



BC CAMPING SKILLS CHALLENGE – SPARKS

A BRACNH SPECIFIC CAMPING CHALLENGE
FROM THE BC CAMPING COMMITTEE



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This new **BC Camping Challenge** contains a unique challenge for each branch. To earn each Challenge Crest the girls need to complete the required challenges in the four categories: **Leave No Trace, Camping Experiences, Camp Cooking, Overnight.**

We know that each girl and unit are unique in their camping skills, so we encourage you to adapt this program to work for all girls in your unit. The purpose of this challenge is to enable the girls to take the next step in building their camping skills. Older girls may choose to lead this challenge for girls in a younger branch in order to earn those crests.

Remember to follow Safe Guide for all activities.

Completing this fun challenge will most definitely help the girls to complete some of their program work. Remember to cross-reference the challenge with the Program Areas in Girls First and award the girls accordingly for their efforts.

We encourage every group to submit pictures, and possibly a write-up of their activities to the BC Camping Committee to be used in our Headlamp newsletter. Please email them to bc-campingheadlamp@girlguides.ca.

The BC Camping Committee can be reached at bc-camping@girlguides.ca for questions and feedback!

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <https://www.girlguides.ca/web/BC/> (click on What Girls Do > Camping > Camping Challenges). Instructions on how to order the crests are provided on the form.

SPARKS

To complete this challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:



Be a No Trace Camper – mandatory

- Leave your campsite in better condition than you found it.

Camp Experiences – complete 3

- Help with chores
- Decide what to pack for camp and what to wear in different weather conditions when at camp
- Learn about the environment around you and what grows there and what lives there
- Learn about being safe outside (such as the Hug-a-tree program)
- Set up your own sleeping space
- Play a compass game to learn the cardinal directions
- Identify camp safety rules and when it is important to get an adult
- Participate in a camp evaluation
- Pick up litter at your campsite
- Participate in day camp in an outdoor environment



Camp Cooking - complete 3

- Help plan the camp menu
- Help set tables
- Mix batters, peel carrots/apples, etc.
- Light matches
- Roast Hot Dogs, S'Mores, etc.
- Wash your own dishes using the 3-sink method
- Know where food is to be kept and why it can't be left outside or in the sleeping area
- Collect and sort firewood

Overnight – mandatory

- Participate in an overnight or day camp in an outdoor environment