



BC CAMPING SKILLS CHALLENGE – GUIDES

A BRANCH SPECIFIC CAMPING CHALLENGE
FROM THE BC CAMPING COMMITTEE



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This new **BC Camping Challenge** contains a unique challenge for each branch. To earn each Challenge Crest the girls need to complete the required challenges in the four categories: **Leave No Trace, Camping Experiences, Camp Cooking, Overnight.**

We know that each girl and unit are unique in their camping skills, so we encourage you to adapt this program to work for all girls in your unit. The purpose of this challenge is to enable the girls to take the next step in building their camping skills. Older girls may choose to lead this challenge for girls in a younger branch in order to earn those crests.

Remember to follow Safe Guide for all activities.

Completing this fun challenge will most definitely help the girls to complete some of their program work. Remember to cross-reference the challenge with the Program Areas in Girls First and award the girls accordingly for their efforts.

We encourage every group to submit pictures, and possibly a write-up of their activities to the BC Camping Committee to be used in our Headlamp newsletter. Please email them to bc-campingheadlamp@girlguides.ca.

The BC Camping Committee can be reached at bc-camping@girlguides.ca for questions and feedback!

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <https://www.girlguides.ca/web/BC/> (click on What Girls Do > Camping > Camping Challenges). Instructions on how to order the crests are provided on the form.

GUIDES

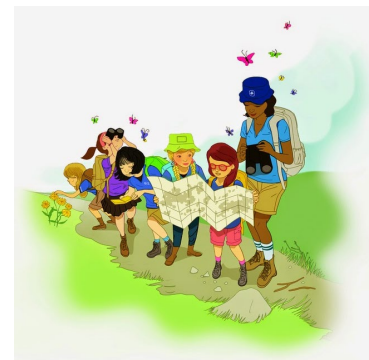
To complete this challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:

Be a No Trace Camper – mandatory

- Leave your campsite in better condition than you found it.

Camp Experiences – complete 7

- Make and use a fire starter
- Learn what to do if there is a fire at camp (residential/cooking/campfire out of control). Bring the necessary supplies to keep your campfire and camp kitchen safe.
- Waterproof a bedroll
- Put up a tent, take down and pack up a tent
- Plan and lead a small program (hike, game, craft, campfire etc.)
- Tie a sheet bend, clove hitch, round turn and two half hitches. Know when to use these knots.
- Learn about animal tracks. See if you can find any tracks in the area
- Mark and follow a trail
- Make and use a simple camp gadget
- String up a tarp and/or make an emergency shelter
- Read a compass and navigate an orienteering course
- Lend a Hand around your campsite (clear under brush, paint a building, stack firewood, etc.)
- Learn about weather safety (lightening, high winds, forest fires, extreme cold and heat)
- Prepare your camp duty roster including which activities need doing (cooking, cleaning, latrines, wood/water etc.).



Camp Cooking - complete 3

- Plan menu and prepare a grocery list for camp using Canada's Food Guide
- Preparing all meals & clean up in Patrols supervised by their Guider
- Practise proper garbage and liquid disposal
- Learn and practise safe storing of food including what will attract critters
- Cook using a different method (camp stove, buddy burner, campfire, etc.)
- Light a propane or white gas stove and lantern. Learn how to test for leaks.

Overnight – mandatory

- Sleepover for a minimum of 2 nights in a tent.

