



# Girl Guide Minty Hot Chocolate

By Kary Osmond

Makes 1 cup.

## Ingredients

- 1 cup (250 mL) milk
- 2 tsp (10 mL) powdered cocoa
- 1 tsp (5 mL) brown sugar
- 2 chocolatey mint Girl Guide cookies, finely grated
- Whipped cream, for serving (optional)

## Instructions

Heat milk in a small saucepan over low heat until hot, about 6 to 8 minutes.

Whisk in powdered cocoa, brown sugar, and grated cookies.

Serve immediately with a dollop of whipped cream.

**Helpful hint:** Finely grate Girl Guide cookies onto your favourite desserts for an extra boost of flavour.



### About Kary Osmond

Kary Osmond loves teaching people how to cook. Kary was the host of the hit CBC show Best Recipes Ever. Now her website provides fans with cooking tips and tricks, and answers their cooking questions to help build their confidence in the kitchen. [karyosmond.com](http://karyosmond.com)

### About Girl Guides

Girl Guides of Canada empowers every girl in Guiding to discover herself and be everything she wants to be. In Guiding, girls from 5-17 meet with girls their own age in a safe, inclusive space to explore what matters to them. Girl Guides is where girls take the lead, put their ideas into action and jump into awesome activities – all with the support of volunteer Guiders, who are committed to positively impacting their lives.