



TG News

A Newsletter for Trefoil Guild Members

WINTER 2019

Message from the National Trefoil Guild Liaison



Over the past couple of years, I've had the pleasure of working with an incredible group of Provincial Liaisons. We were very busy coming together to ensure that Trefoil Guilds were up to-date and noticed.

We have made changes to position titles, created a Trefoil Brochure and now have a Trefoil Manual for every province. Thank you to Holly Thompson, the previous DPO, for beginning the process.

The national office agreed that the 1st Woodstock Trefoil Guild, which began in 1959, be recognized as the first official Guild in Canada. So, we are celebrating 60 years of Trefoil over this 2019-2020 Guiding year!

At the National Gathering in Sudbury in June, we challenged members to create a 60th

Anniversary crest. We received over 25 very creative submissions. As a team we chose the following! A huge thank you to everyone who participated!



Pictured below from the left are the contest winners, Hilda White (president), Diann Cochrane, Nancy Dreddy, Betty Frost, Jane Bussey and Derydene Tucker (seated), all members of the Crossroads Trefoil Guild from Gander, Newfoundland.

The anniversary crest and other Trefoil Guild items are now available in [the store!](#)



Trefoil position titles have been eliminated with the exception of Trefoil Guild Treasurer. Each Guild will now have a Guild Lead (contact). Your Guilds will still function the same as they always have. If you submit minutes or news articles to your provinces, please continue to do so. As Lorna from PEI reminded me, we want Trefoil Guild members 20 years from now to know the history of Trefoil Guilds, and not just as a social group. We're an important part of this organization and have given and continue to give to the success of Girl Guides of Canada.

We also bid a fond farewell to Liaisons Lorna Bulpitt representing New Brunswick/PEI and Heather Goacher (Craft), the Internet Trefoil Liaison. We will miss you both!

Please welcome Heather LeBlanc the new Liaison for NB/PE and Dana Weatherell as the new Internet Trefoil Liaison.

My term is finished in January 2020. This has been an amazing and fulfilling journey. It has been a pleasure to meet so many of you from across the country. I hope to see you in 2022 in Manitoba!

Go well and safely.

Judy Pavlis
National Trefoil Liaison
Girl Guides of Canada

Alberta Trefoil Guilds

By Sue Schroder

Greetings from ANY – our abbreviation for the regions within Alberta Council. Many of our areas cover long distances so Trefoil Guilds are becoming very creative in their meeting arrangements, frequency and economy of time and resources.



Our Guilds were busy in May with members attending area banquets and other year end activities. In mid-May, Alberta Council held Rally Day in each area, so Guild members assisted at activity stations, hosted volunteer hospitality rooms or anywhere extra hands were needed. This year our annual ANY Trefoil Guild Roundup had a different format by meeting on the same day and location in Red Deer as the Honorary Life Members Luncheon. Many of our Guild members attended the luncheon so they continued to the roundup afterwards.



May and June saw Guild members enjoying the lovely spring, so the Mad Hatters took a walk along the

South Saskatchewan River, other Guilds attended a high tea, potlucks, picnic lunches and barbecues. WestRockers toured the new Calgary Public Library and later, had a personal tour of the Stoney Mission Society at Morley, where Reverend George McDougall built a Methodist Church in 1875. An early date and a very historic family name in Alberta. Silver Willows took a guided walk of the Lacombe historic murals. Purple Martins visited the new Royal Alberta Museum located in Edmonton. The opening exhibits included

'Vikings Beyond the Legends' with a complete ancient Viking ship. The Missing Links volunteered at the Calgary Food Bank by packing food hampers. The Purple Martins planned their annual summer solstice party at a lake cottage but were drowned out by rain for the first time in their history. On a rare summer day, Silver Willows drove to the Siffleur Falls suspension bridge, then on to Kootenay Plains for a picnic lunch and on to Crescent Falls. Soon after, they encountered a tornado watch but with the help of a GPS weather tracker, arrived home safely.



June was an exciting time for fourteen members who attended the National Trefoil Gathering.

Some went early and some stayed longer to visit family, friends or other places for new adventures. All had a marvellous time re-connecting and creating new friendships.



September brought planning meetings for many Guilds. The Sounds Fun Guild made cookie costumes for a district to use and later, had a Pakistani Guider visit to speak about Guiding in Pakistan.

WestRockers hosted the Calgary Area Grab 'N Go event for Guiders who picked up program and craft materials, uniforms and camping gear donated by other Guiders. Mad Hatters helped celebrate at their Sparks' 30th birthday party. North Star Nomads set up the Samaritan's yard sale. Northern Flickers held their event in conjunction with the Peace River Area fall training making it a weekend event. Each member made her own unique Zen garden with paint and natural items. Their food included War Won Ton soup, Ukrainian sausage and perogies, fried rice and lefse with Area Council members coming as guests. To help celebrate Trefoil Guild's 60th anniversary, we now have our first Guild history from Calgary's Emonis Ake so hopefully more will come in the next few months.

Until next time, fun Trefoil times to all!

BC Trefoil Guilds

by Seanna Fekete

Rendezvous 2019 – Spring Fling Revisited

It had been 10 years since Lougheed Area hosted the first rendezvous. In April members enjoyed the *Spring Fling Revisited*, hosted by the Trefoil Guilds of Lougheed Area.

Activities included everything from hiking to an escape room to dragon boating! It was capped off with a lovely banquet.

Thank you ladies!



Look at our cool Girl Guide Socks!



Fun and Friendship at the Banquet

BC Trefoil Guilds

by Seanna Fekete

Trefoil Guild Projects

Project 1 - Baby bonding blankets, a special blanket placed under their bassinet in NICU mommy and daddy scents are so comforting to babies. it helps soothes them and ease their restlessness too.

Project 2 - First gift, care baskets diaper bags, receiving blankets, teddy bears or other stuffies, baby wipes, other baby supplies.

Project 3 - Warm place, a charity that assists single mothers and low income people together to cook a nutritious meal play games and do crafts. For example, a fancy bar of soap or body wash kitchen towels costume jewelry.



The Westminster Abbey Tour



Off to visit Guide House by Sky Train and Seabus!



Manitoba

by Sharon Romanow

Our 6 delegates to the National Trefoil Guild Gathering came home eager to share all they did, learned and who they'd connect with again. They were also excited to share with their Guilds the fact that Manitoba will be hosting the Gathering in 2022!

Summer is usually a quiet time for some, but we do have some adventurous guilds. One made a day trip to a member's cottage on the shore of Lake Winnipeg to enjoy a day with beautiful weather and great food and friends.



Once again, girls from Shamattawa reserve travelled south to attend camp at Caddy Lake Girl Guide Camp. Trefoil members came through again to add to the girls' experience by providing items for their trip home (activity kits and snacks).

Pembina Trails Guild has been keeping busy with several senior activities/programs that are held locally. They attended one local Fall Supper which is an annual event. Good food and great friends are always a winning combination.



Our Girl Guide Camp at Caddy Lake is closed as of October 31, 2019. To say their final farewell to a camp that many have dedicated days or years over its 70-year history, Crocus Trefoil Guild held an overnight camp. Even though it was a little chilly (end of September), it was a beautiful fall day. It was the perfect weather for sitting around the campfire reminiscing about everyone's camp experiences as girls and adults. The camp will be sadly missed.



Crocus Trefoil Guild received a certificate of appreciation for their continual support of toiletry kits for family members that may find themselves without.



All the Guilds are busy making plans for the upcoming Christmas season. Planning get-togethers, but more importantly planning their Christmas service projects (socks for the homeless, toy drives, volunteering at various events/sales, Christmas cards for seniors' homes, etc.).

New Brunswick & PEI Trefoil Guilds

by Heather LeBlanc

“T” is for Trefoil and Trefoil is for “Tea”!

It may have been delayed by weather (Hurricane Dorian) for three weeks, but the Annual Gathering, held in Nasonworth, New Brunswick on September 28, was a wonderful event. Thirty members from eight guilds came for a time of sharing, singing, games and much laughter. The donations of tea & coffee were much appreciated by the local shelters. Our get acquainted activity was zipper pull ups made from beads of the colours of Guiding. We all had one colour and had to find the rest by sharing. Guest speaker – Janet Higgins, gave an interesting and informative talk on Lyme Disease.

In the afternoon we chose from two activities – a hike or making “mug rugs”. The hike was led by local councilor Gisele McCaie-Burke who explained how the various trail names came about and the stories behind the various bridges. Lunch was on “tea themed” tables with cup and saucer pincushions (door prizes), lacy cutlery holders and our 60th Anniversary cake – with ice cream! A singalong finished our time before the AGM. This was chaired by our outgoing liaison, Lorna Bulpitt and we welcomed our incoming liaison – Heather LeBlanc. We closed our gathering with daytime taps and wished everyone safe travels.



*Delegates at National Gathering Sudbury.
Oh what FUN we had and the memories!!!!*

Newfoundland & Labrador Trefoil Guilds

by Gloria Learning

We were very happy to have eleven Trefoil Guild Members attend the National Trefoil Guild Gathering in Sudbury, Ontario in June. Two of the members were from the Baccalieu Babes Guild, one from Fireside Friends Guild, four from Crosswords Guild and four from Can-ta-ka-ye Trefoil Guild. Everyone enjoyed the event and are now looking forward to the next one.



Listed below are some of the activities of our Trefoil Guilds.

Several of our Trefoil Guilds held closing events in May and June such as potluck dinners, inviting previous members to come. They also attended Area Annual Meetings and had representation at the Provincial Annual Meeting which gave everyone an opportunity to thank our past Provincial Commissioner, Margot Walsh for her contribution to Guiding during her term and to welcome our new Provincial Commissioner, Brandi O'Keefe as she begins her term.

Soiree Trefoil Guild helped out with the Community Food Drive, attended a workshop put on by the Arts Association and went to Admiralty House where they had an instructor do a modified yoga class with them.

Centennial Embers Trefoil Guild is celebrating 30 years of friendship and service this year and it's making plans to help support another Guiding group to celebrate this anniversary. In June they presented Dorothy Rockwood with her 80-year service pin – a timely occasion as she passed away in August. They enjoy their monthly gatherings for the companionship and opportunity for service.

Fireside Friends Trefoil Guild learned about the properties of polymer clay, how to mould and shape it, and made a campfire brooch. In May they attended a bowling night and enjoyed a rousing game of bowline. Even though the evening weather was cold and foggy outside, there were many "hoops and hollers" when someone bowled a strike or a spare. In June they held a beach picnic and campfire, and some of their members also camped at Backside Pond Park, journeyed to Cape Spear very early in the morning to watch the sun rise over the horizon and finished off October with a haunted walk and campfire.



Killick Trefoil Guild had a Paint night, went bird watching and presented Pat Burton and Sue Garland with 40 year service pins. In September they held a mini gathering, inviting members from Caribou and Golden Girls Trefoil Guilds, where they had

a guest speaker from Alzheimer's Society, held a paint session, made heart pillows and seat belt covers, items of which were donated to various organizations. In October they held their meeting with a Girl Guide group in Chamberlains and assisted them with making ponchos.



Can-ta-ka-ye Trefoil Guild hosted a Bowling night in May with six Trefoil Guild members in attendance from various Trefoil Guilds in and around St. John's, Paradise, Mt. Pearl, Conception Bay south and Carbonear for an evening filled with fun.



Nova Scotia Trefoil Guilds

by Darlene Duggan

We never stop here in Nova Scotia. We never stop challenging ourselves, seeking new adventures, lending a hand, and having a good time. Many of us are still active Guiders and those who are not still keep involved in some way. Whenever we see the word "volunteer" it seems we cannot resist, we step right up... and make new friends every time.



At the Provincial Guiders Conference (attended by over 300 Guiders, many of them from TG) two of us were on the Special Events Committee and it was wonderful to see so many young Guiders and Rangers there, so keen. The theme was Catalysts for Change and one of our TG members, Barb Power, reminded us during reflections that, although our Promise and our methods must change to keep up with our changing world, our purpose, our vision, our hope, and our spirit remain the same as when we began.



Eight of us attended the Gathering in Sudbury with five doing a road trip (through Boston) to get there...five of us in a van and still speaking at the end. Kudos to the Planning Committee and everyone else involved in giving us a wonderful adventure. It was nice, as the Provincial Liaison, to put faces to voices and to discover that sometimes you just "connect" with someone and become "forever friends". We are looking forward to Manitoba and are already saving our \$2.00 a day for that adventure.



Our annual Provincial camp has, unfortunately, been canceled twice because of weather (a hurricane in September and an expected snow storm as I write this) but we are determined and are already making plans for next year. For many of us this is the highlight of the year, our chance to escape the busy world and relax, rejuvenate, renew, and remember good times with old friends. If you are in Nova Scotia in September next year, come join us, we would love to make new memories with you.

Our semi-annual meeting held in October was well attended and our host guild, Saltwater Sisters, gave us a fun filled day. They chose our Guide House for the venue, provided delicious food, and had three stations (rooms) set up for a round robin activity. One was our archives which, for a small space, is very impressive. Another was Guiding trivia (I have forgotten so much!) and the third was to create a message for future Guiders to be placed in a time capsule. It was a great day! Our AGM will be held in April and, because traditionally the final meeting of the Liaison's term is hosted by her own Guild, that will be my Guild, Memory Lane.

Christmas celebrations are being planned and you can be sure there will be ugly sweaters, tacky gifts, mountains of food, and lots of laughter. Our Guilds support families in our communities in various ways, always trying to make sure everyone has the best Christmas possible.

We remember our sisters who have gone home, we cherish the memories we made with them, and we know they are cheering us on. We celebrate them.

Yes, we celebrate, we celebrate us as we continue Keeping the Spirit Alive!



Ontario Trefoil Guilds

by Christine Stevenson

Members are joining Ontario Trefoil Guilds every day. There are at present 104 Guilds in Ontario and some have interesting beginnings. A few examples:

There is a Guild that began as a Link group and when the members aged out they formed a Trefoil Guild.

Another Guild would like to have members who are under 30 so they formed a Link group and a Trefoil Guild who meet together.

There is a Guild made up of members who all worked for Ontario Council.

Another Guild has members who take independent trips together to World Centres, and like to organize events.

There are many service projects being undertaken by Ontario Guilds, supporting a wide variety of needs in their communities including women's shelters, young parents' groups, breast cancer patients and birthday boxes for food banks.

Guilds have had some interesting ideas for meetings. A couple of them are to play board games from your childhood and to bring a favourite tea cup and tell the story why it is your favourite or why it is special.



U.K. TREFOIL AWARD

Included here is a photo of Candace Gaudet who recently received the Gold Voyage Trefoil award in the U.K. She was at The Guide Association HQ to receive it from Jean Kelly the Trefoil Adviser for Anglia. It took 3 years to complete the work and Candace is affiliated with a Guild in the U.K. enabling her to carry this out.



COMMUNITY ROSTERS

Members have been saying that they are feeling left out of the loop and excluded from local activities and events because Trefoil Guilds do not appear on Community Rosters. Some Guilds are lobbying to be included on these rosters and to have access to contact information for other Trefoil Guilds.

ONTARIO CAMPS

Ontario Guilds have been saying a sad farewell to some of the many Girl Guides of Canada camps in Ontario.

Guilds have also been helping out at some camps.



Quebec Trefoil Guilds

by Ellen Gauthier

Welcome back to a new year of Guiding from Quebec. Our Trefoil Guilds, I am pleased to say, are growing.

This past April some of the ladies in the West Island Cabana Trefoil Guild decided to take a trip to London and stay at Pax Lodge. The ladies enjoyed week long trip visiting Castles, Abbeys, museums and let's not forget some sightseeing and shopping at Harrods, Selfridge and Camden Market.



In mid-June we had four ladies go to the National Gathering in Sudbury.

The Trefoil Guild have been very busy so far this year.

Some of us went to our provincial camp Wa-Thik-Ane to head Quarter Masters for weeks on end while others ran a site. Some also worked on the Voilà Quebec camp for the week.



Some Guilds made bookmarks for the local hospital, kits for the Women's Shelter, helped out with Meals on Wheels, made quilts for Alzheimer's patients, helped a respite centre with their annual tea. They also found time to do their eight-kilometer walking in May.



And yes, some of us have our own units in Guiding. We do it because we love to see the girls and Guiding grow.

Saskatchewan Trefoil

by Lorraine Thibeault

Greetings from Saskatchewan Trefoil Guilds! Our AGM held in Regina in the spring was well attended with lively discussion of TG issues. We are planning a provincial TG mini-gathering for May 2020 in Saskatoon in conjunction with the Provincial AGM and awards banquet.



I attended the National TG Gathering in Sudbury in June. Since then, I prepared a report on the Gathering and sent it to all our Guild members in the province and for submission in our provincial Guide newsletter.

I sent out contact information to a Guider who was interested in joining a Guild. I received reports/articles from two of our 15 TGs in the province. They are included below. I am reviewing our provincial TG handbook to align it with the National TG Handbook when it is completed. Information on the structure and title changes has been sent out to members, and I asked members to send their "Guild" historical story to me to send on to the national office. I notified the Guilds about Unified Banking.

I attended a Provincial Advisers' Meeting this fall, where I reported on TG activities and concerns and submitted a proposal to advertise Trefoil Guild to resigning Guiders and to past Guiders in Saskatchewan.

This fall, cookie sales are happening throughout the province with TG members doing their part to support Guiding through sales.

We look forward to hearing more about the 60th Anniversary celebrations.

The 2nd Saskatoon Trefoil Guild is doing 3 service projects so far this year:

1. Grandmothers for

Grandmothers: Collection of unused fabric - 0.5 metres or longer, quilting fabrics, embellishments, knitting needles, crochet hooks, yarn, thread, and sewing notions.

Grandmothers groups share three goals: 1. Raise funds to meet the needs of African grandmothers and the children in their care. 2. Raise awareness about the expertise and leadership of African grandmothers and their struggle to secure a hopeful and healthy future for generations of children orphaned or made vulnerable by HIV and AIDS. 3. Build solidarity among grandmothers in order to better understand and sustain the vital work being done at the grassroots to turn the tide of AIDS in Africa.

2. The Lighthouse: Collection of underwear, socks, mittens, toques, hygiene products - shampoo and conditioner, toothpaste and toothbrushes, deodorant, shavers, shaving cream, feminine hygiene products, bath towels, laundry soap, food products - pasta, rice, grains, barley, beans, granola bars, cereal, canned vegetables, canned tomatoes, canned tuna, and soup base. The Lighthouse Supported Living organization exists to provide emergency shelter for men and women, supported living suites, and affordable housing to those in need in Saskatoon.

3. The Bridge on 20th Fellowship

Centre: Collection of non perishables, soup ingredients, hygiene products - deodorant, 2 in 1 shampoo, toothbrushes and toothpaste, bars of soap, disposable razors, women's hygiene products, towels, blankets, combs and brushes, socks and underwear, curtains for apartment windows and showers, clothing and plastic shopping bags. The Bridge is a non-profit, non-denominational, charitable, Christian faith ministry that responds compassionately to the inner city through mobilizing and working with the church and the community.

Regina Trefoil Guild Adventure Guild (TAG) –

Fall Retreat Camp - SEPT 5-8TH, 2019:

Regina TAG held their annual Camp/Retreat at the RGGC for the first time. There were 21 members attended the sessions on Friday evening and Saturday. They included Drumming exercises led by Marj Anderson, one of our members; a Life Writing workshop led by Judith Silverthorne, writer in residence at the Regina Public Library, and Laughter Yoga led by Betty Shorten.



Part of Laughter Yoga by Betty Shorten



Rider Day – all in green



Saturday theme was “The Roaring Twenties”



Sunday afternoon tea at Government House

Internet Trefoil Guild

by Dana Weatherell

The 1st Canadian Internet Trefoil Guild is unique as any member across Canada can join, no matter their province.



As Guild members are internet friends and there's a wide geographical distance (from Canada's east to west coast, as well as the UK and USA), we've chosen the internet as our meeting place. We meet officially on the last weekend of the month, alternating Saturdays and Sundays in a private chat room with members keeping in touch throughout the month via a Yahoo group site.

Fourteen of our members were at the National Trefoil Guild Gathering in Sudbury this past spring. If you were there, you may have met one or two of us, as well as our mascot Miss Truffles!

This Guild has fun at our online parties with crafts, games, food and songs. Parties we've had over the years include Halloween, Christmas, Thinking Day, sleepovers, etc.

This year we will add a 60th

Birthday Party to our calendar! We also publish a quarterly newsletter called "A Taste of Truffles".

Service projects are an integral part of our Guild. Since 2004, our Guild has done a great many service projects - knit, crochet or quilt squares for the Blankets, knit or crochet purple baby caps to donate to hospitals or little dolls for the Izzy Doll project for distribution by soldiers on peace keeping missions.



Our Guild also has a campership that can be awarded to lone members called The Elaine Hodgson Memorial Lone Guiding Campership named after one of our past presidents. Donations as well as the sale of our fun Miss T crest fund this award.

Our Guild has a special yearly service project; each fall we contact WAGGGS for the name of a country that is having problems paying annual membership fee to WAGGGS. Members of the Guild are asked to donate money towards this amount which is then sent to WAGGGS.

Membership in this Guild is open to Canadian women over the age of thirty who are enrolled in Girl Guides of Canada or who are willing and able to be enrolled. Members may belong to a local Trefoil Guild and be active in other roles in Guiding. However, they need to have access to the internet. For more information or to join the 1st Canadian Internet Trefoil Guild, send an email to 1citg@e-guiding.com

We're looking for a new National Trefoil Guild Liaison !

Are you an experienced Trefoil Guild member who's passionate about keeping the spirit alive? Do you see yourself engaging and supporting other Trefoil Guild members? Then this might be the opportunity for you!

**Last day to apply:
December 1 at 11:59pm EST.**

[Click here to fill out an online application.](#)

If you have any questions, please contact membership@girlguides.ca

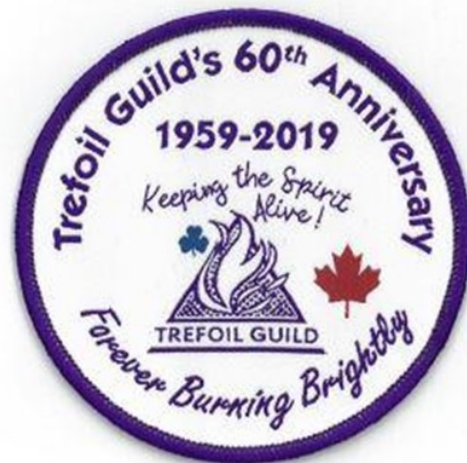
60 Years of Trefoil Guild!

Share your stories about why you love and participate in Trefoil Guild.

In celebration of the Trefoil Guild's 60th anniversary, we want to share stories of Trefoil Guild sisterhood in *Canadian Guider* magazine.

Why do you participate in Trefoil Guild? What does Trefoil Guild mean to you? What are your most cherished memories?

Share your story by emailing funddev@girlguides.ca. Select stories will be shared in *Canadian Guider* and all stories will be shared with Trefoil Guild members. Photos welcomed too!



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Contact us at:
TG news c/o Member Relations,
Girl Guides of Canada-Guides du Canada
50 Merton Street
Toronto, ON M4S 1A3

Phone. 416-487-5281 x242
Email. jpavlis@sympatico.ca

National Trefoil Guild Liaison
Judy Pavlis

Supporting Scholarships



Each year, Girl Guides of Canada-Guides du Canada awards scholarships to outstanding members who are pursuing a post-secondary education.

The Humber Glen Trefoil Guild in Ontario has been supporting scholarships for more than 15 years. Here is what Carole and Pauline from the Humber Glen Trefoil Guild said about supporting the scholarship program:

Humber Glen Trefoil Guild members and a handful of our regular supporters have enjoyed providing a GGC National Scholarship for 15 years. Each year, our Guild hosts a bridge luncheon with silent auction, bake table and book sale as our scholarship fundraiser. This has been a wonderful experience for our ladies. It brings us together to work, to have fun and to connect with our community of supporters for a worthwhile cause.

If you or your Trefoil Guild would like to make a donation to the GGC National Scholarship Fund, we would be grateful to accept contributions. For more information, please email us at: scholarship@GirlGuides.ca.