



Girl Guides of Canada Cookie Challenge

Guides



Hi Guides,

Welcome to the Ultimate Cookie Challenge! Want to have some fun and collect some “cookie dough”? Each activity, or challenge, listed below has a cookie dough amount assigned to it. Your cookie mission, if you choose to accept it, is to collect \$8.00 worth of cookie dough, which is equal to two boxes of cookies.

Option 1- Cookie Commotion

a. Play Fruit Basket

Cookie Dough: \$0.50

Use cookie names for the groups – chocolate, vanilla, mint. Everyone switches seats on COOKIES.

b. Play Frozen Cookie Tag

Cookie Dough: \$0.50

Play a wintry game of Frozen Cookie tag. One girl becomes IT. Give all the other players two brown squares of fabric the size of a napkin. If a player is tagged by IT, she gives IT one of her brown (icing) squares. She must remain frozen until another player ‘melts’ her by pouring warm icing over her, that is by giving her one of her chocolate coloured squares. Once IT has collected a set number of brown squares (for example, the same number as there are players), pick someone else to be IT and hand out the squares for another round.

c. Play Cookie Box Toss

Cookie Dough: \$1.00

Set up empty cookie cartons with the top handles cut off. Each player takes her turn at trying to throw empty cookies boxes into the cartons. See how far away you can stand and still get an empty cookie box into the cookie carton.

d. Play Cookie Spoon Race

Cookie Dough: \$2.00

Create a racetrack with empty cookie cartons with clearly defined start and finish lines. Give each player a Girl Guide cookie on a spoon and have someone start and time the race. The person to cross the finish line first without dropping the cookie off their spoon wins. If the player drops the cookie off the spoon they must go back to the start line and begin again. This is a great game to play for a Patrol Challenge.

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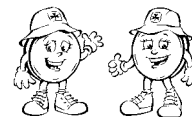
Option 2 – Cookie Creations

- a. Create a skit showing the importance of cookies in the Girl Guides of Canada program. **Cookie Dough: \$2.00**
- b. Design and create a life size “cookie character costume to help publicize cookie sales. Visit the BC provincial website for suggested patterns and instructions. **Cookie Dough: \$4.00**
- c. Create a marketing campaign for selling Girl Guide cookies. Remember to keep in mind proper manners and safety when selling cookies. See below for tips to keep in mind. **Cookie Dough: \$4.00**

BE A SMART COOKIE/PLAY IT SAFE

- Never sell alone. Bringing a parent along is best. Always use the buddy system.
- When you leave home to sell, always tell an adult where you're going and when you expect to be back.
- When selling door-to-door, never enter anyone's house or apartment.
- Don't criss-cross the road! Sell on one side of the street, cross where it is safe and then sell on the other.
- Look both ways when crossing the street.
- Never sell to people in cars. If someone wants you to come close to their car, say "NO", run home or to a block parent house.
- Never carry large amounts of money. Return home frequently to deposit money collected.
- Carry money in cookie dough envelopes, not in your pockets.
- Only give your first name and never your address or phone number when selling.
- Sell only in neighbourhoods and areas familiar to you.
- If selling in malls, don't wander off! Let the customers come to you.
- Make sure you know the name and phone number of someone to call in case of an emergency.
- If you must sell when it is dark, wear bright colours and carry a flashlight. If you can, sell door-to-door during daylight hours only.

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- d. Design and create an *Automatic Cookie Machine* to use for cookie sales at a mall or drive- thru location. See picture to the right for an example, courtesy of the BC website!

Cookie Dough: \$2.00



Option 3 – Catch the Cookie Craze

a. Create a *Cookie Recipe Book*

Cookie Dough: \$3.00

Develop recipes using Girl Guide cookies. Give them a try and share with your Patrol. Once you and your Patrol have tried and tested your recipe(s) put them into a recipe book.

b. Be a *Cookie Scientist*

Cookie Dough: \$2.00

Experiment with a simple cookie recipe to see how modifying the ingredients can change the results. Here is an example “Asphalt Cookies”.

ASPHALT COOKIES

Civil Engineers deal with the design of materials and structures that do not move, such as buildings, bridges, and pavement.

Basic supplies:

- Large container to prepare the chocolate "asphalt" liquid binder on the stove before the presentation
- Crock pot or other heating unit to keep the liquid warm
- Large spoon for stirring
- Steep sided bowls, one per girl
- Sealed cans (vegetables, soup, etc.) to use as rollers, one per girl
- Sturdy stirring spoons, one per girl
- Measuring cups and spoons
- Waxed paper, cut into squares

Construction materials:

- Chopped walnuts (1 tbsp per girl)
- Flaked or shredded coconut (1 tbsp per girl)
- Old fashioned and quick oats (1/8 cup each per girl)

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Asphalt recipe:

Prepare in advance. In a large container, combine the following ingredients.

- 1/3 cup cocoa powder
- 1/2 cup butter
- 1/2 cup milk
- 2 cups sugar

Heat, stirring frequently until mixture boils for two (2) minutes. Pour into a crock-pot set at highest temperature setting. A single batch yields approximately two (2) cups or 8 portions. The recipe can be doubled or tripled as needed.

How To:

1. Measure the construction materials (ingredients) into their mixing bowl: 1/8 cup old-fashioned oats -1 /8 cup quick oats -1 tablespoon walnuts -1 tablespoon coconut. These represent the aggregate (rocks & sand) used in making asphalt.
2. Measure and pour 1/4 cup chocolate asphalt into the materials mixture. Stir until all of the particles are well coated. Notice that as the mixture cools while it is being stirred, it becomes stiffer and starts to stick together. Asphalt behaves in the same manner. It must be heated to 300°F to become liquid!
3. When the materials are thoroughly mixed, pour and mound the mixture on to a square of waxed paper. Cover with a second piece of waxed paper.
4. Use a can to roll the cookie to 1/4" to 1/3" thick. This is similar to using a "packer" or roller with a heavy drum to smash all of the air out of asphalt, which helps to make it very strong.
5. When the cookies are flat, observe that the individual materials are still identifiable (No chemical changes have taken place). The oatmeal, walnuts and coconut are visible through the waxed paper.
6. Feel for heat coming off the top of the cookie. Immediately after pavement is rolled out it is still very hot. Just like the asphalt, the cookies will harden as they cool.

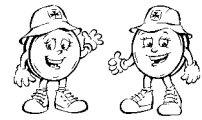
Notes: Try experimenting with the proportions of the ingredients to see how it affects the finished pavement. Discuss the results as a group.

c. Build a Cookie Box Tower

Cookie Dough: \$0.50

Organize a treasure hunt for your Guide Unit. Collect items like tape, string, Popsicle sticks, cardboard tubes, newspapers, etc. After the treasure hunt, work in teams to build a freestanding structure with the materials collected. The structure has to be able to hold an empty cookie box on top. Another variation is to see which team can get their box the highest.

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- d. Make *Hamburger Cookies* to share them with your Guiding friends. Courtesy of BC website!
Cookie Dough: \$1.00

HAMBURGER COOKIES

Materials:

- 1 box Girl Guide Chocolatey Mint Cookies
- 1 cup flaked coconut
- red & green food colouring
- 1/2 cup vanilla frosting
- 1 box vanilla wafers

How To:

- Divide frosting into two and add red food colouring to one portion.
- Place coconut into a small plastic bag, add green food colouring and shake to coat.
- Frost the bottoms of two wafers (they're the buns); one with red frosting (that's the tomato), one with vanilla frosting (that's the mayonnaise) and sprinkle with green coconut (that's the lettuce).
- Place the cookie between the two wafers to make a hamburger shape.
- Squeeze together lightly so the frosting will stick to the cookie and hold the whole thing together.

Program Connections

Fruit Basket – Encountering, My Future #1
Cookie Frozen Tag - Encountering, My Future #4
Cookie Box Toss - Encountering, My Future #4
Cookie Spoon Race - Encountering, My Future #4
Hamburger Cookies - Encountering, My Future #2
Cookie Box Tower - Exploring My Future #1
Create a Skit - Discovering, My Future #2
Cookie character costume - Discovering, My Future #5
Marketing Campaign - Discovering, My Community #3
Automatic Cookie Machine - Discovering, My Horizons #3
Cookie Scientist - Discovering, My Horizons #3