C
Saturday Dinner	Group C	Group A	Group B
Sunday Breakfast	Group B	Group C	Group A

Designating Boundaries

For Sparks and Brownies you can use "Mr. Happy" and "Mr. Grumpy" faces cut out of fluorescent poster board. Use a plate to trace then cut out 9 per page. Use bright pink and lime green colours. Draw happy faces on the pink ones and grumpy faces on the green ones then post them around the camp to establish boundaries. If you have Guides or Pathfinders attending the camp with Sparks and Brownies they love to put these up for you. At the end of camp take them down and give them to the girls to take home.



PROGRAM NOTES

Name tags can be made in advance or made/decorated at camp. For day camps, pre-printed name tags on peel and stick name tag labels are great. For an overnight camp, you will probably want name tags that are pinned onto girls' tops/jackets. You can use name tags to help identify girls with an Image Release "No", food allergies, or other health concerns. There is a sample name tag on page 10, and a printable template is available with this package.

Program group suggestions: Orangutans, chimpanzees, giraffes, boa constrictors, lions, tigers, bears, jaguars, parrots.

Decorations: check your local stores for plastic 'safari hats' and binoculars for going on a lion hunt. Have tapes or CDs with rainforest/animal sounds. Bring jungle stuffed animals to create a jungle (labelled with the Sparks' names if they belong to the girls). Decorate with plants (real or fabric).

Animal Hats/Bandanas: dollar stores can have fun foam animal hats, that are lots of fun if you can find them inexpensively. Coloured bandanas can be made or purchased to denote the different groups of girls, and give a fun themed element to the camp!

Ideas for Goodie Bags: mini notebooks, magnifying glasses, green wrapped candy, pencil or pen, mini compass, animal print mini duct tape

To use this camp for Brownies: it's fairly simple, have a weekend camp (2 nights)! You could give the girls time to make animal masks and tails, and do face paint. You can also use more challenging games or crafts.

CRAFT IDEAS

Coffee Can Drums

Materials

- Empty coffee can, or other container with plastic lid (any size)
- Construction paper
- Glue
- Scissors
- Paint, felts, or other colouring method
- Feathers, beads, fabric scraps for decorating
- Pieces of dowelling, chopsticks, or something else to use as drumsticks

Steps

1. Either paint the coffee can or cover with construction paper
2. Draw designs on the can or glue decorations on as desired
3. Use dowels as drumsticks
4. Bring to campfire!

Animal Masks

Materials

- Cardstock, or paper plates
- Mask templates (optional)
- Scissors
- Paint, felts, or other colouring method
- Feathers, beads, fabric scraps for decorating
- Glue
- Elastic, string, or yarn
- Stapler



Steps

1. Make or find mask templates online, and print onto cardstock. Try searching Pinterest for free animal mask templates.
2. If you aren't using templates, using the paper plate as a base, cut out a triangle to fit over your mouth and nose, cut out eyeholes, and trim the sides to your desired shape.
3. Decorate the mask by colouring or painting and/or gluing decorations of your choice on.
4. Attach elastic, string, or yarn to the back of the mask with a stapler, or other method.

You can make any kind of jungle animal with this basic mask.

- **Lion:** Attach orange, yellow and brown construction paper for a mane, paint on the nose and whiskers (or attach pipe cleaners if your budget can take it), outline the eyes, and paint the whole mask lion-color.
- **Elephant:** Paint the mask gray; attach a construction-paper trunk and ears to the mask.
- **Tiger:** Paint the mask orange and add black stripes. After it is dry, paint the nose on the front; add two triangle-shaped ears. Paint on whiskers or add pipe cleaners that are threaded through the nose area.
- **Jungle Birds:** Add real, colourful feathers, or try making construction paper feathers from handprints that are traced and cut.
- **Monkeys:** Paint the mask brown and add round ears.

Face Painting

An alternative to the masks is to have a face painting station set up. Turn your Sparks into tigers, zebras, lions, etc.

Jungle Ears

Materials

- Construction paper, cardstock, or different coloured fun foam pieces
- Plastic headbands (dollar store items)
- Glue

Method

1. Cut out elephant ears, tiger ears, monkey ears, etc., from fun foam.
2. Glue onto plastic headbands.

This could be an individual craft or could be done ahead of time. Make groups of “ears” and use them to create your activity groups for the day.

Animal Print Scarves

1. Before camp, visit a local fabric store and look for remnants of jungle/animal print fabric.
2. Make scarves for the girls, again in groups of the same pattern. They can wear them around their necks, as bandanas or tied to a belt loop.
3. Involve a mom who sews to help you out.
4. If you really want to go all out, make napkins as a useful keepsake as well.

Tiger Tails

Materials

- 1 orange pipe cleaner
- 1 black pipe cleaner
- 1 safety pin

Method

1. Twist the two pipe cleaners together (approx. six times).
2. Thread through the round end of the safety pin, bend in half and twist the two together again.
3. Bend into any shape desired.

Use a variety of colours for other animal tails—light and dark brown for lions, black and white for zebras, etc.

Pompom Animals

Provide the girls with various sizes and colours of pompoms, googly eyes, chenille sticks and scraps of felt, and let them glue together their own animal designs.

GAMES AND ACTIVITIES

Chimpanzees in Jungle Huts

The idea of this game is to make room for others, not leave them out.

Materials

- Musical tape or CD
- Small carpet pads or something similar (sit-upons work well)
- Large open space (or go outside)

Method

1. Place the small carpet pads as “jungle huts” around the playing area.
2. Tell players that as the music is playing, all the “chimpanzees” can hop, skip or “swing” around the room. But when the music stops, everyone helps each other find a “jungle hut” to touch; even a finger will do. Since there’ll be several little chimpanzees for each hut, they’ll need to make room for one another. Practice this once.
3. Remove a pad while the music is playing. When everyone is safely on a “jungle hut,” start the music again. Keep taking away a “hut”/pad until the huts are crowded—and the chimpanzees really have to cooperate. Can they all fit on three “huts”? Two? One?

Variations: Try using hula hoops instead of carpet pads or make your own “huts” from boxes that the chimpanzees can stand in with two feet, one foot or just touch when it’s crowded. The Sparks can be different animals sharing different “homes.”

Elephant Foot Relay

Bigfoot Relay (Canadian Guider, November/December 1997)

Materials

- 2 “big footprints” per team (use heavy cardboard or poster board) These should **not** be girl-sized or even adult-sized. Think **BIG!**

Method

1. Line up teams in relay fashion at one end of the room or field.
2. At the start signal, the first girl on each team walks with the big feet to the designated point by placing one footprint down, stepping onto it, placing the other one down and stepping onto it, reaching back for the last one and replacing it ahead to step onto.
3. The distance should be very short for Sparks (two or three metres).
4. The trick is that girls may step on only one of the big footprints; feet are not allowed to touch the bare floor!
5. Do not allow shuffling of feet!

“Pin the Tail on the Zebra”

Turn the traditional donkey into a zebra, blindfold the girls and see who can get the tail in the right spot. You can also try “Pin the Banana on the Monkey” or any other jungle variation.

Variation: Another way to play “Pin the Tail on...” if you are inside is to find a picture from a book or coloring book of your favorite jungle animal and trace the picture onto plastic sheeting with felt pens. Put the picture onto an overhead projector and display the image on the wall. Use tape instead of a pin to attach the tail!

Elephant Hunt

If there are no girls or Guiders with a peanut allergy in your Unit, hide shelled peanuts and give each girl a brown paper bag in which to collect the peanuts. Before doing the “hunt,” the girls can decorate the bags.

Wild Animal Safari

Materials

- Plastic jungle animals
- Plastic berry/tomato baskets

Method

1. Hide the plastic jungle animals throughout the room or area and give each girl a plastic berry/tomato basket to use as a cage to capture her escaped creatures.
2. Give each girl a set time limit or let them all go at it at the same time.

Safari Hunter Says

Played like “Simon Says.” Some examples:

- Safari Hunter says swing your arms like an elephant trunk
- Safari Hunter says roar like a lion

Do several using “Safari Hunter says,” then throw in one without saying “Safari Hunter says”

If you have enough girls, play this with two groups at the same time; when someone is “out,” they can join in the other group so no one is left sitting out.

Hot Alligator

Played like “Hot Potato.” Put on some jungle music, have girls sit in a circle and pass the jungle stuffy from girl to girl. When the music stops, the girl holding the jungle stuffy leaves the circle.

If you have enough girls, play this with two groups at the same time; when someone is “out,” they can join in the other group so no one is left sitting out.

Un-Nature Hike

Materials

- Several objects not normally found wherever you are going to walk (for example: plastic toys on an outdoor trail)

Method

1. Go out ahead of time and place “un-natural” objects in plain sight, for example, brightly coloured hair barrettes, a small doll, plastic jungle animals, anything you like... choose a few funny items not usually seen in the outdoors or at your location.
2. Take the girls on the walk and ask them to be on the lookout for unusual objects that do not belong. After each girl has walked the “course,” have them tell you the objects they saw that were out of place.

Note: Make sure to go back and pick up all the pieces you placed.

Kim’s Game

This game was originally described by Lord Baden-Powell in his book *Scouting Games* (1921). The name comes from Rudyard Kipling’s book *Kim*, in which the hero plays the game while training to be a spy.

Materials

- Several small jungle-themed objects
- A tray

Method

1. Arrange the objects on the tray.
2. Show the tray to the girls for a minute or two, and ask them to memorize what objects are on the tray.
3. Take the tray away and remove one object.
4. Show the tray to the girls and have them tell you what is missing.

I packed my suitcase—for a visit to the jungle

(Campfire Activities, p. 151)

- Sit in a circle. Have the first girl say: “I packed my suitcase and in it I put...” She should complete the sentence with something she would bring along.
- The next girl says, “I packed my suitcase and in it I put [first person’s object] and ...” and she adds her own item.
- Each person has a turn naming all the items that came before hers and adding one of her own.

It might go something like this:

- First person: “I packed my suitcase and in it I put a comb.”
- Second person: “I packed my suitcase and in it I put a comb and a safari hat.”
- Third person: “I packed my suitcase and in it I put a comb, a safari hat and a pair of hiking shoes.”

The Edible Leaf

(Canadian Guider, May/June 1998. Submitted by Melissa Wright, Wellandport, ON)

This is a yummy way to introduce younger girls to the anatomy of a leaf. Have the girls make their own leaves, step by step, while you explain each part of the leaf to them. Then have a leafy feast! Guiders will probably want to share in this activity, just to taste the results.

Leaf Language

Before making the edible leaf, go over the parts of the leaf.

- Upper and lower epidermis: These are the two layers of the leaf that make up its protective “skin.” They let in light and are usually coated with a waxy covering that reduces water loss.
- Stomata: These tiny holes open and close to let in carbon dioxide. Most are found in the lower epidermis.
- Mesophyll: This is the area between the epidermal layers.
- Spongy layer: This contains loosely packed cells, where the carbon dioxide absorbed by the stomata is stored before traveling to the palisade layer.
- Palisade layer: This contains most of the chloroplast, which is necessary for photosynthesis, the process whereby carbon dioxide is turned into food for the plant and oxygen is released back into the air.
- Veins: Branching into almost every cell in the leaf, they carry minerals to the cells and newly produced food (sugar) out of the leaf.

Making the Leaf

Materials

- Green Jell-o cut into leaf shapes (two per person) (follow recipe on the package)
- Tic-tacs or similar item
- Vanilla pudding
- Smarties or similar candy
- Shoestring liquorice pieces
- Whipped cream


Method

1. Lower epidermis: Use one green jelly leaf as your base.
2. Stomata: Push several Tic-tacs through the lower epidermis jelly leaf.
3. Spongy layer: Spread on vanilla pudding.
4. Palisade layer: Put a layer of Smarties over the vanilla pudding.
5. Veins: Over the Smarties, lay shoestring liquorice pieces in a branch pattern.
6. Upper epidermis: Place the second jelly leaf on top.
7. Waxy layer: Cover the whole thing with a thin layer or whipped cream

MENU & RECIPES

Lunch	<ul style="list-style-type: none"> • Jungle Dogs (hot dogs) or Safari Sandwiches (build your own sandwiches) • Rainforest Foliage (veggies and dip) • Dirt and Worms (desert - see below) • Jungle Juice
	<p><u>Dirt and Worms</u></p> <p>Makes 10 servings.</p> <ul style="list-style-type: none"> • 2 cups cold milk • 1 package Jell-O chocolate pudding • 1 small container of Cool Whip – thawed • Chocolatey-mint Girl Guide cookies (one box) • Gummy worms and gummy frogs • 10 – 7oz (210mL) plastic cups <ol style="list-style-type: none"> 1. Crush the cookies until they look like dirt and set aside (or use store bought cookie crumbs) 2. Combine the pudding mix and milk and blend well. Fold the whipped topping into pudding. 3. Fill the plastic cups half full of pudding. Put on a layer of “cookie dirt,” then more pudding mixture. Top with cookie crumbs. 4. Refrigerate for two hours and then decorate with gummy worms, etc.

<p>Dinner</p>	<ul style="list-style-type: none"> • Safari Stew (Mac & Cheese) • Jungle Vines (Salad – dressing on the side) • Safari Cake (Decorate with animals, palm trees, river, etc) • Jungle Juice
	<p><u>Homemade Baked Mac & Cheese (Safari Stew)</u></p> <p>Serves 6-8</p> <ul style="list-style-type: none"> • 1/2 pound elbow macaroni • 3 tablespoons butter • 3 tablespoons flour • 3 cups milk • 1/2 cup yellow onion, finely diced • 12 ounces sharp cheddar, shredded • 1 teaspoon kosher salt • Fresh black pepper <div data-bbox="932 527 1406 879" data-label="Image"> </div> <p>Topping:</p> <ul style="list-style-type: none"> • 3 tablespoons butter • 1 cup panko bread crumbs <ol style="list-style-type: none"> 1. Preheat oven to 350 degrees F. 2. In a large pot of boiling, salted water cook the pasta to al dente. 3. While the pasta is cooking, in a separate pot, melt the butter. Whisk in the flour and keep it moving for about five minutes. Make sure it's free of lumps. Stir in the milk and onion. Simmer for ten minutes. 4. Stir in 3/4 of the cheese. Season with salt and pepper. Fold the macaroni into the mix and pour into a 2-quart casserole dish. Top with remaining cheese. 5. Melt the butter in a sauté pan and toss the bread crumbs to coat. Top the macaroni with the bread crumbs. Bake for 30 minutes. Remove from oven and rest for five minutes before serving.
<p>Snacks</p>	<p><u>Monkey Munchies</u></p> <p>Cut fruit – bananas, apples, grapes, pears, melons, etc.</p>

	<p><u>Tiger Cookies</u></p> <p>This will make approximately 60 cookies.</p> <ul style="list-style-type: none"> • 1 ¾ cups flour • 1 cup margarine – softened • 1 cup sugar • ½ tsp. baking soda • ½ tsp. salt • 2 eggs • 3 cups Frosted Flakes – crushed • 1 tsp. vanilla • 6 oz. semi-sweet chocolate chips – melted  <ol style="list-style-type: none"> 1. Stir together the flour, salt and baking soda. Set aside. 2. Cream margarine and sugar until light. Add eggs and vanilla and beat well. 3. Add the flour mixture to the creamed mixture. 4. Stir in the crushed Frosted Flakes, then drizzle with the melted chocolate chips. 5. Use a knife and gently swirl the chocolate through the dough to make “tiger stripes.” 6. Drop rounded tablespoons of dough onto ungreased cookie sheets. 7. Bake at 350°F for 12 minutes or until lightly browned. 8. Immediately remove cookies from tray and cool.
<p>Breakfast</p>	<p>Yogurt, fruit, toast bar, cereal</p> <p><i>Toast Bar:</i> Toast can be an exciting breakfast for Sparks, with little clean-up for adults!</p> <p>Prepare slices of toast and let the girls choose their toppings. Topping suggestions: butter, a few different kinds of jam including something that the girls likely haven’t tried (strawberry rhubarb jam?), peanut butter (if the allergies of your group allows), nutella, cinnamon sugar, bananas, powdered sugar, cheese whiz, anything you think might be fun to try!</p>

GRACES

Singing a grace before a meal is a tradition that has lost popularity over the years, but it is still nice to thank those responsible for your food before eating it. Singing grace doesn't have to be involved in religion at all, try some of these out for example:

Modified Superman Grace (to the tune of the Superman theme)

Thank the coooook, for making us food,
Thank the coooook, for making us food,
For the food we eat, and the friends we meet,
Thanks the coooook, for making us food
Looks great!

Modified Adams Family Grace (to the tune of the Adams Family theme song)

Da duh da duh <snap><snap>
Da duh da duh <snap><snap>
Da duh da duh da duh da duh da duh da duh da duh <snap> <snap>
We're thirsty and we're hungry
The food looks mighty yummy
We want some in our tummies
And so we thank the cook
Da duh da duh <snap><snap>
Da duh da duh <snap><snap>
Da duh da duh da duh da duh da duh da duh da duh <snap> <snap>

Fork Knife Spoon Spatula

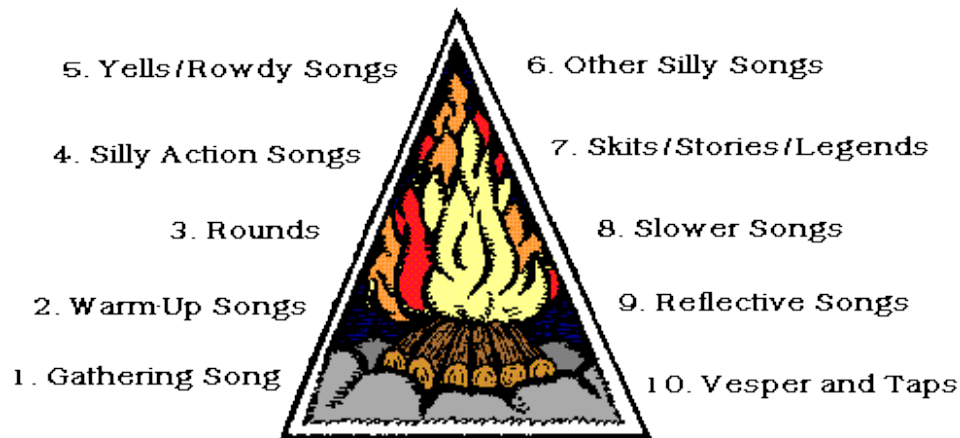
I'm a fork, knife, spoon, spatula
Cha Cha Cha
I'm a fork, knife, spoon, spatula
Cha Cha Cha

I'm a fork, knife, spoon, I'm a spoon, knife
fork, I'm a fork, knife, spoon, spatula
Cha Cha Cha

Actions: put your arms above your head and mimic the shapes of a knife, fork, spoon and spatula, and wave your arms back and forth for the Cha Cha Cha



CAMPFIRE



Sparks Opening

The Frogs (Jubilee Song Book, p. 39)

Listen to the Earth (Celebrate with Song, p. 54)

If you should meet an elephant (Sing a Song with Sparks and Brownies, p. 26)

I'm Being Eaten by a Boa Constrictor (Campfire Activities, p. 145)

Snake Applause (Campfire Activities, p. 169)

Iga Flyga (Sing a Song with Sparks and Brownies, p. 27)

The Jaybird (Campfire Activities, p. 69)

Looking for Lions (Campfire Activities, p. 79)

The Crocodile (Sing a Song with Sparks and Brownies, p. 16)

Yellow Bird (Nuestra Cabaña, p. 76)

Raindrop Round (Celebrate with Song, p. 38)

Ira Congo (Jubilee Song Book, p. 29)

Tongo (Jubilee Song Book, p. 36)

Zulu Farewell (Jubilee Song Book, p. 62)

Sparks Closing

Don't forget to have the girls use their wonderful drums at campfire!



GUIDES OWN & REFLECTIONS

Guide's Own is a special ceremony. It can be used at a camp or any event for personal reflection. It can also be used as a time to give thanks for all we have and our special guiding friends. Guide's Own can be adapted for use with girls of all ages.

A Guide's Own ceremony can be as simple or as complex as you would like to make it – but keep in mind the age of your girls. Also keep in mind the dynamics of your group. Some are much more introspective than others. As the girls get older this is an activity that they can participate in and eventually plan, similar to a campfire.

A Guide's Own can consist of a quiet time, some reflective poems depicting the theme of your camp, a reading of some sort, a song, a short story, or any combination of these.

Simple Thank you to Camp

Ask the campers, as they are helping to pack and clean up, to pick up a rock, twig, or other piece of nature (not living) that is special to them. At your Guide's Own ceremony, ask the campers to come forward, one at a time, and place their rock/twig/etc. in the middle of the circle, and think of something at camp that they are thankful for or they will take away from camp. Campers don't need to share what it is they are thinking of or thankful for; it can be a silent reflection of camp, and a thank you to the camp itself.

A Star and a Wish

This is a good one to use for Sparks since it involves the girls but in a relatively easy way. Each girl and adult takes a turn to say one thing they really liked about the camp (the star) and something that they might not have liked so much or something that they would have liked to do but didn't or something similar to that (the wish). You can incorporate that into the closing and not have a formal Guide's Own scheduled for a separate time.



Jokes & Quotes

- What weighs two tons and wears a glass slipper? ... Cinderelephant!
- Do you know the difference between a vulture and a peanut butter sandwich? ... A vulture doesn't stick to the roof of your mouth!
- Why do crocodiles sit on marshmallows? ... To keep from falling into the hot chocolate!
- Why are gorillas large, brown and hairy? ... Because if they were small, soft and white, they would be marshmallows!

GUIDER EQUIPMENT LIST

Items not listed under Crafts, Games or Activities. Check with the camp to see what is provided.

- Tarps, blankets or tables to do crafts on
- Extra blankets for “cold” girls
- First Aid kit
- Whistle
- Watch or clock
- Camera for group photo & other pictures
- Camp Crests (Optional)
- Safe Guide forms: Girls' and Leaders' Health forms (H.1 & H.2), SG.3, SG.4, H.3, H.4
- Available phone if not provided (cell phone)
- Camp menus & food
- Camp tools- hatchet if needed for campfire, shovel for dirt for campfire safety
- Marshmallow sticks, if desired
- Matches, lighter, newspaper (for starting a fire)
- Duct tape
- Cooler
- Camp stove with extra fuel (propane canister if small or white gas if using this type of stove)
- Lantern with necessary hoses
- Cooking utensils & cookware

Suggested items: pots, fry pan, can opener, knives, spoons, spatula, juice jug, water jug, bowls, coffee pot, kettle, pot holder, cutting boards, grater, measuring cups/spoons, toaster.

Other kitchen items: coffee, salt, pepper, baking soda (in case of grease fires), tin foil, paper towels, kitchen towel, wipes, non-stick cooking spray or oil, tablecloths, napkins, rubber gloves, garbage bags, food handling gloves, zip-lock bags, rope for clothes line & clothes pins

Dish washing – 3 pans, biodegradable soap, clothes and towels, bleach, scrubbies,

- Hand sanitizer if using biffies – hand soap if not
- Water jug
- Buckets, - water, fire safety

DAY CAMP KIT LIST

CLOTHING:

- Spark t-shirt (girls should arrive wearing this)
- 1 pair of socks
- Warm sweater/sweatshirt
- Warm hat (toque)
- Gloves or mitts
- Rain gear (water-proof jacket & pants)
- Rain boots
- Outside shoes for dry weather
- Indoor shoes or slippers

OPTIONAL:

- Camera
- Camp blanket

OTHER:

- Sunscreen
- Sit-upon
- Water bottle
- Daypack (school sized backpack with belongings inside)
- Dishes (unbreakable plate, mug, bowl, fork, knife, spoon in a mesh bag)

REMINDERS:

- We will be going outside rain or shine, so please make sure you have the appropriate clothing for the weather.
- Girls are expected to wear hats at all times when outside at camp.
- Remember “**a warm camper is a happy camper**” and that wool, fleece and synthetic materials are warmer than cotton for ANY clothing items!

Please ensure that ALL of your items are clearly labeled with names, especially sleeping bag bags!

OVERNIGHT CAMP KIT LIST

BED ROLL:

- 1 warm sleeping bag
- 1 sleeping mat – nothing that has to be blown up with a pump, please!
- 1 small pillow (or pillow case to stuff with clothes)
- 1 small tarp
- rope for tying bed roll

CLOTHING:

- Spark t-shirt (girls should travel to camp in it)
- 1 pairs of long pants
- 1 long sleeved shirts
- 2 changes of underwear
- 2 pairs of socks
- Warm pajamas
- Warm sweater/sweatshirt
- Warm hat (toque)
- Gloves or mitts
- Rain gear (water-proof jacket & pants)
- Rain boots
- Outside shoes for dry weather
- Indoor shoes or slippers

OPTIONAL:

- 1 Small stuffed animal for bedtime
- Camera
- Book/quiet time activities
- Camp blanket

OTHER:

- Flashlight & extra batteries
- Sunscreen
- Sit-upon
- Water bottle
- Toothbrush/paste, soap, and other toiletries
- Brush/comb
- Small towel & wash cloth
- Daypack (school sized backpack)
- Dishes (unbreakable plate, mug, bowl, fork, knife, spoon in a mesh bag)

REMINDERS:

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- Girls are expected to wear hats at all times when outside at camp.
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EVALUATION FORM

Please share with us what you liked about this Camp to Go, and any things that we could improve on for next time! Thanks for your input, and Happy Camping!

WHAT DID YOU LIKE BEST?

WHAT WORKED/DIDN'T WORK FOR YOU?

WHAT COULD WE IMPROVE ON FOR NEXT TIME?

COMMENTS

Please return to:
BC Camping Committee
107-252 Esplanade Ave W.
North Vancouver, BC V7M 0E9

or e-mail to:
bc-camping@girlguides.ca



