



# GRAND PINES AREA CHALLENGE

## Purpose

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By participating in this challenge, members will learn more about Grand Pines Area and the diverse Districts that comprise it. The challenge is designed to offer you programming options, which include field trips, Unit meeting work and service projects.

## Ideas for How to Facilitate

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Guiders know the limitations of themselves and the members in their Unit/Group. If you have a Unit whose caregiver don't like arranging transportation for field trips, choose activities that explore the Districts without leaving your weekly meeting space. If you are a group of Rangers or Trefoil members who need ideas for group outings, work together to pick a favourite location to visit for each of the Dis-tracts.

## Requirements

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**Sparks and Embers** – complete two activities from the 'Grand Pines Section' and one activity from each district and one Service Project from any section.

**Guides** – complete two activities from the 'Grand Pines Section' and two activities from each district and one Service Project from any section.

**Pathfinders and Rangers** – complete three activities from the 'Grand Pines Section' and two activities from each district, and one Service Project from any section, plus two more activities of you choosing, not from your district.

**Adult Members** – complete all activities in the 'Grand Pines Section' and two activities from each district, and one Service Project from any section.

# GRAND PINES AREA

1. Look at a map of Winnipeg and Manitoba. Using a highlighter, highlight the boundaries of our area. For Guides and up, using a different colour, highlight the boundaries of each of the five districts and label them. (See the `Resource Section` for Boundary Descriptions)
2. Grand Pines Area is one of five Areas in Manitoba. Look on the Manitoba Girl Guides website and find the names all the Girl Guide Areas in Manitoba and where they are located.
3. Learn the names of the five Districts in our Area and find out why each has their name. Why is 'Grand Pines Area' called Grand Pines Area? What was the name of our Area before it changed to Grand Pines. Why and when did it change?
4. What is the name of the camp that is owned by the 3 Areas of Winnipeg? Learn some facts about our camp. Where is it located? How old is the camp? What is name of the camp mascot? Attend camp as a unit or attend a camp session during the summer or collect items from their wish list and donate them to the camp.

# BISON TRAILS DISTRICT

1. Go to Fort Whyte Alive and take part in one of their educational programs. Sign up for a tree planting or spring cleanup event and lend a hand to this urban wildlife sanctuary!
2. Visit the Humane Society and learn about the work they do. Is it just for cats and dogs? If you want to adopt a pet, what process do you have to go through? Collect and donate items from their wish list, or make durable pet toys with your Unit.
3. Use Ikea catalogues or their online store, to re-design your room or a room in your dream house.
4. Canadian Tire is a Canadian owned business. What other Canadian owned businesses are there? Does it surprise you that some companies you might think are Canadian, are not? What are the advantages and disadvantages of shopping at Canadian owned companies? What is the oldest company in Canada?
5. A new mall is being built on Kenaston Blvd. Design your own mall. What stores and restaurants would you want in your mall? What features are in your mall? What is your mall's name? Remember to keep in mind essential mall amenities, like parking, bathrooms and accessibility for people with special needs!
6. Visit La Barriere Park for a picnic or outdoor adventure day. With your Unit pack yummy snacks! Organize a cleanup of the park with your Unit.
7. The Golf Dome is one of Winnipeg's largest inflatable buildings. Learn how the Golf Dome stays up and how big it is. As a Unit, go on an outing to play mini golf. What other activities can you do at the Golf Dome?
8. SkyZone is a large indoor trampoline park that has been built in Bison Trails District. Learn why trampolining isn't just for fun! What muscle groups get a workout while trampolining? How many calories do you burn? Learn about the different activities that you can do while at SkyZone and what you should do before you head there. If possible, plan a Unit outing!
9. The Trans-Canada trail runs through Bison Trails District. Find out where exactly the trail goes in this neighbourhood and what attractions it passes. Learn more about the Trans Canada Trail – including when it started, how long it currently stretches and where they are working on developing it. Does it go in a straight line in Canada? Where all does it go in Manitoba? Find out the name of the stretch of the trail closest to where you live!
10. Girl Guides is ALL about teamwork and using your resources wisely. Enigma Escapes is a place that challenges all your skills! You move from room to room of this building by completing challenges and working together with your team mates! Plan a Unit challenge day **OR** if you are not able to go, plan your own skill testing challenge – knot tying, shelter building, Kim's games – for your Unit and test each other on your problem solving ability!

# FORT ROUGE - RIVER HEIGHTS DISTRICT

1. Go for a walk, run or bike ride down Wellington Crescent **OR** organize a Unit Cleanup day and tackle a section of this iconic drive or one of the small communities parks along it.
2. The Pam-Am Pool was built for the Pan-American Games. Learn about the Pan-Am Games. Who competes? What sports are involved? When and where are the games being held next? When were they held in Winnipeg? What other places did sporting events take place in and around Winnipeg?
3. The busy section of Corydon Avenue is called Little Italy because of it's one time density of Italian restaurants. Have an Italian food night. Set up a pasta dinner for your unit or a build your own pizza buffet. Try some different toppings. Try some different Italian meats on your pizza, or a non-traditional pasta sauce. **OR** Learn about the new diversity of restaurants that have grown in the neighbourhood and try foods from one of the ethnic groups represented.
4. Go on a Unit field trip to the MB Hydro Museum and learn the importance of Hydro Electricity in Manitoba.
5. Fred Penner is a well-known children's entertainer who was born in Winnipeg and lived in River Heights. Listen to some his songs and pick your favorite one. As a Unit make some musical instruments and play along to one of his songs.
6. River Heights streets are lined with majestic Elm trees that create a shady canopy over the yards and roads. Learn about the disease that endangers Elm trees and about the group 'Coalition to save the Elms'. Learn what you can do to help protect the trees and donate your time to help.
7. The Rehabilitation Centre for Children is located on Wellington Crescent. Find out more about the reasons a child would have to visit the rehabilitation centre and some of the programs the Centre operates
8. River Heights has been home to the movers and shakers of Winnipeg since the turn of the 20<sup>th</sup> century. Learn more about some of these families, such as the Richardson's and the Asper's, and what they have contributed to Winnipeg, Manitoba and Canada.
9. Osborne Village was voted one of the best neighbourhoods to live in Canada in 2014. What makes a neighbourhood a great place to live? Brainstorm a list of ideas with your Units and then create an imaginary road map incorporating all your ideas. Compare your plans to the plans of Osborne Village and your neighbourhood.
10. Did you know that the Girl Guide office used to be located on Osborne Street? Learn where it used to be located and why it isn't there now . Visit the current Girl Guide office and meet with the Manitoba Council Archives to see pictures of this old office and learn more about the Guide History of Manitoba and even your own Unit!

# GLENLAWN - RIVERVIEW DISTRICT

1. What does BDI stand for? Go to the BDI and learn what goes into a Goog, a Sleeping Beauty and a Canta-berry, then take a stroll over the adjacent pedestrian bridge. If you can't make it to BDI, create your own Girl Guide inspired ice cream creation and share with your Unit or have an Ice Cream Social to raise money for CWFF or Caddy Lake Camp.
2. Kingston Row is located along a low portion of the Red River. As a result it often floods in the spring and thousands of volunteer hours go into protecting the properties along this and other low lying areas. Volunteer sandbagging or make a special treat and take it to the volunteers.
3. Visit or look at pictures of the Girl Guide Mural on the Osborne Bridge. Design your own Girl Guide inspired Mural, featuring your favourite things about being in Girl Guides. Learn what it would take it make your mural a reality!
4. Take a stroll down the Bishop Grandin Greenway and admire the public art on display. Dig deeper into one of the art installations you find interesting to find out more about the local artist.
5. Create and donate tray favours or birthday/holiday cards for the residents at Riverview Health Centre. Remember, it doesn't need to be a special occasion to donate! Every day can be special too!

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## **(Glenlawn Riverview, Continued)**

6. St Vital was once its own City. Learn about the history of St Vital – including who settled it, when it was incorporated into the City of Winnipeg and some important landmarks that make St. Vital one of a kind. Book a tour of the St. Vital Museum, located in the former St. Vital Police Station (behind the old St. Vital Fire Station on St. Mary's Road) to see some truly unique artifacts from the City's history. Can you 'Guess Who' has a display there
7. At the fork of St.Mary's and St.Anne's you will find the Winnipeg Birthing Centre. This facility is for mothers who are low risk and want to have their babies with the assistance of a Mid-wife. Find out what a mid-wife is and what education you need to become one. Contact the college of Mid-wives for a Unit presentation.
8. Learn about Geocaching and head to St.Vital Park to try and locate some of the many caches in the park! Remember to keep your searching a secret from the 'muggles'!
9. Churchill Drive features the largest plot of land dedicated to public gardens. Learn about public gardens, the rules and fees that go along with them and then design your own vegetable garden. If possible, plant some vegetable seeds and watch them grow!
10. Discover the world of Fair Trade products. Learn about Fair Trade – such as 'what does fair trade mean?' 'how does it benefit the artisans?' 'What types of items can be purchased fair trade? (we bet you'll be surprised!) Visit the 10,000 Villages location in Glenlawn Riverview District and consider calling ahead to arrange a tour. If you can't make it to the store, visit the 10,000 villages website and learn the unique story behind some of your favourite products. Have your unit purchase some fair trade products, either from 10,000 villages or from your local grocery store, such as hot chocolate or candies and have a Fair Trade night. You can also borrow the 'International Music' Resource Kit from the Grand Pines Area office, as all of the instruments in the kit are certified Fair Trade!

## **PINE RIDGE DISTRICT**

1. The Pinawa Hydro electric dam is one of Manitoba's most efficient dams. Learn about Hydro Electric power. Is it a clean energy source? What are the pros and cons of hydro power?
2. Learn about the Forestry Industry in Manitoba. What trees are forested in Manitoba? What products are made from trees? (perhaps there are some you don't even realize!) How has the forestry industry become less of an impact on the environment over the years?
3. Learn about the history of Birds Hill Park and how it became a park from its previous state as drained agricultural land. Visit the park and follow one of the many trails, taking time to notice the different types of natural environments that exist in the park (prairie, pine forest, boreal forest, swamp, etc.)
4. Write a rural Chamber of Commerce for brochures and information on their town. Plan a visit to a town based on the information you receive, being sure to hit the star attractions of the town! If possible, carry out your visit as a Unit and try to meet up with a local Unit!
5. Learn about wind turbines. How do they work? How much electricity can ONE turbine produce? What are the advantages and disadvantages of wind power (think about environmental, health and wildlife). Make your own wind turbine from a science kit or make the simplest wind turbine - a pinwheel!
6. Learn about fishing licenses and restrictions. Review the contents of a tackle box and learn about all the different things inside! What are some common fish you can catch in Manitoba? If possible, head out fishing with your Unit.
7. Learn about some of the differences between rural and city living. Pick a town or rural area to compare to life in the City. Some examples of differences include - Where do people get their drinking water? What do they do with their waste – from daily garbage and recycling to every time they flush their toilet? How do they get to school and how far away is there school? Where do they go grocery shopping? What transportation methods are available?
8. Make a listing of all the different Provincial Parks that are found within the boundaries of Pine Ridge District (hint: there are lots!!) Learn about the different parks – what amenities does each park offer – hiking trails, skiing trails, swimming, fishing? Do they offer camping, RV services, yurts, group use sites, cabins?) What is the difference between a Provincial Park and a Provincial Forest? Visit one of these Provincial Parks for a Unit fun day or camp!

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### **(Pine Ridge District, Continued.)**

9. Agriculture is an important part of life in Pine Ridge District. Learn about the various forms of Agriculture that take place – from grain and vegetable farming, to animal husbandry to agro-fisheries and agro-forestry. Create a skit about the ‘Day in the Life’ of a farmer of your chosen Agricultural specialty!
10. Lots of different heritage groups are represented in towns throughout Pine Ridge District, including French-Canadian, German Mennonites, and Aboriginal communities such as Cree and Ojibway. Choose to learn about one of these heritage groups including their history, special foods, religion, etc. Learn a couple basic phrases in their language.

## **UNIVERSITY DISTRICT**

1. Attend a sporting event at the University of Manitoba. If you can't attend an event, create support posters for a sporting event and take a picture of your Unit cheering them on and send it to them via Twitter or Facebook.
2. Visit Kings Park and find the places on the list below. While you are there, do a park cleanup!
  - A) Chinese Pagoda
  - B) Butterfly Garden
  - C) Carol Sheild's Memorial Labyrinth
3. The new Blue Bombers football stadium is located at the University of Manitoba, called Investors Group Field. Have a football theme party and watch a Blue Bomber game as a Unit, dressing up in team colours. Don't forget the half-time snacks!
4. Louis Riel's house is located on River Road in St. Vital. Learn more about Louis Reil—What group did he help? What political movement did he start? Why he is called the ‘Father of Manitoba’.
5. Look at the faculties at the University of Manitoba. Which one interests you? What careers come out of your favourite faculty? Invite a Student or Professor from the University to come to your Unit and talk about the school and its programs.
6. Visit Henteleff Park. Learn how the park came to be and learn about the restoration efforts taking place on the property. Find out ways you can get involved, such as cleanups, event support or tree planting and donate your time.
7. St Amant Centre is a school, childcare centre and research program for people in our community with disabilities. Learn about some of the types of disabilities that are a part of our community and some of the challenges that people with disabilities may face. Contact the centre and find out how you can help, perhaps by donating supplies, having a book drive or as event staff for a special event they are having.
8. Dakota Community Centre was recently renamed the Jonathan Toews Community Centre, after the Stanley Cup winning Captain of the Chicago Blackhawks who grew up in the neighbourhood and played youth hockey at the Community Centre. Watch a youth hockey game at a local community centre or watch an NHL game featuring a Manitoba Hockey Player and cheer them on.
9. Go for a walk through Bois d'Esprit and locate the Spirit Tree. Learn what the Spirit Tree represents. If you wish, contact Save Our Seine, a non-profit organization, to arrange a guided tour of the park and find out how you can help ‘save the Seine’!
10. University District previously hosted an annual dessert party as a District Fundraiser. Have a Dessert Party of your own! Bring a variety of desserts to a meeting and then have groups of girl in the Unit perform a song or skit throughout the evening. Charge an entrance fee to caregiver and other members of Guiding, and donate the money to CWFF or Caddy Lake Camp

# RESOURCE SECTION

## District Boundaries

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### **Fort Rouge – River Heights District**

North/South - Assiniboine River South to Wilkes.

East/West - Route 90 (Kenaston) East to Pembina and the Jubilee overpass, then north following train lines, stops at Queen Elizabeth Way.

### **Bison Trails District**

North/South - Railway lines north of Wilkes Avenue, south to Bishop Grandin Blvd.

East/West - Starting at Wilkes, east from Shaftsbury to west side of Pembina Ave.

### **Glenlawn Riverview District**

North/South – On the west side of the Red River, Jubilee overpass south to Bishop Grandin. On the east side of the Red River, starting at Fifth Avenue, south to Bishop Grandin.

East/West – East side of Pembina to Seine River.

### **University District**

North/South - South of Bishop Grandin to the Perimeter Highway.

East/West - from Waverley to Dakota

NOTE: Includes town of St. Norbert.

### **Pine Ridge District**

North/South: Pigeon Point (on Lake Winnipeg) to US Border.

East/West: Ontario Border to Hwy 59 (north of perimeter) Red River (south of perimeter & north of HWY 320).





# Area Challenge Crest Order Form

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Crests will be available from the Grand Pines Area Office and will be \$2.50 each. Please submit the order form along with payment to the address below to receive your crests.

Questions? Contact: [grandpinesarea@gmail.com](mailto:grandpinesarea@gmail.com)

Girl Guides of Canada  
Grand Pines Area  
#213-530 Century Street  
Winnipeg, Manitoba

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Unit Name: \_\_\_\_\_

District: \_\_\_\_\_ Area: \_\_\_\_\_

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## Delivery Instructions (please circle one)

Mail (add \$4 to payment)

Hold for Pickup at Area Office

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Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

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## Order Information

Number of crests requested \_\_\_\_\_ x \$2.50 per crest = \_\_\_\_\_  
+ \$4.00 if mailing requested

Order Total = \$ \_\_\_\_\_

We can **only** accept cash or cheque at this time.  
Please make cheques payable to *Girl Guides of Canada*