# Sisters in Guiding

Every few years, Girl Guides of Canada–Guides du Canada partners with other Member Organizations of the World Association of Girl Guides and Girl Scouts (WAGGGS) to learn about each other's countries and Guiding programs.

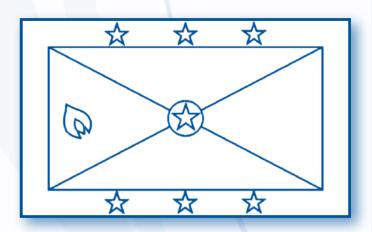
Girl Guides of Canada-Guides du Canada is now partnered with **Grenada** and **Curacao**.

Go online to find the details of the Twinning Challenge! Visit www.girlguides.ca and search for "Twinning Challenge."

**Grenada** is an island nation in the southeastern Caribbean Sea. It is also known as the "island of spice" because it produces nutmeg and mace crops. The official language is English, but people also speak French Patois.

## There are four branch levels of Guiding in Grenada:

Rainbows 5–7 years old
Brownies 7–10 years old
Guides 10–15 years old
Rangers 16–19 years old







# **Nutmeg Ice Cream from Grenada**

# Ingredients

- 1 1/2 cups milk
- 1 1/2 cups heavy cream
- 3 large eggs
- 3/4 cup sugar
- 1 teaspoon freshly grated nutmeg
- 1/8 teaspoon salt
- 1/4 teaspoon vanilla

### **Directions**

- 1. In a saucepan, bring the milk and the cream just to a boil.
- 2. In a large bowl, whisk together the eggs, sugar, nutmeg, salt, and vanilla.
- 3. Whisk 1/2 cup of the milk mixture into the egg mixture, and whisk the mixture into the remaining milk mixture. Cook the custard over moderate heat, stirring constantly with a wooden spatula, until it registers 175°F on a candy thermometer. Transfer the custard to a metal bowl set in a larger bowl of ice and cold water and stir it until it is cold. Freeze the custard in an ice cream freezer according to the manufacturer's instructions.



**Curação** is an island in the Caribbean Sea. It is a self-governing nation within the Kingdom of the Netherlands. The official languages are Papiamentu and Dutch, but English and Spanish are also widely spoken.

## There are five branch levels of Guiding in Curaçao:

Elivata 4–6 years old
Kabouter 7–10 years old
Junior Padvinster 10–13 years old
Senior Padvinster 13–17 years old
Pionier 17+ years old

# **Curaçao Brownie Law**

A Brownie is honest

A Brownie is obedient

A Brownie is friendly

A Brownie is kind to plants and animals

Un kabouter ta honesto

Un kabouter ta amabel

Un kabouter ta amabel

Un kabouter ta amabel





This year, BC Girl Guides also have a special partnership with **Côte d'Ivoire.** 

Côte d'Ivoire is a country in West Africa. Its official language is French.

Côte d'Ivoire is the world's top producer of cocoa, and one of the top producers of coffee. It also exports pineapples and palm oil.

Try this activity from the Côte d'Ivoire challenge:

In many parts of Africa, including Côte d'Ivoire, girls and women must carry water long distances every day in order to provide what is needed for their families. Practice carrying a jug of water on your head. Can you do it? What can you do to make it easier? What do you think your life would be like without running water in your house?



# The World Gentres

The World Centres, owned by the World Association of Girl Guides and Girl Scouts (WAGGGS), are locations that foster international friendships by bringing girls and Guiders together to learn and have fun. The centres are open to WAGGGS members as well as visitors from outside the Girl Guide and Girl Scout Movement.



Pax Lodge is the newest World Centre, opened in 1990. It serves as the International Heaquarters of WAGGGS and is situated next to the World Bureau in northwest London, United Kingdom. Its location makes it the perfect base of operations to see the many sites of the city, including museums and the Changing of the Guard at Buckingham Palace. Attend an event or stay as an independent guest and enjoy the fellowship of Guiding at Pax Lodge. Visit www.paxlodge.org for more information.

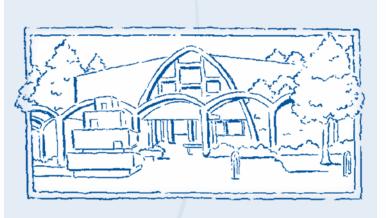




**Our Cabaña** sits in a tropical garden and overlooks the Mexican city of Cuernavaca. Volcanoes can be seen in the distance, and local attractions such as the pyramids are plentiful. Have fun with friends as you experience Mexican culture in a Guiding environment. Let Our Cabaña become your cabaña! Visit www. ourcabana.org for more information.



**Our Chalet** near Adelboden, Switzerland, was the first World Centre to open, in 1932. Its location in the Swiss Alps makes it an ideal spot for skiing in the winter and hiking in the summer. Establish new Guiding friendships, whether by participating in an international session or enjoying the outdoors. Our Chalet will leave your Guiding spirit refreshed. Visit www.ourchalet.ch for more information.



**Sangam** is set amongst spacious gardens in the Indian city of Pune in the Maharastra State. Sangam provides the opportunity to experience the culture through activities such as fittings for saris onsite and tours by auto rickshaw outside the gates. Whether you are there as an event participant or as an independent visitor, you will create bonds that will last a lifetime. Visit www.sangamworldcentre.org for more information.

**A Fifth World Centre** is being planned for the African Region of WAGGGS. It will be a mobile World Centre and will move between existing venues in Member Organizations' countries.

Two of four planned tests of the Fifth World Centre have taken place. The first event occurred in Ghana in July 2012, and the second event took place in South Africa in October 2012. Two more test events are planned: in Kenya from January to March 2013 and in Rwanda in May 2013.

For more information about the Fifth World Centre, visit www. wagggsworld.org and search for "Fifth World Centre."



The Trefoil is "the unifying symbol of the World Association of Girl Guides and Girl Scouts. Every part has a meaning. The golden Trefoil on a bright blue background represents the sun shining over all the children of the world; the three leaves represent the three-fold Promise as originally laid-down by the Founder (Robert Baden-Powell); the base of the stalk represents the flame of the love of humanity; the vein pointing upwards through the centre of the Trefoil represents the compass needle pointing the way; and the two stars represent the Promise and Law." http://www.wagggsworld.org/en/about/guidingscouting/guidinghistory/symbols

