

Healthy Living Bingo is designed to put emphasis on the benefits of physical activity and proper nutrition and living a healthy lifestyle. This game provides a variety of activities to help get moving and also making healthy food choices.

## **Sparks and Brownies**

**Goal:** Complete BINGO over one week. Can be done at home individually or with the unit at a sleepover or at camp.

COMPLETE ONE LINE IN ANY DIRECTION.

Good luck and have fun:)

## **Guides and Pathfinders**

Goal: Complete BINGO over a two week span.

COMPLETE THREE LINES IN ANY DIRECTION.
Good luck and have fun:)

## **Rangers and Guiders**

Goal: Complete BINGO (Guides and Pathfinders) over a 3-4 week period.

Good luck and have fun:)

