BC BULLETIN

Special Thinking Day 2022 Edition

BC TREFOIL GUILD NEWSLETTER

Hello British Columbia Trefoil Guild Members!!

Welcome to a Special Bulletin. As I mentioned at our Virtual Thinking Day event; "we are able to gather and celebrate our sisterhood in Guiding. Technology has once again won over Covid and distance, and allowed us to celebrate a yearly tradition of Guiding. This was such a wonderful opportunity and I was so honoured to be a part of the presentation. I was very happy to see so many new Guild Members join us and can't thank them for joining us. Even with Covid—19 still in play, we can still meet and gather". So, have a read in how the BC Trefoil Guilds celebrated Thinking Day 2022!!

TG Thinking Day Event ~ via Zoom

At our event, we had a Special Guest join us – Sharron Callahan – National Trefoil Guild Liaison. Sharron attended the first session; and we were able to record her words which were shared with the other 3 sessions.





As Sharron reflected, she spoke on; "her Guiding journey and the opportunities she was given. The adventures and interesting positions she as had. But it was her experiences she has had that she remembers best. She asked us to laugh at yourselves and to laugh with others. She remembered her visit to BC, the games she played with girls and being stuck in the mud in her home province with her Pathfinders.

She knows Trefoil Guild is a place where she and us can belong. Trefoil gives her a place to be. To value our memories. Mentoring is also important; we can share our stories and skills. Trefoil Guiding remains a role we can all play. This will be our legacy; we can give other Girl Guides of Canada women our support."

Received the following from Sharron as a result of my email to her thanking her for joining us and her words of encouragement; "Darlene, I also want to thank you and the organizers for a great event last evening (my time). It was lovely to interact with so many women and to participate in the joy of singing. It was my pleasure for sure and I wish the gathering that will happen today my very best wishes for an enjoyable and memorable World Thinking Day. Sharron ~ NTGL

A great photo of the Vancouver skyline ~ photo credit to Maia Wells; a BC Guider who posted it to Facebook.





#ShineYourGuidingLight

Celebrate girl empowerment with BC Girl Guides in your community and #ShineYourGuidingLight! From Port Hardy to Prince George, Kelowna to Kitimat, Vancouver to Vernon, and everywhere in between, we can't wait to see the glow and feel the warmth of our Guiding sisterhood being connected across British Columbia.

We're also grateful to municipalities, community organizations, and other partners who have shared their support for girl empowerment, including 100+ landmarks that will glow blue like: Mr. PG (Prince George), BC Place (Vancouver), Surrey City Hall (Surrey), the Legislative Assembly of BC (Victoria), the World's Largest Hockey Stick (Duncan), Riverlodge Rec Centre (Kitimat), Lafarge Lake (Coquitlam), and so many more. Lighting up these iconic landmarks will allow our members and communities to safely celebrate in a special way.

Virtual Trefoil Guild Rendezvous for Thinking Day

Our Hosts



And the Program they presented

<u>Happy Birthday Lord and Lady B-P</u> <u>Music by Frantz Lehar</u> (The Merry Widow Waltz)

Happy Birthday, Happy Birthday Lord and Lady B-P.

Happy Birthday, all your dreams came true, as you can see.

When we blow out the candles, one light stays aglow.

It's the Guiding light in our hearts wherever we go.





KEEPING THE SPIRIT ALIVE

Way back in 1910, the flame was started then, And they were keeping the spirit alive, It spread across the land with girls on every hand, And they were keeping the spirit alive

Chorus

Sing to-gether! Keep the Guiding spirit alive All to-gether! Keep the Guiding spirit alive

And now we welcome here all guilds from far and no For we are keeping the spirit alive, So do not hesitate to help us celebrate, For we are keeping the spirit alive

Chorus

1995 Trefoil Gathering, St Catherines, Ont





THE WORLD CENTRES' SONG (Tune: If You're Happy)

WAGGGS 26th World Conference Nairobi, Kenya July 1987

Just to visit a World Centre is a thrill,
Though the distance may deter us, go we will,
We can meet old friends and new,
Share our faiths and customs too,
Where though far from home we may be happy still.

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Kusafiri is a wondrous Guiding space, All together we can travel place to place, Throughout Africa we roam, Yet it always feels like home, It will always keep a smile on your face.

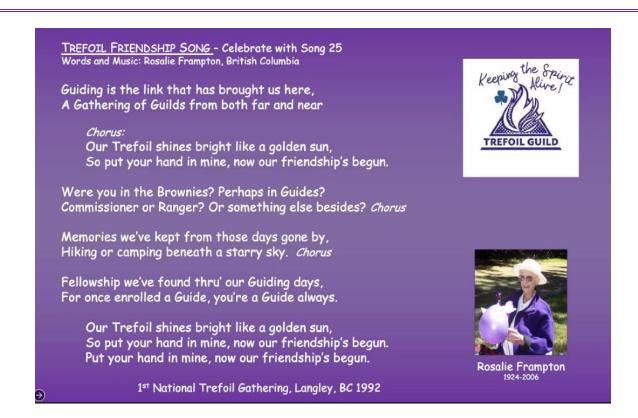


There's an Indian experience, come along, 'Come together' here in Sangam with a song, Light a candle for our friends, And at least when daylight ends, We're together in our home where we belong.





Come to London on the way to anywhere
Pax Lodge is here for everyone to share,
See the great historic sights,
Or the theatres at night,
Knowing you've a home to greet you that will care.



Over the 2 days of the Virtual Thinking Day event, we met some new Guiding Sisters; and enjoyed the company of a few we met last year. Laughter and memories were the themes of all 4 sessions. Check out the chart further along, listing information on the participants. We covered all 10 Areas and all 4 corners of the province came to visit us.

We talked a bit about having Trefoil Guild Members becoming informal (or formal) Mentors to Unit Guiders. It is our experience, knowledge, history of Guiding and friendship they could use. Reach out to the Guiders in your District and offer a supporting hand.

We discussed how many of us joined to be Unit Guiders with our daughters; stayed for the Sisterhood and Friendship and now we need to do what we can step up and assist the new Guiders to learn. However you can personally.

I was once again delighted to see the Sisterhood and Friendship of Guiding become front and center on my computer screen. I personally met Members I had only known only via email; while at the same time touched base with so many that I've worked with over the years.

I can't thank Ming Berka, Dorothy Lind and Kathy Brown for organizing such a wonderful program. The generosity of Kathy by supplying her Zoom program was very thoughtful. And thank you Guild Members for joining us.

Monday afternoon







Monday evening





Terry Parkin with her Guiding Lights!

Tuesday Afternoon



It was Tuesday...2022-02-22

2'sday!!!! it's the ultimate palindrome day — besides being Thinking Day, the date in Canada is 2/22/22).



Our Blue Guiding Lights



JoAnn-Previous TG Liaison showing off the Lady PB Candle



Tuesday Evening



Thinking Day Virtual Event by the numbers....

BC TREFOIL VIRTUAL THINKING DAY 2022-02				Years - includes organizers each time			
	Participants per session	Organizers	Years	Dorothy	Kathy	Ming	Darlene
Mon 2:00	25	4	N/A	65	56	40	26
Mon 7:00	9	4	660	65	56	40	26
Tue 2:00	18	4	858	65	56	40	26
Tue 7:00	28	3	1243	65	56	х	26
	80	15	2761				

All 10 Areas were represented as well. The most from Pacific Shores with 20. And of course; Sharron from Newfoundland.

We forgot to collect Years of Membership on Monday afternoon, so we are probably close to 3500 years of Guiding memories on the calls.

Photosof Your Thinking Day Activities

Boomers TG - Nanaimo

Our Guild is 27 members strong. We live on beautiful Vancouver Island in the city of Nanaimo and surrounding communities. Our members share a long history of guiding throughout BC as well as a few who have come from other provinces to our beautiful coast. We are a close group. Many of us have been guiding together for years. We have been maintaining our connections with one another by holding meetings outside or via monthly Zoom meetings. Within the city of Nanaimo nature is a short drive away. On Monday mornings you will find a few of us walking the trails. One of our favourite spots is Westwood Lake Trail. We always stop to check out the large heart shaped painted rock display where trail users leave inspirational messages. The other is at Buttertubs/Bowen Park Trail. With the recent heavy rains and mountain runoff Millstone River is swollen and thundering. A beautiful sight to see.

We had a safe and joyful get together at Christmas where we each brought our own dinner and refreshments. As we do every Christmas, we took donations of food, clothing and money to our local food bank and to Haven House transition

house for women and children.

For Thinking Day, we put together donations for two of our local charities for women in need. 20 packages were decorated and taken to "Women in Crisis" at the Crisis Centre. The staff were very touched by this gesture of kindness. Package contains: brush or hair pick, toothpaste, soap, toothbrush, 3 sanitary liners #2, shampoo, conditioner & hand/body lotion.



One of our guiders is a knitting phenom. She took a bagful of knitted hats and slippers for the women and children at Haven House. A couple of our members attended the virtual BC Provincial Thinking Day celebration and reported that "It was amazing and so nice to meet ladies from across the province."

We are all fully vaccinated and excited to be able to have our first indoor meeting since the beginning of the pandemic lockdown.

How Did We Get Here TG - Surrey/Langley

As for our own Guild, we don't have much to report, having only had a couple of Zoom meetings so far during the 2021-22 Guiding year. We're very much looking forward to BC Guiding updating their protocols with the recent easing of restrictions on gatherings in the province, and hope to be able to meet face to face again soon.

<u>Lake Country TG - Kelowna</u>

We started a new trefoil guild in November 2021. We have 5 members. Since starting we have gotten together for coffee, taken a few walks and helped units with events. Mary helped the pathfinders as a Q.M. at a craft event, Phyllis and Claire got together with Patrice for singing at her winter sparks event. Claires daughter Katie and future spark Kimberley joined also. Claire joined in for the thinking day session with the other trefoils. Unfortunately, we did not have any blue lights for thinking day in our community, maybe next year.



Mary, Phyllis and Claire on the rail trail n Lake Country



Camp tillicum in Vernon and Layer Cake Mtn. Sparks





Claire, Leslie, Phyllis and Mary at Lake Country coffee house. Missing Patrice

LA Lakers TG-Coquitlam

Several of the Guild members made snowball rice bags for the Ranger unit that was putting on a Snowflake ball event for the Sparks in January. The feedback was that the event was a great success

despite the covid restraints.



We supported the Trefoil Gold trefoil Guild in the Valentine Purse Project – collection of gently used purses filled with toiletry items to be distributed to Downtown Eastside women.

A small number of us were able to get together virtually on Thinking Day. We supported the District Thinking Day flashlight hike and food drive on Wed Feb 23rd. It was great to see the units out walking around Como Lake and then participate in a campfire sing along.

Happy Thinking Day to all our Trefoil sisters from LA Lakers Trefoil Guild ∼ via Facebook.





A Guild member visited port Coquitlam City Hall, lit up in blue.

<u>MoonlightersTG - West Kelowna</u>

Our Trefoil Guild got together for the first time since November due to Covid, snow and cold weather. They met for lunch on Feb. 25th/22 and had 9 out of our 10 members attend. Nice to see everyone again. Only one of our members, Laura Patterson, was able to take part in the Trefoil Thinking Day Zoom this year. We collected money for CWFF and will pass it on to our District. Terry Dowler, one of our members, surprised us with a lovely Christmas treat package that she had made to give us at Christmas time. What a thoughtful surprise. We should have taken a picture of them to attach, sorry.

Penninsula Pals - Victoria

We celebrated Thinking Day 2022 at Kingswood Camp. Our plan was twofold - to meet at 10:30 sing songs while walking the trails for those who could manage the walking, and for the rest to meet at 11:30 for lunch and socializing. In the end, our group decided not to sing while hiking due to the very cold-for-here weather.

With a minus 9 with the wind chill factor, eleven hardy members walked the snow-dusted trails through the camp. Eight carried on along the more strenuous Ridge Trail while the rest headed back to the lodge to set up for a very pleasant (and Covid spaced) lunch gathering inside the warm lodge. Everyone brought their own bagged lunch and enjoyed a wonderful and long overdue social gathering.





<u>Cariboo Golden Girls TG - Quesnel, BC</u>



Too Many Hats TG - Prince George, BC







On Thinking Day, three Too-Many-Hats Trefoil Guild with their lanterns braved the cold for a quick picture with Mr P.G. Afterwards, we headed to a local coffee shop to show off our "Joy Collages", which is one of the Sisterhood Challenges.

Women of Wisdom TG - Prince George



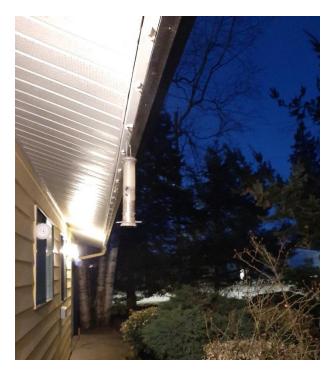
Guiding Light outside a Members home!

<u>Together Again TG - Surrey</u>

Meet together and joined in the Virtual Thinking Day event on Zoom; and then made their own lanterns to shine our Guiding Lights.



Walking wonders - Abbotsford to Surrey



Blue Guiding Lights at a home of a Walking Wonders TG Member – night sky showed the colour blue so much better!!

Blazing Sages TG - Kamloops

Our Guild did a very special "Thinking Day" this year. The write up is included below. We had 2 ladies (mother and daughter team) that organized it. It was such a special "Thinking Day" this year for many ladies. One of the ladies in our group wrote a poem and it was sent in. I know that she wrote it for our Guild but we would like to share it.

Darlene has attached it to the same email as the Bulletin. Enjoy Everyone!!

The Kind Words project was a way to celebrate the members of the Blazing Sages Trefoil Guild.

As guiding members, we all have rich memories of the women around us - in their prime as leaders, camp organizers, crafters, and singers but also as friends, sisters, mothers of all stripes, and colleagues. We celebrate highs and lows together over years in many cases. The Kind Words project was a chance to say 'that thing' that we all want to say but hold on to.

The project is simple - set up a document or survey with every member's name and a few words describing who they are (a photo would help greatly especially in groups where members don't regularly meet or come from an area unit). Then invite your members to anonymously fill in a memory about as many members as they can. Some people wrote adjectives, others wrote a little saying and a few words for each person while still others wrote a few sentences of a favourite memory or something they admire about the woman. Our survey enabled members to make as many submissions as they wanted so people could take their time: after all we have almost 50 members and a few thoughtful sentences for this large group of Guiders is a huge amount of work.

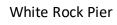
The project hosts then created a letterhead and amalgamated the comments for each person into a letter which we mailed to each person for Thinking Day. One of our members wrote a beautiful free-form poem and another created small hat traders which were included with the letters.

The project was incredibly well received by our Guild members in both participating and reading their personal letters. Although everyone admitted it took more time than they had expected to put their thoughts together, they were very excited about the project.

One guild member described her letter as the 'best gift she had ever received' and another said, 'you just don't know what that meant to me to hear those words.' Kind words matter and something simple like this can have a huge impact. Letting people know they're loved and important to other people in a personal way is a big deal.

This project can be taken on in a variety of ways to support members who don't use computers or aren't comfortable with the online survey format. We offered to write out their words if they phoned / zoomed or submit their comments if they mailed or emailed them to us. We suggested writing out their memories in a word processor and finalizing wording before copying them into the survey. This project could work in units of most ages with some tweaking.

Photosfrom Around BC









BC Place – Vancouver



Bloedel Conservatory







Diamond Isinger (Prov. Commissioner) at the Olympic caldron in downtown







Ucluelet

District of Sechelt Tower



Vancouver City Hall



Port Moody, BC



Lenko House – a Guiding Member's home

Niagara Falls, Ontario



UPDATE ON IN-PERSON RENDEZVOUS AND NATIONAL GATHERING

Is there a Guild or group of Guilds interested in thinking about a Rendezvous for 2023?

Winnipeg Manitoba is still trying to hold a National Gathering in 2024.

Stay tuned for an exciting and new idea called "Rendezvous in a Box" coming to all BC Guilds for May/2022. Save the date has been sent to Guild Leads. Ask about it!!

Our PR/Communications Advisor – Isabella Lee; arranged to have 103 landmarks light up. This had many thousands of members finding their own way to shine their Guiding lights, a few hundred members attended in-person district or area events (e.g. a Lions Area campfire at Lonsdale Quay which Ming assisted with), many units made lanterns, and fun was had overall!

There's also a 'video tour' slideshow available on Facebook with photos taken by members at/of blue landmarks: https://www.facebook.com/112169318965928/videos/500263411708501

No matter how you celebrated, thank you all for continuing the tradition of honouring our Founders!!

And fingers crossed for an in-person Rendezvous in 2023!!

Yours in Guiding, Darlene



Questions? Comments? Thoughts? Contact Darlene at bc-trefoil@girlguides.ca

The World of Trefoil Guilds – Ladies who want Friendship and Fun & Ladies who are Girls at Heart!!